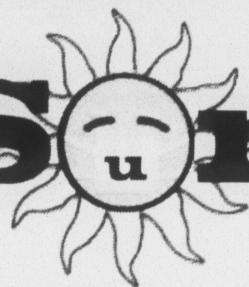


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The Quincy Sun



Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 53 No. 28

Thursday, March 25, 2021

\$1.50

QHS Senior Supriti Karki Technical Student Of The Year

By SCOTT JACKSON

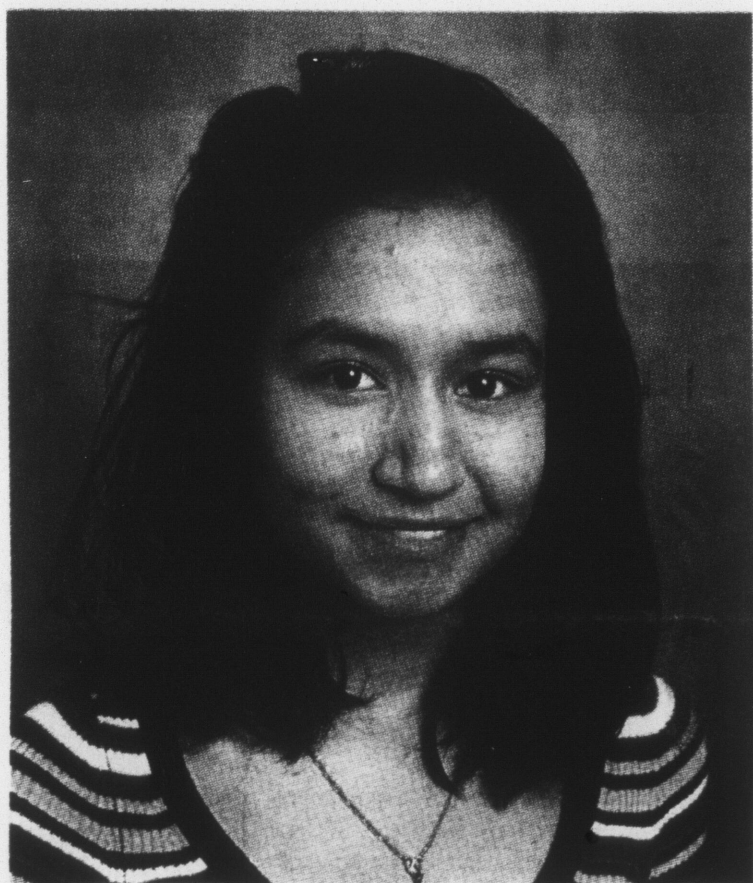
Growing up in her native Nepal, Supriti Karki said she would often play with wires in her room after the power went out.

That experience sparked a fascination with engineering for Karki, a senior at Quincy High School who was recently named the district's Career Vocational and Technical Education Student of the Year.

"I would consider Nepal to be a very poverty-stricken country where the electricity and the water would cut out like every other day so basically I was left alone in my room to sort of play with wires and try to fix things until they did work, which didn't real end up the way I planned, but it was still a really fun experience," Karki said at the March 10 School Committee meeting.

"I would say that that is the moment where I considered engineering to be a future and an aspiration for me. The engineering program at Quincy High School and teachers like Mr. Tully and Mr. Long helped me follow through with that enthusiasm and explore all that engineering can truly offer."

Karki, who will study engineering at Tufts University after high school, said her family immigrated to the United States when she was 8 under the diversity visa lottery program. She said her family moved around New England before they set-



SUPRITI KARKI, a native of Nepal and senior at Quincy High School, was recently named the district's Career Vocational and Technical Education Student of the Year.

Photo Courtesy Quincy High School

tled in Quincy. Once they arrived in Quincy, she attended the Lincoln-Hancock Elementary School and Sterling Middle School before going to Quincy High.

As a sophomore at Quincy High, Karki began working in an entry level position as a computer-automated design drafter at MacRitchie Engineering, a position she held until last spring. While there, she worked on HVAC projects

at Boston City Hall and Boston Medical Center, among others.

Over the summer, Karki tutored students at the Booker T. Washington Middle School in New York City virtually in math and English. She was also involved in a student-run organization that provides resources to younger students interested in the STEM fields.

Cont'd On Page 14

Mayor Forms Commission On Diversity, Equity And Inclusion

Mayor Thomas Koch announces he is establishing a Mayoral Commission to study the city's performance on diversity, equity, and inclusion.

The committee will be tasked with investigating the city's recruitment and hiring practices, public outreach efforts to all popu-

lations, access to public facilities, enhancing relationship and communication between city government/departments and the public, the need for a full-time Diversity/Equity/Inclusion Officer, and maintaining/creating a welcoming environment for all people.

Cont'd On Page 19

Short-Term Rental Rules OK'd; 8-1 Vote

By SCOTT JACKSON

City councillors recently approved an ordinance regulating short-term rentals, which bans them in single-family neighborhoods and allows them to be offered only in owner-occupied units.

Councillors approved the ordinance in an 8-1 vote on March 15, with Ward 4 Councillor Brian Palmucci, opposed. Councillors also unanimously approved adopt-

ing portions of state law authorizing a local 6 percent excise tax on short-term rentals plus a 3 percent community-impact fee.

Mayor Thomas Koch planned to signed the measures into law, according to his chief of staff, Chris Walker.

The ordinance applies to all short-term rentals, defined as a rental of up to 31 days. It covers short-term rentals offered through

Cont'd On Page 13

All Residents Eligible For COVID Vaccine April 19

By SCOTT JACKSON

All adults in Massachusetts will be eligible to get vaccinated for COVID-19 starting on April 19.

Gov. Charlie Baker on March 17 announced a new timeline for distributing the vaccine, based in part on assurances from the federal government that the number of doses the state receives is set to

increase.

All individuals over the age of 60 and workers in certain sectors – including transit, grocery, utility, food and agriculture, sanitation, public works and public health – became eligible to get their vaccine on Monday.

All individuals ages 55 and up, as well as those with a certain

qualifying medical condition, will become eligible to get vaccinated starting on April 5.

The final phase in the state's plan – in which all residents over the age of 16 are eligible – will commence April 19.

Speaking at a press conference in Brockton, Baker said he

Cont'd On Page 13

Faxon Park Cleanup
Saturday March 27th*

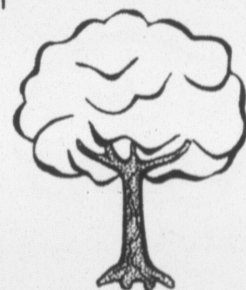
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friendsoffaxonpark@gmail.com

*Rain Date – April 10th



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 State In Phase Four Of Reopening Plan - Page 10
 Cynthia Lewis Recognized As County Hero - Page 15

More Quincy news:
The Quincy Sun.com

Getting In Shape For Golf Season

Practical Fitness With Wayne L. Westcott

By WAYNE WESTCOTT

While golf is not generally considered to be a vigorous or strenuous physical activity, golf drives actually require powerful muscular actions and are associated with specific musculoskeletal injuries. These include injuries to the shoulders, elbows, back, neck, and hips. Several years ago, we conducted a number of research studies with middle-aged and senior golfers to see if we could reduce their injury risk and increase their driving distance.

I am pleased to report that we were successful in both areas. With respect to injuries, our study participants (golfers who had experienced previous golf-associated medical problems) played an entire season without any musculoskeletal issues. With respect to driving distance, the combination of strength training and stretching exercises was very effective for increasing the golfers' club head speed and driving distance. Additionally, the golfers experienced significant improvements in their body composition and resting blood pressure. After just 8 weeks of training, these program participants added 4 pounds of muscle, lost 3 pounds of fat, reduced their systolic blood pressure by

7 mmHg, and reduced their diastolic blood pressure by 3 mmHg.

Physical Conditioning Program

Our recommended golf conditioning program consists of 12 resistance machine exercises and 6 stretches on a StretchMate apparatus. The resistance exercises include leg extensions, leg curls, and leg presses for the power-producing muscles of the lower body (quadriceps, hamstrings, and gluteals). These relatively large muscles initiate the driving action and hip-shift that is essential for fast and forceful golf swings. These exercises are followed by trunk extensions, trunk flexions, and trunk rotations, using proper technique and appropriate resistance for these critical spinal column muscles. These muscles (erector spinae, abdominals, internal and external obliques) comprise the core musculature and are responsible for efficiently transferring the powerful forces produced by the larger lower body muscles to the smaller upper body muscles. Strong core muscles are essential for enabling effective force transfer and for reducing the risk of lower back injury.

The rapid turning action produced by the core

muscles prestretches the upper body muscles (pectoralis major, latissimus dorsi, and deltoids) that are specifically responsible for the club swinging action. These muscles are addressed with chest presses, seated back rows, and shoulder presses, with attention to full-range exercise movements. The upper arm muscles are also involved in the club swinging action, especially the triceps muscles of the leading arm. To develop muscle balance, golfers should perform both triceps extensions and biceps curls, as well as (hand-held) forearm exercise to increase their grip strength.

The final exercise is for the neck extensor muscles that hold the head erect and stable. These muscles (primarily the upper trapezius) are particularly important during an explosive golf swing, as any movement of the head may interfere

with eye focus on the golf ball. You may perform neck strengthening exercises on a Nautilus neck machine, or with free-weight shoulder shrugs (using either dumbbells or a barbell).

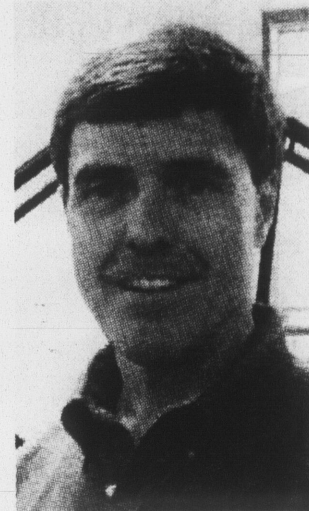
All of the resistance exercises should be performed with a weight load that can be lifted between 8 and 12 repetitions. Whenever 12 repetitions are completed with correct technique (moderate speed and full range), the resistance should be increased by approximately 5 percent. This workout should be performed 2 or 3 non-consecutive days a week, and should take approximately 40 minutes for each exercise session.

Our golfers also performed 6 stretching exercises using an apparatus that resembles a large spider web. Each stretch was held for about 30 to 60 seconds, so the flexibility exercise session required about 5

minutes for completion.

We researched the effectiveness of the resistance exercises and stretches on overall muscle strength, joint flexibility, and club head speed. The resistance exercises and the stretches and were independently effective for improving musculoskeletal fitness and for increasing club head speed to enable longer drives. However, the combination of muscle strengthening and muscle stretching exercise was even more productive, so I recommend performing both of these activities for enhanced golf performance.

As it takes about 6 to 8 weeks of physical conditioning to attain a strong and flexible musculoskeletal system, now would be an appropriate time to begin a basic program of strengthening and stretching exercises in preparation for the upcoming golf season. This reasonable investment in golf-related fitness should increase your driving dis-



WAYNE WESTCOTT

tance and decrease your injury risk for more reinforcing experiences during (and after) your games.

Wayne L. Westcott, Ph.D., is chairperson of the Quincy College Exercise Science Department and Director of the College/Community Fitness Center. He has written 30 books on physical fitness and strength training, as well as strength training chapters for 9 National Personal Trainer Textbooks. Wayne can be reached at 617-405-5978 or at wwestcott@quincycollege.edu

RMV Expanding Senior Wednesday Appointment Hours To Customers 65 Or Older In April

Services Include Driver's License And ID Renewals, Registrations

The Massachusetts Registry of Motor Vehicles (RMV) announces it is expanding designated Wednesday in-person appointment hours for seniors from those 75 years of age or older to those 65 years of age or older.

As of March 24, customers who are 65 years of age or older can book in-person transaction appointments in April during designated Wednesday senior hours online at Mass.Gov/RMV. Services that are available for customers during designated senior hours include driver's license and ID renewals and registration and title transactions.

Designated senior service hours began on Sept. 2, 2020, to offer customers 75 and older dedicated times

and flexibility to conduct their required in-person license or ID renewals while facilitating "social-distancing" protocols to keep customers and staff safe and healthy.

Senior appointment hours for license or ID renewals, and registration and title services appointments are offered on Wednesdays at the following 17 RMV Service Center locations (hours vary by location): Brockton, Danvers, Fall River, Greenfield, Lawrence, Leominster, Martha's Vineyard, Nantucket, New Bedford, North Adams, Pittsfield, Plymouth, Revere, South Yarmouth, Springfield, Watertown, and Worcester.

Below are the options for anyone 65 years of age or

older to schedule in-person appointments during designated service hours:

- If you are a AAA member, you may make a reservation now to renew your driver's license/ID or conduct certain other transactions at a AAA location. Visit aaa.com/appointments to schedule your visit.

- If you are not a AAA member, visit Mass.Gov/RMV to make a reservation to renew or conduct most other transactions at an RMV Service Center. Visit the Make/Cancel a Reservation transaction tab in the myRMV Service Center and select "Senior Transaction" for all available RMV transactions. Reservations can be booked two weeks in advance.

Email the RMV for assistance: MassDOTRMVSeniors@dot.state.ma.us.

Call the RMV at 857-368-8005.

General appointments for license and ID renewals or registration and title transactions, as well as other essential in-person needs including drop-off registration and title services, are available to all customers at select locations throughout the business week.

Additional information on RMV service offerings and appointments can be found at www.Mass.Gov/RMV, including more than 40 transactions that can be conducted online, by mail, or by phone. The RMV recommends that all customers get ready online before their appointment.

Anyone conducting in-person business at an RMV customer service location must wear a face-covering and will continue to be served by appointment only. Appointments for many RMV transactions can also be made at AAA customer locations if the customer is a member of AAA.

Bank Of Canton

Estate Planning Basics April 13

Learn how to preserve your independence and protect your assets from risk and uncertainty, with an estate plan.

Join Peter J. Frederickson of B.O.C. Life Solutions (a licensed subsidiary of Bank of Canton) for an on-

line, interactive Zoom session Tuesday, April 13, from 6:30 to 7:30 p.m.

This online event is free and open to the public. Login information will be shared with those who RSVP. Call 781-830-6152.



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Fire Dept. Receives City's First Electric Vehicle

The Quincy Fire Department is the first city agency to begin transforming its vehicle fleet to environmentally friendly electric vehicles with a new Chevrolet Bolt used by department personnel who perform safety inspections at properties across the city.

"Moving our vehicle fleet from gas or diesel to electric where possible is a critical element of our sustainability goals. Electric vehicles not only make sense environmentally, they are less

expensive to maintain and operate," said Mayor Thomas Koch. "I'm proud that the Quincy Fire Department is taking the lead, and very much look forward to adding to our electric vehicle fleet in the coming months and years."

Fire Chief Joseph Jackson said he was so impressed with the performance, safety, and efficiency of the department's new vehicle that he is considering purchasing one as his family's personal vehicle.

"Advancements in battery technology have grown exponentially over the years which really made the decision to move in this direction easy. This car is a perfect fit for us, super maneuverable with plenty of power and a surprising amount of room given its size," Jackson said.

The Fire Department purchase, about \$25,000 from existing capital budget lines, is part of a broader program to transition the city's vehicle fleet and provide more access for electric

vehicles citywide. The city is currently undertaking a wholesale inventory of its vehicle fleet with the target of deploying more electric vehicles in the near future.

Recent new construction, such as the parking garage at the former Hancock Parking Lot and the South-West Middle School, are equipped with charging

stations. The mayor's plan for a new Public Safety Headquarters will have EV charging stations for 30 municipal electric vehicles initially with the capacity to expand as needs grow.

Today, the city's vehicle fleet accounts for almost a full quarter of the municipal greenhouse gas emissions.

To achieve long-term

emission reduction goals within the Commonwealth, the MA Executive Office of Energy and Environmental Affairs recently developed a roadmap of a range of cost-effective and equitable strategies to ensure Massachusetts reduces greenhouse gas emissions by at least 85% by 2050 and achieves net-zero emissions.

Quincy Develops Online Trail Hub To Encourage Health And Wellness

The City of Quincy's Department of Natural Resources has developed a GIS-based trail map and website to encourage residents to enjoy their local natural resources and get some much needed fresh air and exercise this spring.

The map highlights trails through parks and open spaces in Quincy neighborhoods including Squaw Rock Park, Merrymount Park, Faxon Park, Nut Island Park, Wollaston Shore Reservation, Blue Hills Reservation, Squantum Point Park, The Crusher, and many more. There are currently 18 different trails in total included on the site.

The online maps can be found on the Natural Resources section of the City website at <https://city-of-quincy-trails-quincy.hub.arcgis.com/>. The project was led by Environmental Scientist Julie Sullivan with assistance from Department of Natural Resources Intern Jacqueline Devin and GIS Coordinator Stephen Washburn.

"Most Quincy residents don't realize the incredible opportunities that exist right here in Quincy to enjoy nature and exercise at the same time," said Commissioner of Natural Resources

Dave Murphy. "This past year has only reinforced the importance of maintaining a healthy lifestyle and what better way to get and stay healthy than taking a walk through a beautiful local park or open space."

In addition to location and trail information, the program shares interesting facts about the history and natural landscape of each location. The project was inspired by the idea that inventorying Quincy's vast trail network would help residents locate and explore the picturesque coastal, salt marsh, and inland areas where the trails are located.

Hiking is a powerful cardio workout that can lower the risk of heart disease; improve your blood pressure, and blood sugar levels, and boost bone density, since walking is a weight-bearing exercise. The pandemic has heightened awareness of maintaining a healthy lifestyle, and access to outdoor areas has played an essential part in supporting physical and mental wellbeing throughout the course of this challenging year.

Added Murphy: "This past year was one of the most active seasons in Quincy's parks and trail networks as many gyms were

closed due to COVID-19 restrictions. We had countless people connecting and reconnecting with our park system for exercise and fresh air. Our park system played an important role in getting through the pandemic and we think our parks can play an equally important role in helping enhance health and wellness for our residents going forward."



CHIEF JOSEPH JACKSON (left) and Mayor Thomas Koch stand beside the City of Quincy's first electric vehicle outside Quincy City Hall. Photo Courtesy Lisa Aimola, City of Quincy

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Published Weekly on Thursday by
The Quincy Sun Publishing Co., Inc.
1372 Hancock St., Quincy, MA 02169

Robert H. Bosworth
Editor and Publisher

Henry W. Bosworth, Jr.
Founder - 1968
Editor and Publisher
Sept. 26, 1968 - Feb. 7, 2009

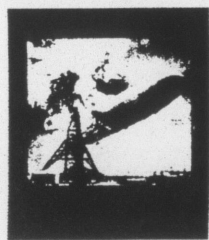
\$1.50 per copy newsstand • \$40 per year in Quincy
\$42 per year by mail outside Quincy • \$50 out-of-state

Telephone: 617-471-3100 Fax: 617-472-3963

online at: www.TheQuincySun.com
email address: thequincysun@verizon.net
Circulation Dept. email address:
quincysunsubs@gmail.com

Periodicals postage paid at Boston, MA
Postmaster Send address change to:
The Quincy Sun, 1372 Hancock St., Quincy, MA 02169

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Moments in time

THE HISTORY CHANNEL

- On April 5, 1614, Pocahontas, daughter of the chief of the Powhatan Indian confederacy, marries English tobacco planter John Rolfe in Jamestown, Virginia. The marriage ensured peace between the settlers and the Powhatan Indians for several years.

- On April 9, 1865, Confederate Gen. Robert E. Lee surrenders his 28,000 troops to Union Gen. Ulysses S. Grant, effectively ending the American Civil War. The two generals met in the parlor of the Wilmer McLean home at 1 p.m. Grant arrived in his muddy field uniform, while Lee turned out in full dress attire, complete with shawl and sword.

- On April 10, 1906, O. Henry's second short story collection, "The Four Million," is published. It includes one of his most beloved stories, "The Gift of the Magi," about a poor but devoted couple who each sacrifice their most valuable possession to buy a gift for the other.

- On April 6, 1968, Stanley Kubrick's "2001: A Space Odyssey" debuts in theaters. The film went on to win an Oscar for Best Visual Effects. Today it is regarded as one of the defining films of the 20th century.

- On April 7, 1970, legendary actor John Wayne wins his first -- and only -- acting Academy Award, for "True Grit." Wayne played a drunken, foul-tempered but endearing U.S. marshal named Rooster Cogburn.

- On April 11, 1988, actress and singer Cher collects the Academy Award for Best Actress for her performance in "Moonstruck" (1988). Cherilyn Sarkasian first became famous as the taller, female half of the 1960s singing duo Sonny and Cher.

- On April 8, 1990, "Who killed Laura Palmer?" was the question on everyone's mind when David Lynch's surreal TV drama "Twin Peaks" premiered on ABC. The body of the blonde homecoming queen was found washed up on shore wrapped in plastic in the show's opening episode.

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Spring-blooming perennials

- Bearded irises
- Basket-of-gold
- Astilbe
- Coral bells
- Pincushion flower
- Geraniums
- Baptisias
- Bleeding heart
- Goatsbeard
- Peonies

Source: www.hgtv.com

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'We Can Always Strive To Be Better Tomorrow Than We Are Today'

A Message From Mayor Thomas Koch

By THOMAS KOCH
Mayor
City Of Quincy

For the past 150 years, Quincy has been a welcoming city for immigrants from throughout the world. Our neighborhoods were built by immigrants seeking a better life for their families and decided to chase the American Dream right here in Quincy.

That rings true as much today as it ever has with Quincy being a genuine melting pot. Almost one-third of our residents were born in a country other than the United States. Our public school system is enriched by having children and families from more than 72 different countries. Close to 60 percent of our students self-identify as a category other than "white".

Quincy's small business districts were dying in the early-1990s. Empty storefronts littered Norfolk Downs and Wollaston Center. In large part due to the entrepreneurial spirit of our Asian community, our local business districts are now bustling.

Quincy is a model for what a successful diverse community can be both in our schools and in our greater community.

But we can always strive to be better tomorrow than we are today. Being a diverse community doesn't automatically translate into being an inclusive community. It takes concerted, deliberate efforts; it takes honest conversations; and should avoid symbolic efforts that don't result in meaningful changes.

I want to thank the city councillors and members of our community who advocated for this cause, even if they occasionally misinterpret where I stand. Some of my critics will point at my attendance at a "Back the Blue" rally and fail to mention I also attended our Black Lives Matter protest on the Hancock-Adams Common. One can support law enforcement without being categorized as ambivalent about police misconduct or civil rights. Those are not mutually-exclusive issues.

But actions are always more important than words and my administration has repeatedly endeavored to support opportunities for all people. Investments at Southwest Middle School and Kincaide Park have energized one of Quincy's most ethnic and economically diverse neighborhoods. Supporting the rejuvenation of Quincy College creates a path

QPS Nutrition Dept. Honored As COVID Heroes

By SCOTT JACKSON

City councillors applauded the Quincy Public Schools nutrition department for providing more than 700,000 free meals to students -- including remote learners and in-person students -- amid the pandemic over the past year.

City councillors recognized the nutrition department -- including director Sara Dufour and assistant director Jane Minton -- as "COVID-19 Heroes" during their meeting on March 15.

Ward 2 Councillor Anthony Andronico said food insecurity is one of the most widespread effects of the pandemic. No state has seen a greater increase in food insecurity than Massachusetts, he said; the number of residents in the state who are food insecure has grown by 59 percent over the past year. Among children in eastern Massachusetts, food insecurity has risen by 117 percent.

Thanks to the work of the Quincy Public Schools, Andronico said Quincy families have fared better than their counterparts in other nearby communities.

"I strongly believe that it is because of the QPS nutrition department's swift action and outside-the-box thinking to setup a free-of-charge grab-and-go meal site, Quincy families and children were in a better position to be food secure than those in surrounding communities," he said.

"The work they put in is simply staggering."

The school department established five grab-and-go sites within the first two weeks of schools closing on March 16, 2020, Andronico said, and passed out 1,700 meals that month. Between April and June of last year, the department handed out 94,000 meals at eight locations. An additional 61,000 meals were handed out during the summer of 2020.

Since the start of the new academic year in September, the schools have handed out more than 555,000 meals, he said, as well as meal kits that went out to families for Thanksgiving and the winter and February vacations.

"Simply put, the QPS nutrition department is the number one tool this city has to help families put food

on the table," Andronico said. "I am incredibly proud of their work and grateful for the opportunity to thank them here tonight for all they have done over the past year."

Councillor Noel DiBona, who has children in the school system, said the meal program has allowed him to stay in touch with other parents.

"Through the COVID, the only time we are able to talk to anyone is getting in line to get some of the food service for the kids. We took advantage of it for the three of our kids and just talking to the parents and seeing how things were going over this past year," DiBona said. "I just want to thank the crew here."

Councillor Anne Ma-

honey said Dufour and Minton were quick to act last March.

"The way that the Quincy Public Schools stepped up and how both Sara and Jane stepped up to take care of our families most in need -- it's unbelievable what we were able to do, and you did it very quickly," Mahoney said.

"You really organized yourselves in a way that you were able to take care of our families and that to me is the most important thing, because there is no worse feeling for a family when they don't know how they are going to feed their kids or they don't know how they are going to get through the next day."

Council President Nina
Cont'd On Page 20

Op Ed

toward success for thousands of young people, nearly 50 percent of which identify as "non-white." Our Planning Department is reviewing our language capabilities across our local government to knock down any service barriers our residents might encounter. We have made intentional and concerted efforts to create the most diverse workforce in our city's history. But we have more work to do.

I have decided to appoint a special Mayoral Commission on Diversity, Equity, and Inclusion to review our current practices and make recommendations on how we can be better. This Mayoral Commission will look at issues such as our hiring and recruitment practices, public outreach efforts to all populations, access to public facilities, enhancing relationships and communication between City government/departments and the public, the need for a full-time Diversity/Equity/Inclusion Officer, and maintaining/creating a welcoming environment for all people.

I will charge them with submitting their recommendations this Fall. I expect they will solicit public feedback and make recommendations that help create sustainable improvements in how we serve the diverse public in Quincy. Actions are important and our residents should know this is an important issue to me and my administration. Though Quincy is a welcoming place, it doesn't mean we are without fault or devoid of people that don't share our welcoming attitude. We also must realize that our experiences are all different, and that minority populations have endured treatment throughout our country's history that must be acknowledged. We may not be responsible for that mistreatment, but we can be responsible for righting those wrongs.

I do believe there is room for improvement in our community as well as with each and every person in this city. No matter race, ethnicity, culture, religion, each of us can look in the mirror and ask "how can I do better?"

On many occasions I have publicly stated that we are all part of the same human family. And we all have far more in common than we have differences. Some of you may know I find my values rooted in my faith and my upbringing. A foundational principle of my faith is to "Love your God with all your heart, mind, and strength and love your neighbor as yourself." That message has guided me throughout my life and will continue to be the inspiration for all my efforts. Peace.

READERS FORUM

Proud Of Mayor Koch

Quincy is so blessed to have a mayor of character and courage who will not be intimidated by the mob.

Tom Koch has courageously stood for the police,

all of the people of Quincy and the sanctity of life. I am proud to call him my mayor.

John Swanson
Wollaston

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Scenes From Yesterday



THIS IS A 1920 postcard view of St. Mary's Catholic Church on Crescent Street in West Quincy published by Drohan News. Some of Boston's most prominent Catholic prelates are woven into the history of this church's buildings. In 1841 Bishop Fenwick dedicated the wooden church on the right as the first Catholic Church south of Boston. It served parishioners all the way down to Plymouth. In 1901, Archbishop Williams laid the corner-

stone for what is the basement of the present seam-face granite church in the center. And then in 1917, when the upstairs was built, Cardinal O'Connell dedicated that portion of the church. After serving the parish for 60 years, the original church on the right was named St. Joseph's Hall to honor Mary's husband.

From the Tom Galvin Postcard Collection

How Domestic Violence, Gun Violence Are Horrifically Linked To Each Other

By STEPHANIE DUNNE

A recent murder suicide in Charlton just four days after the new year, has the ring of an all too familiar story: a suspicious fight, someone overhearing and calling the authorities and finding one or both parties dead.

One in four women and one in nine men will experience violence from an intimate partner at some point in their lives. Seventy two percent of murder suicides involve an intimate partner. These stories are all too familiar, even in Massachusetts, a state known for its gun control laws.

The presence of a gun in a domestic violence situation increases the risk of homicide by five hundred percent. Most female murder victims are killed by an intimate partner, and even if they don't lose their lives, women who have been stalked report it was by a previous or current intimate partner.

Guns and domestic violence are a symbiotic relationship. Nineteen percent of domestic violence involves a weapon. This can be traumatizing for not only the victim but any children who witness the assaults; at least 3 million children will witness domestic abuse, and 1 and 10 children will have seen a shooting before they turn 6.

Massachusetts still hasn't fully taken steps to protect victims of domestic abuse. Dating abusers are not prohibited from possessing firearms and neither are respondents to ex parte protective orders. While those under ex parte orders are only required to give up possessions that would give them reason to contact the victim, firearms are not included

in this order. While this gives the victim the ability to call the police if they are contacted by the respondent, it does nothing to prevent gun violence.

We also need to have a closer look at firearms entering Massachusetts from other states. Buying a firearm from a private retailer in New Hampshire does not require a background check. No licensing, registration or permit is needed to purchase a firearm, and it is an open carry state. You can not only move these guns across state borders but also resell them for almost double the price, creating a "black gun market." The COVID-19 pandemic has complicated efforts to tackle this issue. Many people are stuck in the same residence as violent partners, and fears of contracting the virus can prevent victims from reaching out to friends, family, and the authorities.

Intimate partner violence accounts for fifteen percent of all violent crime. Tackling the overall problem of gun violence includes looking at and examining domestic assault, listening to victims, and pursuing active change. While we can always look back at what could have been done in these situations, protecting others in our communities living in these violent conditions will save countless lives.

Stephanie Dunne is a freshman at The Woodward School for Girls in Quincy.

One Letter Writer Responds To Another

To Susan Bill, who stated that I "as a long time resident must be aware that the bustling downtown Quincy which was so vibrant a retail area that it earned the nickname 'Shopperstown' is gone forever and is never coming back."

Yes you may be correct, but downtown Quincy was dying a long time before Mayor Koch ever thought about running for Mayor of Quincy. How do I know this you may wonder? I know because I witnessed it first hand. I was involved in a business in downtown Quincy for eight years with a partner and we both saw

the handwriting on the wall. We watched as the downtown died a slow death.

It started with the opening of the South Shore Plaza, an enclosed mall, in 1976. Stores in the downtown could no longer compete and the final blow was when Sears and Roebuck moved to the Plaza. By the mid 1980s, Downtown was a "Ghost Town." Mayoral candidates, one after the other, promised to revitalize the area but it never happened. Mayor Koch, (by the way, I also have issues with the condo-ization as you refer to it), was the first mayor to address the problem.

Whether you agree with the results or not is another issue, but he saved it from becoming a blighted area.

In your article, you attack him for attending a "Back the Blue" rally sponsored by a pro Trump group, on his own time by the way, showing his support for his police department. The nerve! I will take a wild guess that it would have been OK with you if he attended a pro BLM rally or maybe an ANTIFA weekend barbecue. Actually both of those groups did have repre-

sentation there.

From your article, I can't tell if your anger is more condo related with a smooth segue into a social justice issue. I'm sure they are both equally as important. Finally you cannot legislate "love and or understanding." It's unfortunate, but it is a fact. Life is an ongoing test of how humanity interacts with each other. The test results will be known individually after we are gone.

Edward Spring
Quincy

Quincy's Yesterdays

This Week
1973
48 Years Ago

25, 10-Cent MBTA Fares On Off-Hours

Fares on the MBTA South Shore Red Line are going down (April 2), but only at off-peak hours and only for 90 days, and in one direction, the reduction is less than in the other.

If that sounds complicated, listen a moment while MBTA General Manager Joseph C. Kelly explains:

"The plan is simplicity in itself," he said. "Monday through Friday, between 10 a.m. and 1 p.m., the fare will be 10 cents, instead of the usual 25 cents. The reduced fares must be paid at the collector's booth. The only exception to the 10-cent fare will be for people boarding at the three Quincy stations and riding into town. Here the basic fare of 50 cents will be reduced to 25 cents."

NIXON NAMES STEPHEN T. KEEFE FOR AIR FORCE BRIGADIER GENERAL

Col. Stephen T. Keefe, Jr., of 175 Rock Island Rd., Houghs Neck, a Quincy attorney who is currently assigned to the Pentagon as assistant deputy chief of the Air Force Reserve, has been nominated by President Richard Nixon to the rank of Brigadier General.

Col. Keefe, whose military service began as a private with the U.S. Army Air Corps in March 1942, is a former assistant city solicitor of Quincy, past president of the Quincy Bar Association and a director of the Shipbuilders Co-Operative Bank.

He saw active duty in North Africa in World War II, in Korea during the Korean War and was recalled to active duty during the Cuban Missile Crisis in 1962.

Col. Keefe is the father of three sons, David and twins, Michael and Stephen, who attend Boston College.

COUNCIL BEGINS PROBE OF 6% HOSPITAL RATE INCREASE

A special subcommittee of the Quincy City Council met to begin an investigation into a proposed six percent increase in rates at the Quincy City Hospital.

The rate increase was voted by the Hospital Board of Managers and would go into effect on April 1, 1973.

The committee chairman, Councillor Joseph J. LaRaia, described the meeting as informational. Other committee members included Councillors John J. Quinn, Theophilus McClelland and Albert Barilaro. The increase would bring the top room rate to \$92 a day.

QUINCYISMS

The Quincy Veterans Council's Past Commanders Club was making plans for its annual installation of officers to be held April 7 at the South Weymouth Naval Air Station. Incoming officers included **Chairman Louis S. Cassani**, **Vice-Chairman Charles N. Ross**, **Adjutant Allen A. Kofman** and **Assistant Adjutant Thomas M. McDonald**. The Quincy Sun Sunbeams Column noted that John J. Lydon of Wollaston began his campaign for Ward 5 Councillor with a kickoff meeting at the Hollow Restaurant. (Editor's note: John "Jack" Lydon won election to the city council that fall, not as the Ward 5 Councillor but as the Ward 3 Councillor due to a realignment of the city's wards to comply with the "one man, one vote" decision in the courts.)... **Michael Vitagliano** was on the honor roll for the fall semester at the University of New Mexico. He was the son of Michael J. Vitagliano of 755 Southern Artery, Quincy... St. Ann's Marianns of Wollaston were planning "A Night in Hawaii" theme in conjunction with their regular monthly meeting on April 4. **Mrs. Norman Mahoney** was chairman of the event... **Gus Verra** and **John Calarase** of Quincy were members of a committee planning for the 35th reunion of the Boston English High School Class of 1938. The event was scheduled at the Sidney Hill Country Club in Newton on April 27... Colpitts Travel Center, 1550 Hancock St., Quincy Center, was urging future travelers to "Take A Break To The Bahamas, The Caribbean Or Mexico. Low Season Rates In Effect After April 15"... The Quincy Emblem Club installed **Mary Spalding** as club president at the Elks Home. Other officers included: **Mary Sances**, vice-president; **Marie Grabowski**, junior past president; **Geraldine Shepherd**, treasurer; **Marilyn Alcott**, financial secretary; **Susan McInnis**, recording secretary and **Dorothy DiBona**, corresponding secretary... **Joseph R. Harold** of Quincy, Department Adjutant, Disabled American Veterans, was the principal speaker at a testimonial dinner honoring Florence E. Daley, State Commander of the Disabled American Veterans Auxiliary.

READERS FORUM

994 Students On North Quincy High School Honor Roll

Nine hundred ninety-four students are listed on the second quarter honor roll at North Quincy High School.

DISTINCTION

Grade 12: Charlotte E. Airosus, Ali M. Al-Ziyadi, Michael P. Allen, Floria Amalan, Eleanor J. Anderson, Michael N. Bassett, Reina A. Bouma, Robert J. Broderick, Nicole D. Buckley, Brian B. Buit-Tran, Lillian M. Burke, Maria Del Rosario Cardona Sanchez, Kelly Chan, Duksing Chau, Ryan K. Chau.

Benson Chen, Brandon Chen, Dennis Chen, Huan Chen, Janet Chen, Kunhong Chen, Ruihua Chen, Shino Chen, Xiao Lei Chen, Yan Ling Chen, Shao Wen Chen, Chloe B. Chin, Charles T. Clifford, Michael J. Collins, Maggie R. Cristiani, Brayan J. Cruz Rafael, Steve Dalla, Peter Do, Cindy Duong, Victoria Duong.

Jaelyn C. Egan, Ashlynn N. Eisner, Caitlyn E. Enos, Ava E. Fin, Liana Gao, Declan P. Geary, Klejt Gega, Milo M. Georgiev Jr., Christopher A. Gomes-Cardoso, Miguel E. Gonzales, Nicholas M. Govostes, Caleb J. Gray, Emmy J. Guan, Jaden B. Hallisey, Anthony J. Haviland, Alexis D. Healey, Brendan D. Hines, Liam J. Hines.

Qilin Huang, Tiffany Huang, Subear J. Hussein, Annie Huynh, Kevin Huynh, Michelle Huynh, Samaya M. Jabbar, Angela K. Jee, Princess T. Johnson, Megan A. Jonah, Olivia J. Keaney, Lindsey B. Keenan, Mikayla G. Kennedy, Diego A. Lechuga, Eric S. Lee, Christy W. Li, Jason Y. Li, Jie Hong Li, Kenny Li, Liqing Li, Michelle Li, Ruina Li, Thomas P. Li, Vicky Li.

Sara Liang, Wei Cheng Liang, Kevin Lin, Selina Lin, Vicky J. Lin, Xing Yu Lin, Yuting Lin, Yutong Lin, Andy Y. Liu, Stanley Liu, Youliang Liu, Mary C. Loney, Ying L. Loo, Tengda Louie, Andrew H. Luo, Ziqian Luo, Kelly D. Ma, Abdelrahman G. Mahmoud, Horace H. Mai, Charles B. Marcheski, James R. McGillicuddy, Nancy C. McMahon.

Cindy Y. Mei, Jiaqi Mei, Jinyu Mei, Nicole Y. Mei, Viktoria P. Miller, Joyce Q. Mo, Mikala Moy, Connor X. Mui, Isabell Ng, Amy H. Nguyen, Nicholas T. Nguyen, Steven H. Nguyen, Andrew F. Nickerson, Brigid R. Norris, Ciara R. O'Connor, Adam P. O'Neill, Tai A. Ong, Mengxin Pan, Ariana A. Pearce, Christian J. Perez, Chloe A. Pierre-Paul.

Sierra A. Rodrigues, Cepherino T. Rodriguez, Sean P. Ryan, Kevin Shi, Rebekah J. Shields, Blake A. Smith, Fiona G. Smith, Samantha

E. Smith, Kelsey B. Starkard, Victoria M. Talarico, Linda B. Tan, Steven Tan, Seamus S. Trainor, Danny Tran, Danny T. Tran, Melanie N. Tran, Quangvinh N. Tran, Tracey L. Tran, Vivian Truong, Vanessa T. Tsang, Casimir Valencius, Ezekiel II D. Vergara, Dan D. Vu.

Tammy Wang, Yasmin M. Warsame, Bao Neng Wei, Baoying Weng, Asher D. Wines, Kiara D. Wint, Elaine M. Wong, Eric Wu, Jia J. Wu, Qi Q. Wu, Richard Wu, Congyuan Xie, Kelvin X. Xu, Li Xin Xu, Qiangai Xu, Timothy S. Xu, Zhichao Xu, Jenny J. Yang, Jinying Yang, Annie Yu, Michael A. Yu.

Gregory Zeng, Chuhua Zhang, Zeling Zhang, Le Yan Zhao, Wei Jie Zhao, Michelle Y. Zhen, Shuxian Zhen, Harry H. Zheng, Menglin Zheng, Nancy Zheng, Ryan Zheng, Vincent Z. Zheng, Xi Zheng, Marissa Zhu, Gina Zou.

Grade 11: Alexandra F. Abrahamovich, Charles K. Affleck, Gulsumuay Aihermaiti, Jessica Aliosa, Carly S. Amendolare, Deana L. Antunes, Imdelali Arceo Graniel, Rafaela Astudillo Balanzategui, Ibrahim A. Atif, Danny Au, Kaung M. Aung, Yoon M. Aung, Brandon C. Baker, Fiona Berberi, Kiyan L. Bias, Julia T. Bo, David S. Bridges, Jennie A. Burgess, Dallas M. Burnes.

Sandy M. Cai, Jieheng Cao, Caroline C. Cavicchi, Sophie G. Cerone, Adelin K. Chan, Eric Y. Chan, Katelyn K. Chan, Natalie Chan, Andrew X. Chen, Chonghao Chen, Crystal Chen, Fien Chen, Flora Chen, Jeffrey Chen, Jnrong Chen, Michelle X. Chen, Nancy X. Chen, Nicholas J. Chen, Nuo Chen, Ruo Chen, Samantha K. Chen, Serena H. Chen, Sho Chen, Song Yu Chen, Vivian Chen, Ryan Cheung, Cheuk Yin Cho, Brian M. Choi, Michael A. Colantonio, Liam B. Crampton.

Jasmine I. Duong, Kareem A. El-Dayisty, Miao Lin Fang, Taylor P. Ferolito, Pablo A. Flores-Munoz, Elle-Teresa O. Frechette, Yuxuan Gang, Michael J. Gorman, Alexander Z. Gu, Eric Y. Guan, Nathan K. Guan, Vanessa S. Guan, Lily M. Hart, Grace M. Hickey, Tina V. Hoang, Lucas S. Hooley, Adam S. Huang, Ding Jie Huang, Stephanie J. Huang, Wilson Huang, Xiaoyan Huang, Xing Hao Huang, Yu Chu Huang.

Safiye S. Iskenderoglu, Sara Jomeh Falahiyeh Zadeh, Charlotte E. Kelliher, Kobe H. Khuong, Emily Kuang, Moe Pwint P. Kyaw, Ada V. Lai, Quinn H. Lamotte, Lan Lan, Kevin V. Le, Angelina L. Lee, Frank X. Lee, Trista J. Lee, Cheuk Yin Leung, Sabrina Leung,

Baijie Li, Jaden S. Liang, Tanisha C. Liang, Cielo Grace Las Librea.

Man Hue Lien, Ada Lin, Cathy Lin, Jeffrey Lin, Jialing Lin, Kevin Lin, Selina Lin, Tammy Y. Lin, Vincent Lin, Wilson Lin, Xingyu Lin, Kyle J. Littlefield, Benson Liu, Dong Hao Liu, Ting Shing Liu, Annie Q. Lu, Rihui Lu, Lawrence M. Ly, Maggie C. Ma, Hunter A. Mac Isaac, Francesca G. Magnarelli, Owen Masur.

Jamie A. McAlevey, Baileigh D. McMahon, Benny Mei, Ashley B. Morash, Dylan H. Mui, Quinn R. Murphy, Thomas B. Murray, Kate T. Myers, Phuong V. Nghiem, Andrea N. Ngo, Jim V. Nguyen, Liem C. Nguyen, Linh An L. Nguyen, Vincent Nguyen, Vo Uyen Thy Nguyen, Anthony I. Perryman, Bryan Pham, Christy N. Pham, Olivia N. Pham, Olivia T. Pham.

Myra Qasim, Tasnim Rahman, Zoe O. Rakarich, Michael C. Reddig, Michael A. Schinazi, Isabell P. Scott, Teresa N. Sheedy, Kexin Shi, Kaylee A. Sleiman, Kiera L. Sleiman, Benjamin F. Snyder, Melody Tai, Alexandra N. Talarico, Sandra Y. Tan, Stanley Tian, Alexander D. Tran, Belle C. Tran, Brandy P. Tran, Tan Dat L. Tran, Tiffany N. Tran, Shayla N. Truong, Jada K. Tu.

Ihudiya P. Ugwu, Martin Vo, Anh P. Vu, Ming Wei Wang, Pamela R. Williams, Samuel K. Wong, Jeffrey Wu, Jiawei Wu, Justin Wu, Meiyang Wu, Grace Y. Xu, Ivan C. Yang, Ling Yang, Jeff Yu, Na Yu, Yongmei Yu, Rima S. Zahreddine, Emely K. Zeng, Sophia R. Zeng, Zhi Ming Zeng.

Qichao Zhang, Decheng Zheng, Han Zheng, Hao Zheng, Ivan Zheng, Ivan Zheng, James B. Zheng, Jilin Zheng, Li Juan Zheng, Nathan Zheng, Selina X. Zheng, Joyce Zhong, Keyin Zhong, Steven W. Zhou, Tiger Y. Zhu, Vivian Y. Zhu, Xuqiu Zhu, Jenny Zou, Sarah Zyba.

Grade 10: Chika M. Akukwe, Brianna B. Alvarado, Michelle Afifi Arceo Graniel, Joseph C. Bates, Kate E. Billard, Kevin M. Blido, Anya M. Brenner, Angel H. Bresnahan, Nathan C. Caldwell, Bridget A. Capone, Jack S. Cavicchi, Brian Chan, Candace Chan, Olivia L. Chan, Yuet Tung Chan, Yvonne N. Chan.

Arnold H. Chen, Brian Chen, Donna Chen, Helen Chen, Jennifer Chen, Jessica Chen, Jessica K. Chen, Jia Ming Chen, Jingen Chen, Justin J. Chen, Vanessa Z. Chen, Xingyu Chen, Yumi Chen, Colin Cheng, Anthony W. Cheung, Erica C. Cheung, Melanie J. Chretien, Shaelyn A. Clark, Dylan J. Clifford, Amy M. Coffey, Norah R. Cronin,

Dominique T. Dang, Benjamin T. Dawe, Julian J. De Jesus, Kyle R. Deboer, Joceylnn D. Diep, Mary M. Dineen, Kevin Duong, Kristen P. Duong, Maya E. Egan, Nicholas E. Enbar-Salo, Urangoo Enkhjargal, Anthony J. Enos, Artiom Fernandez Correa, Matthew S. Fitzgerald, Vivian W. Fu, Linda Gao, Yixiang Gao, Hui Xian Guan, Ashna Guha.

Ira Habibi, Van K. Hoang, Jiahong Huang, Ken Huang, Megan Huang, Oscar Huang, Wei Yu Huang, William Huang, Xu Huang, Elton D. Huynh, Katie J. Jiang, Graeme W. Johnston, Helen Ke, Ethan K. Kwong, Ebony A. Lake, Caleb H. Lam, Michaela Y. Lam, Vincent Lam, Beck A. Lamotte, Jennifer M. Lee, Kayla G. Lew.

Alex X. Li, Annie Li, Huoer Li, Isaac T. Li, Ivan T. Li Jr., Jason W. Li, Jianing Li, Jiawen Li, Sahara Liang, Xinyi Liang, Hao Lin, Hedy Lin, Ivan Lin, Jerry Lin, Keyi Lin, Allyson A. Lin, Eileen Liu, Amy Q. Lu, Alyssa L. Ly, Tuan V. Ly, Michelle C. Ma, Matthew C. MacWhinnie, John Thomas M. Malvesti, Klaudia Mance.

Neil B. McCole III, Thomas J. McGillicuddy, Molly A. McGovern, Dayana E. Mejia Cisneros, Jerold D. Mortel, Melanie Moy, Nicholas Y. Moy, Grant T. Murphy, Keira G. Murphy, Catherine G. Murray, Molly J. Nelson, Sophie M. Nerine, Abigail Newton, Isaac Ng, Leonardo Ng Chiu, Anh Q. Nguyen, Hoang Dinh Vy Nguyen, Huu Phuc Nguyen, Tracey Nguyen.

Mitch J. O'Brien, Elizabeth G. O'Grady, Amanda L. O'Neill, Mia C. Pecevic, Alex Pham, Khoa A. Pham, John R. Pickering, Madeline E. Power, Margaret M. Power, Xiaojun Qin, Brandon J. Riley, Peter J. Romeo, Curtis Ru, Mia L. Ryan, Keiko E. Shaften, Zixian Situ, Nathan D. Stagg, Alexander L. Stankov, Mary F. Stanton.

Jeffrey Z. Tam, Jinglin Tan, Nicolas J. Tang, Steven Tang, Sabrina Teng, Ivy Tiet, Jason Ton, Maxwell J. Toomey, Julia Tow, Kha Doan Trac, Antonie D. Tran, Jada Tran, Lily Tran, Phuong N. Tran, Aaron Tsang, Nhut Quang Verrier, Kyle E. Vo, Andy Vu, Kaitlyn T. Vu, Jada S. Wells, Jason Y. Wen, James Weng, Joseph K. Whooley, Carmen Wong, Stella J. Wong.

Emily Z. Wu, Isabelle Wu, Josie J. Wu, Zeyi Xiao, Sophia Xie, Christina Xu, Kevin X. Xu, Qitong Xu, Tammie A. Xu, Yong Wen Xu, Jocelyn A. Yee, Joey Yu, Yanfeng Yu, Alfonso K. Zeng, Emily Zeng, Jacky C. Zhang, Jacky Zhao, Jiayu Zhen, Allen Zheng, Amy

Zheng, Ray L. Zheng, Zi Xi C. Zheng, Brandon Zhou, Elaina R. Zou, Ivan Zou, Nora E. Zraizaa.

Grade 9: Avery J. Abrahamovich, Daniel I. Adams, Charles A. Ambroult Jr., Daileny A. Arrendell Pimentel, Jonathan Jasper Baldini, Niamh N. Barrios, Jessica L. Berberi, Victoria A. Berry, Leilan L. Bias, Anastasiya Bielova, Emma V. Bille, Elle M. Blahut, Emma M. Boylan, Aidan G. Bridges, Ava F. Bryan.

Elaine M. Cai, Helen N. Cao, Sofia Caraballo, Skyline E. Cardoso-Mendes, Molly A. Carroll, Carolina S. Carson, Lillian E. Champagne, Angela Chen, Brian Chen, Chloe Chen, Chris C. Chen, Franklin Chen, Jasmine Chen, Jiaming Chen, Jiaqing Chen, Julia Y. Chen, Kevin Chen, Mabel F. Chen, Meiki Chen, Nelson H. Chen, Nichole X. Chen, Si Ying Chen, Steven Chen, Thomas Chen, Vicky Chen, Vincent Y. Chen, Wen H. Chen, Xuan Chen, Yi Chen, Yong Chen.

Elizabeth C. Cheung, Natasha Chieng, Tiffany S. Chin, Maggie G. Ching, Nathan M. Choi, Arpa Chowdhury, Kyle E. Clements, Grace E. Cody, David W. Connolly, Sean P. Connolly, Aluna J. Coogan-Coyne, Emma D. Crammond, Diana Dang, Kody L. De Jesus, Arianna R. Devine, Quying Duan, Brian Duong, Ethan Duong, Huan C. Duong, Arli Dylja.

Joseph M. Enos III, Kayla Eth, Parker H. Evans, Loukas N. Fehan, Jaythan M. Figuero, Faye G. Fitzpatrick, Grace S. Flaherty, Thomas M. Ford, Brooklyn R. Geary, Joana Gjini, Paul J. Glynn, Madeline J. Gola, Orlagh M. Gormley, Paige P. Grippi, Alan J. Guan, Stephanie Guan.

Leo He, Piper E. Henderson, John D. Henson, Nora A. Hill-Hassani, Johnny Hoang, Katherine S. Huang, Oreana Y. Huang, Phillip J. Huang, William G. Huang, Xiu Ying Huang, Daniel E. Hudach, Sophie T. Huynh, Jillian C. Jaehnig, Laura Jiang, Richard Jiang, Cameron M. Johnston, Emraan K. Kafhi, Ethan Y. Kim, Hnin Nanda Kyaw, Sophia J. Kyranis.

Hong Ni A. Lau, Kimberly H. Le, Derek Lee, Kyra M. Lee, Keldon G. Lei, Patrick E. Leonard, Ethan H. Li, Jack Li, Jasmine Y. Li, Aixin Liang, Vicky Liao, Wenbin Liao, Chyrrza Jane Las Librea, Charlotte J. Lin, Christine Lin, Janice Lin, Jason C. Lin, Jiahao Lin, Meng Jie Lin, Mindy Lin, Raymond S. Lin, Ruhan Lin, Timothy Y. Lin, Yan Lin, You Lin.

Danny Liu, Eddy Liu, Justin Liu, Oscar Y. Liu, Britney X. Louie, Shi Yan

Lu, Zhizhen Luo, Alanna M. Lynch, Kate J. Lyons, Megan F. Lyons, Charlotte R. McCarthy, Grace W. McGough, Lucy K. McLaughlin, Alex Mei, Danyan Mei, Xiaobin Mei, Max J. Melchin, Joseph Ethan A. Mercado, Kathy Q. Mo, Luca A. Mochi, Emma Molina, Juan Esteban Morales Bustos.

Isabelle Ng, Sophia Ngo, Anthony P. Nguyen, Shayla M. Nguyen, Owen Ni, Casey B. O'Connell, Kevin A. O'Shea, Liam J. Olson, Angelo F. Orlando, Jessie X. Pan, Enhea Panariti, Alex S. Papa, Jason W. Perry, Briana T. Pham, Nicky M. Pham, Grace M. Pickering, Kimberly N. Pinell Espinoza, Jason T. Preziosi-Madden, Ruoxin Qiu, Emily Quach, Anushka Raj, Isabella C. Reyes, John T. Rixham, Brooklynn C. Rizzo.

Fallyn A. Scott, Anna R. Sekmokas, Ryan C. Setow, Sophie R. Shaw, Violet F. Shaw, Sofija E. Slezas, Killian T. Sloan, Madeline B. Smith, Nina E. Smith, Caroline D. Snyder, Allison B. Stankard, Renee Y. Su, Abigale N. Szeto, Denny D. Tan, Wen Chao Tan, Simone M. Trainor, Hao Trieu, Kyle J. Tsang, Zara J. Valencius, Anthony J. Vo.

Connor G. Walsh, Meera C. Watkins, Jing Qi Weng, Michael Wong, Brandon H. Wu, Chloe Wu, Irene L. Wu, Dennis F. Xia, Bingxian Xie, Fanny K. Yang, Hongcheng Yang, Yuxi Yang, Jialin Yu.

Kevin Zhang, Wilson T. Zhang, Eric Zhao, Janice Zhao, Tristan G. Zhao, Daniel Zhen, William Zhen, Andy Zheng, Francis Y. Zheng, Jamie Zheng, Leon Zheng, Owen Zheng, Laura Zhu, Roger Zhu, Jason Zou, Wendy Zou, Connor J. Zyn-da.

HIGH HONORS

Grade 12: Patrick R. Bates, Declan D. Callahan, Celeste S. Castillo Pineda, Rubing Chen, Jordan D. Della Barba, Yu Ting Gao, Emily A. Hardiman, Xinyi Jiang, Ryan E. Lee, Marco C. Ma, Calvin Mai, Dongrong Mai, Lauren E. Manning, Sarah E. McDonald, Tenzin Palkyi, Xi Pan, Khoa Ngoc Pham, Xavier A. Seguinot, Benjamin P. Wines, Michael Zhang.

Grade 11: Camden J. Becker, Kathryn E. Boylan, Christopher Chan, Liana S. Dararaksme, Andrew M. De Franca, Jayinah Delva, Maeve C. Dugan, Ethan K. Gao, Brendan M. Glynn, Dallas R. Hudgins IV, Kevin M. Jarek, Olivia Kosinski, Artur T. Kudaiarov.

Joe H. Lei, Jing Yi, Li, Kitty S. Liu, John P. Lynch III, Victoria G. Mariano, Madison S. McDonough,

Cont'd On Page 8

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870 Students On Quincy High School Honor Roll

Eight hundred seventy students are listed on the second quarter honor roll at Quincy High School.

Distinction

Grade 12: Caitlin J. Ainsley, Grace P. Akkara, Sara Amimer, Daniel M. Artinian, Dea Avdulla, Reilly M. Barrett, Veronica M. Bentley, Priscilla B. Bonica, Catherine D. Brown, Cybelle Naomi Burgara Rodriguez, Jeffrey M. Burke, Kayleigh J. Caldwell, Brendan M. Cavin, Michelle Y. Chen, Timothy S. Chen, Sabrina Cheung, Benjamin D. Chin, Kasey Chow.

Charles D. Codner, Narah C. Cohen, Christopher J. Comlin, William P. Cook, Sabrina L. Correia, Bella M. Delprete, Olivia R. Delprete, Hannah M. Demore, Grace N. Devine, Joseph L. Dinh, James M. Doan, Nora C. Donovan, Robert F. Donovan, Vetty-Sara Dort, Kaylen B. Dunlea, Kelsy K. Duong, Michael D. Duong, Natasha M. Durand Castrodad, Eileen K. Durgin.

Jacob R. Ferrullo, Rebecca L. Fitzpatrick, Kylee M. Flemming, Yaritza N. Flores, Colleen B. Flynn, Gabriella A. Franceschini, Bridget M. Gardiner, Gianna E. Gattorna, Rushaun A. Gaynor, Juliana Y. Gee, Marsha S. Germain, Ivanna Gomez Cueva, Luke C. Gratch, Ilkim Gumus, Brian J. Gutro.

Isabella E. Hanley, Nathalie Heligoland Rosas, Julian Amoya Henriques, Emilia A. Henry, William L. Hibbard, Kyla C. Ho, Oceana Huang, Steven Y. Huang, Sunny C. Huang, Mia M. Hurley, Samuel C. Hurley, Thuy N. Huynh, Noela Janka, Jacquelyn M. Kane, Supriti M. Karki, Aisling R. Kelly, Matthew C. Kelly, Muhammad Z. Khan, Madison R. Kubera.

Rachel Anne Lafferty, Colby V. Lai, Jose Maria Gabriel L. Las, Ngai K. Lee, Shawn Lee, Feng Yu Li, Jenny Li, Limei Li, Ryan Li, Annie A. Liang, Simon Lin, Tina Lin, Raymond Liu, Wing Lun, Emma P. Lyons, Shannon R. Macay, Megan S. MacNeil, Hannah S. MacPhail-Palisi, Kristen A. Mahoney, Mohammad Q. Masood, Vanessa M. Mazzini.

Julia C. McGillicuddy, Lauren C. Medeiros, Odalys M. Melo Rodriguez, Stephanya D. Mendes, Alessia M. Mochi, Manuel E. Murillo-Wong, Hannah E. Murphy, Martin E. Muscato, Niamh E. Mwafurirwa, Jack M. Nelson, Yin Lok Ng, Cindy Nguyen, Huy M. Nguyen, Mark Nguyen, Sylvia K. Nguyen, Thuan Duc Nguyen, Vera P. Nguyen, Wayne Nguyen, Henry W. Nim.

Courtney E. O'Brien, Erin K. O'Callaghan, Grace L. O'Handley, Obiora B.

Onochie, Cassandra V. Patch, Vasil Pavli, Kaci M. Pettigrew Lynch, Destiny R. Pina, Ilis Proko, Caitlin A. Quezada, Sorchia M. Quinn, Joyce A. Ramos, Jaida L. Reid-Jackson, Joharis C. Rohena Quinones, Alyssa J. Ruan, Alyssa M. Ryan.

Katherine A. Shaughnessy, Haoyuan Shi, Clyde Shtino, Ryleigh D. Smith, Cindy A. Su, Kaylie A. Sullivan, Ling Kai Sun, Hai Wen Tan, Shirley L. Tang, Susanne K. Tedeschi, Kevin O. Toler, Andrew Tran, Eileen K. Trenholm, Diana Truong, Jennifer Truong, Standy C. Truong, Nelson K. Tsang, Hsiu C. Tsao.

Dayana N. Ukraine, Lilian T. Uong, Jose A. Villalon Martinez, Jason Vo, Kenny T. Vo, Tiffany Vu, Anna Weng, Ariel T. Williams, Kaan Yavuz, Dong Pei Zhang, Cecily Zhao, Marsha Zheng, Steven C. Zheng, Yuyang Zheng, Ivy Zhou, Alvis Zou.

Grade 11: Leila Akhounine, Aliridha M. Al-Saadi, John Alessandro, Noel Jose Alvero, Maurice R. Ampiane, Madilyn E. Bailey, Caleb T. Baliton, Meira T. Baliton, Emmett S. Bandzak, Jonathan E. Bina, Nicholas M. Blasi, Kathleen J. Bowden, Emma L. Brown, Louis P. Brown, Pilar O. Brown, Conor N. Byrne.

Carmela R. Canavan, Robert W. Cannon, Mirzan A. Carmona-Montufar, Marwah M. Chaudhry, Ellen Chen, Kevin Chen, Michelle L. Chen, Yuan Yi Chen, Thomas R. Christian, Jack E. Collins, Owen P. Coppola, Clayton H. Corley, Wilma Da Silva Pina Lopes, Dany Darwich, Amyah A. Davis, Aleksandra Dedo, Rebecca C. Deng, Natalya M. Desmond, Ava R. Devlin.

Maya A. Dijkstra, Jordan Ray L. Dizon, Zachary M. Donaghue, Aisling A. Donoghue, Tiarnan Eaton, Kiara N. Ebanks, Sabrina M. Egan, Joie Y. Eng, Margaret P. Fay, John M. Fehan, Rachel W. Feng, Nicholas R. Ferrara, Meaghan E. Foley, Leah A. Forte, Kyle C. Galecia, Iain P. Gillespie, Emma V. Glavin, Shayla M. Goba, Cassandra E. Gordon, Matthew J. Gratch, Cameron J. Griffin.

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Andy Le, Tony Le, Brian Lee, Emily W. Leong, Chris Y. Lin, Jeffrey M. Louis-

saint, Daniel W. Lung, Thu G. Luong, Lucy M. Lynch, Adriana E. MacPherson, Madeline A. Mayo, Kayla R. McNeley, Cameron B. Melchin, Jennifer S. Meng, Matthew J. Miranda, Rebecca L. Morris, Thomas C. Murphy, Nandan S. Nair, Henry D. Neil, Michael P. Nellany.

Lisa T. Ngo, Cindy Nguyen, Jacquelyn Nguyen, Mia L. Nguyen, Quoc Viet Nguyen, Tammy Nguyen, Morgan E. Novak, Gabriel L. O'Brien, Julia R. O'Leary, Aria B. Oakes, Mathew J. Olaince, Romyna V. Oregel Gutierrez, Isabella R. Pagliarulo, Kaitlyn A. Paiva, Susan Parasa, Anne V. Patel, Vansh J. Patel, Vraj B. Patel, Athena G. Perry, Brandon T. Pham, Vy Yen T. Pham, Dhanvi R. Puttur.

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Kayla N. Tran, Natalie P. Tran, Vivian D. Tran, Nathan M. Unsworth, Nuna Beatriz Viana Avelar, Ngan D. Vo, Athina Vrap, Jarod M. Walker, Teyah F. Wilson, Matthew C. Wong, Aiden T. Zeng, Celine Zheng, Gina Zheng, Joanna Y. Zheng, Xiaozun Zhou, Jia Ye Zou.

Grade 10: Amira F. Aitsad, Onuchi S. Alamba, Sarah E. Alberione, Yaseen S. Ali, Jouri W. Alsadeq, Zaila D. Alves, Ali H. Alzubaidy, Dilan S. Arda, Edwin G. Astronomo Jr., Jason K. Au-Duong, Brianna M. Backman, Mathew T. Bartkus, Madeline C. Baryza, Kristi Becka, Juan P. Bengoa Croxatto, Victoria P. Bentley, Jayda M. Berry, Anthony J. Bina-Rodriguez, Kayla M. Blatcher, Julie H. Blois.

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Danielle N. O'Brien, Thomas P. O'Neil, Jake M. Ollman, Nandani D. Patel, Angela N. Pham, Andrew S. Philibert, Kelly Phu, Kiet B. Phu, Dheeraj Aravind Prakash Viswanath, Hughlano J. Pusey, Connor W. Putnam, Uyen Nhi Quang, Cameron A. Quigley, Victoria N. Rak, Ginubala Ramakrishna Kumar, Kenneth J. Reale III, Kyle N. Reynolds, Alexander T. Rheault, Mallory C. Rimovitz.

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Grade 9: Ryan A. Ait-said, Fatema R. Al-Janabi, Maniya F. Alexander, Fatma M. Alkinani, Tayf H. Alsaad, Artur Amado Da Moura, Amina Amimer, Katherine E. Bardwell, Kyla R. Barter, Emma M. Bateman, Jaiden S. Bauzo, Maria G. Bengoa Croxatto, Dahrien J. Bernabel, Abigail S. Bither, Amanri J. Blair.

Yuhannoi Bobomur-odzoda, Adam G. Bonica, Nolan P. Boring, Christopher L. Bottary, Manuel P. Breslin, Preston M. Cavin, Endi Cenomeri, Kelly W. Chan, Anita Chen, Daniel Chen, Qilu Chen, Madison R. Chenette, Jason Chieng,

Emily S. Chin, Grace M. Connor, Celia G. Cronin, Grace M. Cuniff, Thomas R. Curtin.

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Brian V. Le, Michelle Le, Vy Le, Isaac Lee, Patrick B. Lee, Tiffany P. Lee, Katelyn W. Leong, David Li, Hai Lin Li, James T. Li, Tameka F. Liang, Isabel V. Llamas, Elisa Lopes Moniz, Abir Loukrati, Hai K. Luong, Lucas Maher, Ganga N. Mahesh, Leili J. Mahrouk, Dillon P. Mandawe, Trevor J. Mangino, Paige E. Mann, Maximilian S. Maraj, Sophia Martins Rodrigues.

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Meira A. Oakes, Esther D. Oliveira, Adrian N. Ortiz, Caleb M. Parsons-Gomes, Monica Pascal, Victor Anderson H. Pereira, Dillan M. Perkins, An Pham, Lena N. Pham, Michelle L. Phung, Eva L. Picarski, Maia C. Popa, Brendow S. Porto, Margaret G. Potts, Alexia Qako, Elijah X. Ramdhanny Marshall, Katherine C. Ramos, Sneha Rana, Gabriel L. Rodrigues, Declan M. Rogers, Robin D. Roldan, Matilda Z. Rollins.

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Jonathan Tran, Khoi Henry N. Tran, Nancy N. Tran, Nicholas K. Tran, Stanley T. Tran, Dao N.

Truong, Sarah Tsang, Kaliope Q. Tucker, Tuya M. Valle, Kimi I. Vallee, Phu Hao Van, Alexander H. Vo, Dylan E. Vo, Alanagh M. Walsh, Hannah L. Waters, Brianna White-Palmer, Aliya J. Wiggins, Henry C. Wilde, Jenny M. Wong, Jessica Wu, Shirley W. Yang, Alp Yokus, Xin Ting Zhao, Elvin Zheng.

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Maria Luiza Malpera Rosa, Rene Marquez, Rachel T. McKenna, Ciro L. Moura, Isabella N. Nguyen, Leticia G. Paiva, Andrew R. Peterson, Faella Pierre, Joseph M. Saccoach, Emily N. Salvucci, Joselle A. Samson, Zoe E. Scott, Abigail C. Toland, Eduard M. Tsvetanov, Michelle Wu, Lok Yiu Yu.

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Christian Gabriel L. Las, Aden E. Le, Stanley Li, Elysha A. Louis, Tess S. Louzan, Grace M. Lukelo, Shane M. MacNeil, John D. Martinez, Luke I. Murphy, Madison M. O'Connor,

Cont'd On Page 8

994 Students On North Quincy High School Honor Roll

Cont'd From Page 6

Michael A. Pollastretti, Kylee S. Rascoe, Brian L. Rodrigues, Herron Situ, Oliver C. Smith, Gordon Truong, Wenda Zhang, Jiaye

Zheng.

Grade 10: Liam T. Bailey, Olivia R. Bailey, Naiara Bautista Minaya, Morgan N. Calvert, Yumiko Chow, Oisín D. Coogan-Coyne,

Caitlin M. Cormican, Caitlin M. Feeney, Claudio Gomes-Cardoso, Nathan K. Ho, Suleka J. Hussein, Emma R. Kinsley, Jack Le, William D. Le,

Christine H. Loney, Heidi Malushi, Kylie M. McClory, Giordano J. McKenzie, Mai Ngoc Yen Nguyen, Nicholas K. Pereira, Lingyu Qiu, Marybeth M. Smith, Hogan Truong, Patrick J. Webber, Jia Lin Weng.

Grade 9: Ruby E. Ahern, Wajeeha M. Al-Khatib, Michael T. Campbell, Tina Cao, Martin Chen, Adalee K. Crowley, Christian X. Devin, Delaney K. Djerf, Julian L. Folkes, Dominic E. Gonzales, Rayleigh Z. Gu, Kenny Guan, Leo Y. Guan, Xin Xiang Huang, Casey A. Kelly, Isabel C. Kraimer.

Catherine Le, Angelina Y. Lin, Grace E. Lowe, Jade E. Manning, Vanessa Mei, Nathan W. Sampson, Charles Shepherd III, Minggen Su, Jiamin Tang, Molly M. Toland, Viet Q. Tran, Hecheng Weng, Thomas J. Wirtz, Alvin Wu, Sandy Ping Wen Wuli, Jacky Zheng.

HONORS

Grade 12: Joseph E. Burke IV, Kevin P. Coyman, Neysa A. Dadhi, Emma M. Devin, Sean E. Feeney, Ol-

ivia K. Flaherty, Charbel R. Habchy, Fallon G. Hobin, Te Tsai Huang, Timothy Huang, Ryan N. Naili, Halley E. O'Connor, Owen X. Wu, Chengrong Zheng.

Grade 11: Samee Akhouzine, Rean R. Beqo, Michaela N. Bulger, Zhion E. Cardoso Mendes, Liam J. Carey, Florence T. Dailey, Martin Demo, Omar M. Elhashash, Shane M. Faherty, Gracie L. Falletti, Jared P. Gaven, Colm J. Geary, Avery J. Glennon.

Rammy Hablaj, Cooper D. Hansen, Adam Z. Khyat, Wilson X. Li, Yan Xin Lin, Kayla M. Lindsay, Matthew K. Lowe, Jackson E. Murphy, Chi Khanh Nguyen, Draven M. Reiland, Brian L. Rosa, Brandon H. Wong, Songen Yu, Jessica Zhu.

Grade 10: Ines G. Barros, Joshua N. Bauman, Pratham P. Bhatt, Sean T. Burns, Natalie Chan, Dina N. Che, Yonglin Chen, Jamie L. Collins, David J. D'Antona, Nathan J. Davis, Aryssa J. Gutierrez, Jackie Kuang.

Lauren C. Lai, Jefferson Laurette, Kaitong Li, Andrew V. Lim, Adam Lim, Lily O. Mei, Eliane C. Pereira Lopes, Liam J. Rogers, Vincent Shi, Yu Hei So, Manlin Sun, Zachary Taylor, Lunn K. Tha, Ryan J. Tobin, Matthew J. Whooley, Liting Zhou.

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Caroline P. O'Connell, Cian M. O'Donovan, Brendan J. O'Driscoll, Sophia G. Palermo, Daithi J. Quinn, Maurice J. Reid-Jackson, Fiona Saraci, Pedro Schilks, Regis Botelho Barros, Benjamin Setow, Matthew G. Szczepkowski, Dylan T. Tracy, Corby M. Trenkle, Minh Hung Truong, Lexuan Wang, Brian A. Wolowicz, Anne Yuan, Roseley Zhang.

WHAT'S COOKING

with

Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



Eggplant Parmesan Calzone Turnovers

By MARIE

I think through the years I have made calzones with various kinds of fillings. One of the family's favorites is a calzone with an eggplant-parmesan filling. There are two things that make this recipe easier. First of all, you can buy the dough already made and you can also buy marinara sauce.

Preheat oven to 350 degrees, grease or prepare a cookie sheet with parchment paper.

Ingredients and Directions

- 1 medium sized eggplant - cut in slices about 1/8 to 1/4 inch
 - 1 package of dough
 - 2 cups of marinara sauce
 - Shredded parmesan cheese, mozzarella or any favorite cheese
 - Seasoned panko breadcrumbs. Enough for coating the eggplant slices
 - 1 egg mixed with a little milk
- Placed the sliced eggplant in the egg mixture, then the breadcrumbs, then put the

coated eggplants on a cookie sheet and bake for 15 or 20 minutes - you do not have to turn them.

Roll out the dough in a 5- or 6-inch sized piece. You will make about 4 of these turnovers.

Place eggplant on the dough top and top with marinara sauce and sprinkle cheese on top. Turn over and secure the ends with a fork. Place on cookie sheet.

In the event you want to use egg wash, mix one egg with water, slit the dough so air can escape and with a pastry brush coat the top of the dough with the egg wash.

Bake for 30 minutes until crust is browned. Cool and enjoy!

P.S. To make this into one calzone spread like a pizza place the eggplant around the dough, leaving an inch on all around, place sauce and cheese on top. Roll and secure sides. Egg-wash the top and create airholes with a fork. Bake for 30 minutes. Cool and cut into slices 1 to 2 inches.

Lumberjack Pancakes

By JOHN PHILIP RICCIUTI

Do you eat a "healthy" breakfast only to be hungry an hour later? Then you graze on other foods until lunch?

The result is, in your effort to be "good," you've consumed a bunch of unwanted calories. This is followed by bouts of guilt and shame. This is wildly acknowledged by leading nutritionists as "not good" also known as "bad."

Here is a semi-healthy alternative. Note: "semi" will be explained below.

This recipe makes 20 pancakes.

PANCAKE INGREDIENTS

- 1 cup white flour - preferable unbleached
- 1 cup of whole wheat flour
- 1 cup oatmeal - preferably old fashioned
- 1 teaspoon baking soda
- 3 teaspoons baking powder
- 1 teaspoon salt
- 2 tablespoons sugar
- 2 1/2 cups milk - preferably 1%
- 1/3 cup oil - preferably Canola
- 1 egg
- Toppings**
- 1 apple sliced. Use about 1 apple for every 8 pancakes
- Peanut butter - preferably crunchy - one to two teaspoons for each pancake.

Finisher:

- 8 - 10 ounces of water

Many recipes tell you to mix the dry ingredients first. I am about to divulge a secret: This is unnecessary and is usually recommended to give the author an air of superiority.

In a large bowl mix all the pancake ingredients and use a whisk or fork until you see few if any lumps. Like when you were 8 and your mom told you to make your bed.

The consistency should be slightly thinner than Elmer's glue. If it is too thick, add a little milk. If it is too thin add a little more flour, wheat if you want the moral high ground, white if you want better taste. Hint: no one will know anyway.

The batter is thicker than most so to avoid burning put the griddle on medium low heat. Ladle enough batter to make a circle about 3 - 4 inches wide.

Like all pancake recipes wait until the bubbles slow or stop before flipping. Note: due to the aforementioned thick batter the bubbles will be slower to appear and there will be less of them. Kind of like your friends when you are looking for a ride to the airport.

Serve: Spread a teaspoon or two of peanut butter on the top and layer about 1/4 of a sliced apple.

Finisher: this is a critical step. Drink 8 - 12 ounces of water. My decidedly unscientific assessment is that the water causes everything to expand. This makes you feel full and it takes a little longer to be digested.

In the interest of full disclosure these are relatively high in calories. Each pancake comes in at around 90 - 100 calories. The peanut butter is around 65 - 70 calories per teaspoon and the apple around 25 calories per quarter. So, to make things easy to remember let's say one fully dressed pancake is around 200 calories.

However, since you won't be picking the net impact is that you'll actually consume less calories overall. And as an added bonus you won't be spending every 20 seconds thinking about how hungry you are, or how much time it is before lunch.

While you can heat the leftovers in the microwave if you are blessed with the commodity known as "extra time" use the toaster oven.

These are "semi" healthy because it tries to bridge purely good nutrition with the element of "taste." True, a select few ardent enthusiasts will tell you their kale smoothie is delicious. We'll take their word for it, but that may not be true for the majority of us.

Yes, whole wheat flour is better for you than white flour. But like a tree falling in a forest and no one there to hear it, while it may be better for you, if you don't eat it, does it do you any good?

Cont'd From Page 7

Ethan C. Sheng-Clarke, Arunee J. Sundosd, Mary Tan, William A. Wismar.

Grade 9: Carmen J. Albert, Joaquim B. Baiense, Bryan C. Barrera, Makayla R. Batson, Calvin Mark L. Bayot, Kieran J. Collins, Sam S. Conley, Lawrence Edne, Alondra L. Ibrahim, Christina E. Leahy, Elizabeth M. Leonard, Anna K. McPhillips, Luke J. Mordas, Matthew J. Nellany, Tayah R. Quinn, Samuel N. Swan.

HONORS

Grade 12: Lezly L. Acevedo, Kayla M. Agcaoli, Hassan Bah, Shayna N. Bellotti, Samantha M. Bouchie, Chris Cakuli, Kristina M. Carter, Jacky Y. Chiu, Robert D. Conboy Murphy, Nguyen H. Dao, Daniel X. Davis, Lucas De Souza Rodrigues, Brooke E. Deady, Andrew C. Devlin, Collin P. Driscoll, Kylie S. Driscoll, Benjamin T. Graney, Joseph M. Healy, India Y. Herbin.

Ashley Johnson, Delana A. Jordan, Aaradhana Joshi, Angel L. Marquis, Shane P.

Matranga, Zachary T. McDonough, Amy L. Melchin, Anthony J. Morabito, Shannen E. Murphy, Sarah J. Patacchiola, Ryan P. Phelan, Daniel T. Pick, Colby G. Simone, Jefferson Tian, Campbell F. Tierney, Pandush Trebicka, Jonathan P. Young, Christina Zero.

Grade 11: Sophia J. Barnes, Nia M. Cahill, Jerry M. Caldwell, Marcela Chen Ling, Ricky Chieng, Emma C. Crosby, Koren C. Davis, Kate A. Downey, Nicholas Amir Escriba Tapia, Christopher M. Fonseca, Ryan S. Gately, Joseph R. Hennessey, Cooper R. Hernon, Kathleen M. Higgins, Kyle M. Jacobs, Julia Jin, Alex J. Keeley.

Dai Phu Le, Vivian Leung, Jacob M. Lustig, Mona N. Ly, Chloe E. Lynch, Jonathan R. Manning Jr., Samuel J. McGahan, Harry T. McGuire Jr., Adriana V. Moosick, Parker C. Mullen, Phoenix J. Petrucci, Kyle P. Regan, Olivia T. Santangelo, Thomas A. Santos, Yeidi M. Sierra Per-

cel, Brian D. Silcox, Amaya S. Six-Tiger, Derek Tran, Van Phu Han.

Grade 10: Marta L. Aguiar-Perello, Maha A. Al-Ibrahimi, Saidy G. Arias Guerrero, Daniel J. Ballerino, Maerlande N. Bregard, Gregory P. Campbell, Edisson Chan, Samuel A. Civello, Serena M. Crane, Amy H. Dang, Nicholas V. Day, Juliana M. Di Blasi, Ava Q. Garcia, Sean M. Halley, Joshua J. Henderson.

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Grade 9: Julianne R. Albino, Mayara K. Clem, Antonio R. Gonzalez, Jayden Guerra, Jesse F. Hansen, Kevin J. Heim, Molly E. Jacobs, Edward J. Lynch, Cameron J. Mann, Nicholas J. Peddie, Alondra S. Perez, Viet H. Phan, Gordan D. Pina, Gavin F. Regan, Adriana E. Sallustio, Adeline M. Saunders, Asya M. Wright.

Walk For Hunger Virtual Fundraiser

The Walk for Hunger is seeking participants to join our community dedicated to doing good by helping get food to kids and families during the pandemic.

A virtual fundraiser that supports Project Bread's work to increase food access for people of all ages in Massachusetts, registration

opened Feb. 9. Fundraising continues until May 2, with fun, virtual events taking place throughout the day.

In its 53rd year, and its second year as a virtual event, thousands of caring community members will participate in the oldest pledge walk in the country, which is expected to raise

over \$1 million to help get food to kids and families during this crisis.

There is no registration fee this year or fundraising minimum.

To create a personal or team fundraising page for The Walk for Hunger or to make a donation, visit projectbread.org/walk or call (617) 723-5000.

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Social Security Matters Ask Rusty – Claiming Social Security Now To Preserve Savings

By RUSSELL GLOOR

National Social Security Advisor
at the AMAC Foundation, The Non-Profit Arm
of the Association of Mature American Citizens

Dear Rusty: One of the big pieces of the Social Security puzzle that everyone seems to miss is the protection of other retirement funds. If I did not take SS, I would have to dip into my retirement savings to fund the early part of my retirement. I took SS at my full retirement age rather than wait, so I am preserving my retirement account that has historically been getting 8-9% interest over the last 30 years. Social Security will never give me anything close to those returns. **Signed: Smart Investor**

Dear Smart Investor: You are, of course, correct that preservation of retirement savings is important. It's also correct that everyone's personal financial situation is different. If your retirement nest egg has historically provided a return of 8-9% over the last 30 years and will continue to do so, then I believe you made the right choice by claiming at your full retirement age (FRA) and preserving those high-return investments. But many are not as fortunate as you and have their nest egg sitting in low interest IRAs and bank savings accounts, and those folks may have a different perspective. They may choose an option to delay claiming Social Security to get a higher monthly benefit, initially using some of their low-return savings but allowing them to preserve their overall savings much further into their retirement because of a higher SS benefit. And most often, continuing to work provides them added ability to delay claiming Social Security to get that higher benefit.

Personally, I do not advocate withdrawing from retirement funds in lieu of claiming Social Security. But I do suggest that waiting past FRA to claim a higher benefit may be wiser than claiming earlier and investing the SS money, trying to beat the 8% yearly benefit growth realized by waiting to claim. It's an unfortunate reality that high-return/low-risk investments are very difficult to find these days, and most seniors are loathed to put their money in high-risk investments to get higher returns.

Again, everyone's situation is different, and each must choose based upon their own circumstances. Many who contact us about their Social Security options intend to continue working beyond their full retirement age. Those folks might adopt a strategy where they delay past their FRA to get a higher SS benefit for the rest of their life, made possible because they are still working and earning (rather than withdrawing from investments). If they're in good health and will achieve at least average life expectancy, they will not only enjoy a much higher monthly benefit, but they'll also receive more in cumulative lifetime benefits by waiting longer to claim Social Security.

Finally, often lost in the argument to claim at or after FRA is that, for a married couple, a surviving spouse receives 100% of the benefit the deceased spouse was receiving at death. That surviving spouse benefit will either be a smaller FRA amount or a larger (e.g., age 70) amount, depending upon when the higher earning spouse claimed. Point is, if you are married, when you claim may also affect your spouse's survivor benefit, so life expectancy of both spouses should always be included in the decision on when to claim. In any case, from what you've written I believe that your choice to claim at your FRA in order to preserve your high-return investments was a prudent move for your personal circumstances. And I admire the careful thought you put into that decision.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadvisor@amacfoundation.org.

Taryn Healy On Providence College Dean's List

Taryn Healy, daughter of Thomas and Julie Healy and granddaughter of Joseph and Joan Clifford, all of Quincy, a member of the class of 2024 has been

named to the Dean's List at Providence College for the fall semester.

Taryn is a 2020 graduate of Archbishop Williams High School in Braintree

Quincy College Receives CDBG-CARES Funding From City Of Quincy

Quincy College President Richard DeCristofaro announces enrollment is open for an innovative workforce training and certificate program specifically targeting Quincy residents who lost their jobs due to the COVID-19 pandemic.

In partnership with Mayor Thomas Koch, the college has been awarded a

total of \$430,350 from the City of Quincy through a Community Development Block Grant (CDBG) made possible by the Coronavirus Aid, Relief, and Economic Security (CARES) funds.

DeCristofaro, Koch and their staffs worked together to identify local employment needs and develop a plan to address them in part-

nership with Quincy College.

"The pandemic has had a devastating impact on working people throughout the county," DeCristofaro said. "I am confident that those in our service area most affected by the pandemic will find opportunity at Quincy College."

Koch discussed the program during his State of the City Address March 9 as part of a broader emphasis on securing the college's future and continuing to build the school's reputation as one of New England's most successful workforce-training institutions.

"This program will benefit so many of our neighbors who were unduly impacted by the economic fallout of the pandemic," he said. "This is precisely the kind of program that has long been at the heart of the college's mission, and the city could not be more proud to support the great work of Dr. DeCristofaro and the Board of Governors in these efforts."

The award will be used to support 120 Quincy residents who have lost their jobs due to COVID-19 by providing access to workforce training or a certificate program at Quincy College. Quincy College, with campuses in Quincy and Plymouth, is operating almost entirely online during the pandemic.

"We are grateful to Mayor Koch and the Economic Development Office of the City of Quincy, for supporting Quincy College and creating new opportunities to provide academic and job placement services to City residents at no charge," said Associate Vice President of Workforce Development Kate Lopci, M.B.A.

Approved programs under this funding include:

- \$336,350 to support six certificate programs (Medical Billing and Coding, Phlebotomy, Healthcare Foundations, Emergency Medical Technician (EMT), ESOL QuickBooks (non-credit), and Computer Skills for the Workplace (non-credit))

- \$58,000 to support two cohorts of Home Health Aide, a non-credit certificate program.

- \$36,000 to support one cohort of Substance Addiction Assistant Certificate program.

Program graduates will be placed in 24 full-time positions and 20 part-time positions in partnership with local multiservice agencies, including the South Shore MassHire Career Center and the Department of Transitional Assistance.

Enrollment is open. For more information, contact Rhiannon Gorham, rgorham@quincycollege.edu, or by phone at 617-984-1723.

Digital Easter Scavenger Hunt

Now until March 27, Quincy Community United Methodist Church is hosting a digital Easter Scavenger Hunt with prizes.

To participate, take six pictures of items associated with the Easter season and post them to the church's special Facebook page-Brian White Easter Scavenger Hunt. The first 50 children ages 2-17 who post pictures of the six things listed will be invited with an adult to pick up a bag of goodies at the church with COVID safety precautions in place. Go to the church Facebook Page or email qcumcchurch1@gmail.com for more details.

All children are welcome to celebrate Spring time.

Take a picture of: 1. Easter Egg(s): Easter eggs represent the hope for new life. 2. A bunny: An old tradition that rewards good behavior 3. An Easter lily: Represents hope, purity, and innocence. 4. A Cross: The Christian symbol of salvation and triumph. 5. The Quincy Community United Methodist Church: Take a picture in front of the Quincy Community United Methodist Church on 40 Beale St., Quincy, 02170 (across from CVS on Beale St/Wollaston). <https://sites.google.com/site/qcumc7/> 6. Take a picture of something you are thankful for: As we get through this pandemic, what are you thankful for?

Are Your Eyes Itchy And Dry? You May Have MADE

By Dr. CAROLANN SPERANZO, DHS, RDO

As recommended by the CDC, the simplest effective way to protect from COVID-19 is wearing a mask. Masks, particularly when two are worn together, help prevent aerosolized droplets from others to transmit infection. However, this protection is also causing some discomfort and irritation on the ocular surface increasing dry eye symptoms. It has even been given a new name - MADE (Mask Associated Dry Eye).

According to research from the University of Utah, the symptoms are frustrating and worsening both for those who normally find their eyes are dry due to medications or environmental issues and more recently for those who never experienced this before. Most describe this irritation as scratchiness, redness, and even blurred vision. The American Academy of Ophthalmologists note that as many as 5 million Americans now present clinically dry eyes.

Seniors experience a reduction in tear function so may be more bothered by this. In addition, current studies show that people blink nearly sixty-six percent less due to increased use of electronics as the world has turned to Zoom for work and learning. Blinking is vital to relubricate the eye for comfort and stable vision. When the lower lid is pulled due to a mask, the blink may be insufficient (the lids do not close completely) so the eye surface and lid mucosa dry becoming irritated.

While MASK is problematic, there are ways to minimize the impact. First, use a mask with a bendable wire to contour to the bridge

of the nose right at the top of the cheek. Many find taping the top of the mask helps to keep the mask in place and reduce pulling on lids - even using Breathe Right strips rather than tape.


Another option is to wear goggles that keep eyes moist. Some are resorting to eye drops to rewet the eyes. It is important to use caution with many over-the-counter preserved eye drops that may cause a rebound effect requiring more and more drops. The single dose, preservative-free brands, while a bit more expensive, help prevent this.

Perhaps the best remedy for MADE is to recall the instructions teachers recommended for years: every 20 minutes look away, 20 feet in the distance, for 20 seconds blinking consciously and completely to give the eyes a chance to lubricate.

As always, if you experience continuing issues with your eyes, schedule an appointment with your eye care practitioner for a full evaluation.

Dr. Carolann Speranzo is a Registered Dispensing Optician and owner of SECOND SIGHT in Quincy since 1979. She is a Fellow of the National Academy of Opticianry and the Contact Lens Society of American and is certified by the American Board of Opticianry. Speranzo is also an Adjunct Professor at MCPHS School of Healthcare Business. She can be reached at 617-773-1178 or secondightsyewear@verizon.net

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"Rock Solid Security"

On Friday, March 12, at approximately 9:30 p.m., officers were dispatched to Penn Street regarding a Breaking and Entering to a motor vehicle in progress.

While enroute to the address, units were advised that the suspect was a white female wearing a black coat. A second caller updated further that the female suspect was wearing some type of black fur coat and appeared to be running through yards attempting to flee.

Officers arrived on scene. Officer Borden spoke with the victim who relayed the following information: He was walking out to his car from his back door and observed his car door open. He saw someone inside his car and he chased the suspect down the driveway toward Penn Street. He stopped chasing her and called the police when the suspect started running through yards toward Liberty Street.

He stated he then went back to look at his car when he observed a pair of pink slippers that did not belong to anyone in his house. The slippers were approximately 10 feet away from the car and believed to belong to the female sus-

A Job Well Done

By QUINCY POLICE SGT. KARYN BARKAS
Public Information Officer
Quincy Police Department

pect. Nothing appeared to be missing from the vehicle at that point.

After speaking with the victim, Officer Borden spoke to an off-duty officer who had detained the suspect. The off-duty officer/witness stated that he observed the victim chasing a female down the driveway. The female ran across Penn Street and into the yard of one of the residences. As he was being interviewed by a responding officer, the female reappeared. Immediately upon seeing her, he chased her through a back yard and was able to detain her and place her in handcuffs. He informed officers that the female either lost or threw something behind one of the homes on Penn St. Of-

ficers subsequently located the fur hood to her black jacket.

The 20-year-old female from Quincy was transported to the station where she was booked for Breaking & Entering a Motor Vehicle in the Nighttime.

Just a few hours later, on Saturday, March 13, at approximately 12:15 a.m., Officer Ronald McKim was dispatched to Penn Street for a report of past Breaking & Entering to a motor vehicle. The victim reported that cash was missing from his vehicle. He also had video of a female entering his truck on Friday, March 12th, at approximately 8:30 p.m.

Officer McKim viewed the video and was informed that the suspect matched the description of a female that had been arrested at approximately 9:30 p.m. on the previous evening (March 12th) by Officer Borden. Officer McKim then had Officer Borden view the video of the female suspect. Officer Borden confirmed that was in fact the same individual that he arrested. The following charges were then added: Breaking & Entering a MV in the Nighttime and Larceny Under \$1,200. Great work!

QUINCY POLICE CRIME AWARENESS JOURNAL

FRIDAY, MARCH 12

VANDALISM/PROPERTY (blue Infinity G37), 8:26 a.m., Newbury Avenue. All flat tires. Happened last night. Unknown if tires are damaged or just deflated at this time. No suspect or further information.

LARCENY (UPS box missing), 9:49 a.m., Quincy Shore Drive. Missing package. Delivery was taken by male on camera. Has video footage.

BREAKING AND ENTERING/PROGRESS, 3:42 p.m., Centre Street. On camera male breaking into apartment with wrench. Possibly shut off device. White male, Champion gray sweatshirt. Camera is in the living room. Blue or black baseball hat. Homeowner advised to call dispatch when she gets outside apartment. Camera went down when suspect made entry. Unsure if he is still inside. 774 reports that main door to building broken into. BCI responding. 775 to file report.

LARCENY (packages), 4:14 p.m., Main Street. 783 to file report.

BREAKING AND ENTERING/PAST (residence), 4:28 p.m., Falls Boulevard. Break into apartment. Will meet officer in lobby Falls Boulevard. 784 to file report.

BREAKING AND ENTERING/PROGRESS (motor vehicle), 9:30 p.m., Penn Street. Arrest made. Strong language barrier. White female, black coat, unknown where female went. Off duty QPD reports white female, dark colored fur coat attempted to get into 25 Penn. Last seen in area of #26 Penn running towards low numbers.

BREAKING AND ENTERING/PROGRESS (possible break), 11:23 a.m., East Elm Avenue. Caller is home by herself. Caller heard a loud bang and then some other noises. Caller is checking the downstairs right now. Unfounded.

SATURDAY, MARCH 13

LARCENY/MOTOR VEHICLE (using without), 8:31 a.m., Burgin Parkway Ext. See caller in police lobby states ex-boyfriend has UHaul and refusing to return. Vehicle not stolen, miscommunication. Officer Flynn confirmed with UHaul.

VANDALISM/PROPERTY (tires slashed), 9:27 a.m., Belmont Street. On two cars: Mercedes GL and Honda Accord. In the driveway. Caller is on scene outside now.

LARCENY/MOTOR VEHICLE (326XT9), 12:17 p.m., Palmer Street. Last seen around 4 p.m. March 12. Stolen MV filed.

VANDALISM/PROPERTY (vehicle), 12:59 p.m., Baystate Road. Smashed car window. Report to be filed.

LARCENY/MOTOR VEHICLE (black moped), 10:29 p.m., Five Corners Market, 161 Newbury Ave. Gone on arrival. Last seen around 6 p.m. Reporting party states they are currently reviewing surveillance. He does not have VIN/serial number on him. Store is locked up. No answer at reporting party number.

SUNDAY, MARCH 14

LARCENY/MOTOR VEHICLE (moped missing), 2:01 p.m., Five Corners Market, 161 Newbury Ave. By the trash barrels in the back. Black Riya moped missing from last night. May have some footage. Report. Serviced, no suspect info.

MONDAY, MARCH 15

BREAKING AND ENTERING/PAST (stolen items), 7:49 a.m., Adams Street. Check book gone, front door is broken. Report.

BREAKING AND ENTERING/PAST, 10:30 a.m., Standish Avenue. Serviced. Report.

LARCENY (missing package), 12:02 p.m., Grandview Avenue. Reporting party stating his package was stolen. Would like an officer to call him to report it missing.

BREAKING AND ENTERING/PAST, 6:08 p.m., Bicknell Street. Brewster notified for evaluation. No EMS.

LARCENY (packages), 9:54 p.m., Main Street. Two packages worth approximately \$100 were delivered at approximately 1 p.m. Report filed.

TUESDAY, MARCH 16

ASSAULT AND BATTERY (back injury), 9:02 a.m., Hancock Street. To hospital. Behind McDonald's at the construction site man down. Direct to Brewster. Reporter to be filed one to Carney Hospital.

BREAKING AND ENTERING/PAST (commercial), 9:47 a.m., Weston Avenue. Has suspect info. Report to be filed.

LARCENY (past), 9:50 a.m., Victory Road. Report filed.

WEDNESDAY, MARCH 17

LARCENY/MOTOR VEHICLE, 12:44 p.m., Willard Street. Working on job at address, car no longer there. Called management was not towed. Paper work dropped off.

VANDALISM/PROPERTY (past), 6:18 p.m., Kidder Street. Reporting party states the builder hired a gentleman that was doing work in one of the units and he hit the reporting party's mailbox. The builder never got back to the reporting party and sold the unit. This happened last October and reporting party has video and the license plate of the person who damaged the mailbox. Attempting reporting party by phone. Report submitted.

BREAKING AND ENTERING/PAST (dwelling), 8:01 p.m., Clay Street. Report filed.

LARCENY (check and cash), 11:32 p.m., Seven Eleven Store, 76 Franklin St. In QPD lobby. Reporting party states she dropped a business check and \$100 cash. A male picked it up and took it returned \$20. Store has video and knows the male.

THURSDAY, MARCH 18

BREAKING AND ENTERING/PROGRESS (in past 10 minutes), 12:34 a.m., Copeland Street. Reporting party states it's an office building and no one should be on the first floor. Via his security camera he can see the back door is smashed in. Keyholder arrived on scene. Everything appears in order.

LARCENY (stolen check), 10:05 a.m., Eastern Bank, 63 Franklin St. There is a person in the bank trying to cash a stolen check. Report and complaints to be filed.

Calls For Service: 1,118

Breaking & Entering Past: Clay Street, Weston Avenue, Bicknell Street, Standish Avenue, Adams Street, Falls Boulevard

Breaking & Entering MV: Rice Road (2), Sims Road, Standish Avenue (2), Penn Street (3), Monroe Road (2), Dixwell Avenue

Larceny MV: Willard Street, Newbury Avenue (moped), Palmer Street

Attempted Breaking & Entering MV: Monroe Road, Penn Street (2)

Massachusetts Now In Phase 4 Of Reopening Plan

By SCOTT JACKSON

Massachusetts entered the first step of phase four of Gov. Charlie Baker's reopening plan on Monday,

allowing stadiums to reopen and increasing certain gathering limits.

A new travel advisory also took effect Monday, re-

placing the previous travel order.

Baker on Feb. 25 had announced the state would transition to the start of phase four effective on March 22, provided public health data supported doing so. In a statement March 18, state officials announced that transition would take place as planned on Monday.

Since March 1, when Massachusetts moved to the second step of phase three of the reopening plan, COVID-19 hospitalizations were down 20 percent and deaths were down 24 percent, state officials said. The positive test rate had also remained below 2 percent for several

weeks.

The move to the first step in phase four means indoor and outdoor stadiums can now operate at 12 percent capacity, after the operator provides reopening plans to the Department of Public Health. The move means the state's pro sports teams - including the Bruins, Celtics and Red Sox - can all host fans at home games.

Dance floors can also reopen for wedding and other events, and overnight camps can operate as well. Exhibition and convention halls can also operate provided they adhere to capacity limits. Other phase four businesses - including bars and nightclubs - remain closed.

In addition, gathering limits for event venues and in public settings increased 100 people indoors and 150 people outdoors. Outdoor gatherings at private residences and in private backyards remain at a maximum of 25 people, with indoor house gatherings remaining at 10 people.

Under the new travel advisory, all persons entering Massachusetts, including returning residents, are urged to quarantine for 10 days upon arrival if they have been out of the state for 24 hours or more.

The advisory does not apply to travelers who are fully vaccinated for COVID-19 and do not have any

symptoms. Travelers who have a negative COVID-19 test result that has been administered up to 72 hours prior to their arrival in the Bay State are likewise exempt, as are those with jobs in critical infrastructure sectors who are commuting to the state for work.

Under the former travel order, everyone arriving in Massachusetts was required to quarantine for 14 days unless they were arriving from a designated low-risk state, tested negative for COVID-19 up to 72 hours before their arrival, or were fully vaccinated. Those who did not comply were subject to fines.

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Perdios Wants To Be Voice For QPS Parents

By SCOTT JACKSON

The School Committee's newest member, Courtney Perdios said she wants to represent the parents of Quincy Public Schools students. She also wants the committee to look at moving fifth graders out of middle schools and to consider expanding advance coursework to younger grade levels.

Perdios, 41, was appointed to the committee on Feb. 16 to fill the remainder of Anthony Andronico's term after he was appointed the Ward 2 city councillor. She plans to seek a full four-year term in this fall's municipal election.

Perdios had finished runner up in the 2019 School Committee race – a race she said she entered because she wanted to represent parents, like herself, who have younger children in the school system.

"It was a hole – it was hole that I felt really needed somebody there, so I felt like I could represent a lot of people, give voice to a lot of people that didn't feel like the School Committee was representing them and their kids," Perdios said in a recent interview.

Perdios, whose children are now in grades 4, 5 and 7, said she wants to be a voice for all parents.

"I'm not doing this just for my kids – I'm doing it for their kids. I'm doing it because I have the time and the voice to give to this and the passion for this. I am speaking for everyone – all the parents out there who maybe didn't feel like they had a voice before," she said.

"Parents can always reach out to me...that's how you learn about different perspectives on every issue."

The first meeting Perdios attended as a member of the committee was on March 10, though she had attended a pair of subcommittee meetings previously.

"It was really awesome to be able to be in the room. For years now I have been going to meetings sitting in the back and I've wanted to ask questions to the presenters or wanted to make a comment here and there and I haven't been able to. Now I am finally able to do that," Perdios said.

"It felt really great to be able to represent all those people that I met on that campaign and that supported me. I was a little nervous before the meeting and then I remembered that I'm representing them and I'm speaking for them, so that helped get the jitters away."

Perdios is no stranger to the school system, hav-

ing served as a co-president of the Citywide PTO from 2016 until she joined the committee. She has also served on the district's re-entry task force, an ad hoc committee of more than a dozen stakeholders formed last summer to begin making plans for returning to school amid the COVID-19 pandemic.

"We met early on and we met weekly and sometimes twice a week for a while through the summer – I remember being camping and I took one of the task force meetings in their rec center there with the crappiest Wi-Fi ever – just so we could talk through all these issues," Perdios said.

"You had parents, you had people from the city, you had experts in every area, you had teachers on there so you could really see what the concerns were from all sides. It was ideal. It was just such a perfect way of working through these issues. None of the solutions we came up with were perfect, because as I said this isn't how a school system is supposed to run, but they were well thought out, they were comprehensive, and everyone had a voice."

When asked if she had concerns about plans to bring nearly all hybrid learners back for full in-person learning by the end of March, Perdios said it is important that parents of students in the fully remote program do not feel pressured to move them to in-person classes.

"There are probably a bunch of main concerns, but one of them would be making sure that families that don't want to come back don't feel pressured to," she said. "For now, the state has guaranteed that virtual option for the rest school year, and just making sure we are still able to provide quality virtual programming for those families who don't feel comfortable yet."

"But also, there is a real concern with parents to get their kids back. With parents' work schedules, it is tough. Some kids aren't as motivated at home, so getting those kids back in person, that is a real concern too."

Perdios' children had been learning through a hybrid model and she said they were excited to return for full in-person learning this week. Remote learning can be difficult, she said, because of the distractions at home.

"It's hard," Perdios said. "Just extremely recently we got a puppy and the distraction of that I saw the last couple of days in my house. It's hard to balance those

distractions that are happening in the background. It's hard to tune that out. My daughter did MAP testing today and meanwhile I'm telling the dog not to chew on her backpack.

"It's not the ideal atmosphere for any kid to be learning, I don't think, and we're doing the best we can. I'm sure everybody is doing the best they can to limit the background noise and just be able to focus, but kids' attention spans are different. That's the biggest challenge I think – just getting them to be able to focus, sit still for that long.

"None of it is natural, none of it is normal, and that's why it is so hard. If this is the way it was supposed to be, we would do it all the time, and it isn't."

Perdios is the new chairperson of the school board's rules, post audit and oversight subcommittee and has also been named to the budget and finance, facilities, and policy subcommittees. Perdios said she looks forward to serving on the facilities subcommittee and plans to visit schools she has yet to see in person to learn what they from a facilities standpoint.

"I'm really excited to be on facilities. My kids have now gone to three different school buildings, so I have been able to see three of them," Perdios said, referring to the Marshall Elementary School and Central and Point Webster Middle Schools.

"I've been in communication with Superintendent Mulvey and [assistant superintendent] Erin Perkins about trying to get into the rest of the buildings that I haven't been in to be able to adequately advocate for whatever upgrades need to be made. It's hard to do that if you haven't seen it, so I'm excited to get in the buildings and start to really see it and get a feel for what's needed in each building."

"I know at Point Webster the grounds are in pretty decent need of an upgrade. They are trying to get those through – trying to work on getting together a plan for that."

"I'd love to be able to take a look at the media center at Point. When we compare the media center at Point to the media center at Central – not that you want to compare, but equity wise you want students to have access to similar environments for reading and that type of stuff – there is kind of a disparity there between the two, so I would love to be able to work on bring Point up a little bit."

Perdios said she would like the committee to look at



COURTNEY PERDIOS, the newest member of the Quincy School Committee, attended her first meeting as a committee member March 10. This photo was taken by Carla Moran during the school committee meeting aired on Quincy Access TV.

potential ways to move fifth graders out of Point Webster and South-West Middle Schools and said she was excited that fellow committee member Emily Lebo recently introduced a resolution relating to the fifth graders, which was referred to the equity, diversity and inclusion subcommittee.

"We continuously refer to our elementary students as K to 5 and then you leave out these two groups of fifth graders who are in middle school but they are kind of in limbo. It's a different experience for them," Perdios said.

"Prior to COVID, they were on a middle school

schedule. They didn't have a half day every week; they had a half day every other week the way other middle schoolers did.

"Lots of differences – not huge, curriculum is all the same, teachers are just as loving and supportive in the middle school too, but it just looks different. There are no outside swing sets. There are exposed to letters coming home of, 'well, in the bathroom there was some vaping' – you don't usually get that at the elementary level. It's a different exposure. I don't love that."

"This was a space issue...and I would love for us to have a plan to be get-

ting them back because I would have loved for that to have been a temporary space issue. That's why I am excited to have it be talked about in the equity subcommittee."

Another area she would like to address is advance coursework for younger students.

"I know the superintendent and his leadership team just created an advanced curriculum planning team," Perdios said. "The group has sort of two purposes."

"One has to do with the current fifth graders who are in the APP program and that is housed in Point. That pro-

Cont'd On Page 13

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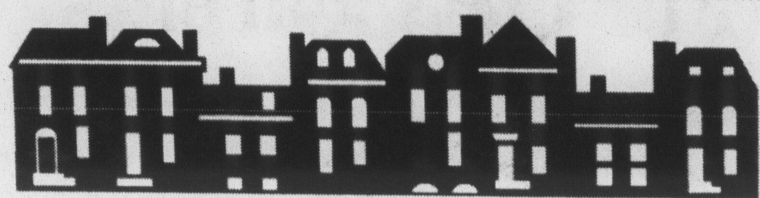
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Transactions are compiled by the Norfolk County Registry of Deeds

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Revocable Trust
Bryan C. & Alexis D. Veith
Christopher Morgan
Philip D. & Michelle A. Connors
Ashley E. Will

Anthony M. & Titilayo T. Westover
Jingchao Su
Peter Lung & Chui W. Lam
C & D Family Trust
Daniel P. & Ruth J. Murphy
Anita Gulino
Tsz Y.C. Chan & Man Y. Leung
Kelly Reynolds
Michael A. Tran
Huifen Liang & Zhaoming Jiang

BUYER

Casey L. Patterson & Elizabeth A. Staruk
Huan C. Chen & Nuannuan Lei
Raymond Kydd & Racquel Daisley-Kydd
Matthew Grazioso & Mary Elizabeth Miller
Anthony Yue Ting Ng, Wah Shan Ng &
Stephanie Sin Hang Ng
Peter Cai & Jacklyn Ma
Andrew E. Johns & Benjamin P. Flynn
Rory O'Brien
Richard J. Carriger
Zi Y. Li
Richard Myatt
Chandrashekhar & Usha Busannagari
Nancy J. Connolly
Robert J. & Sarah E. Murphy
Ilya & Tatyana Shtein

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\$609,000.00
\$650,000.00
\$578,000.00
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\$293,000.00
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\$360,000.00

ADDRESS

195 Sea Street
19 Keyes Street
87 Franklin Street, Unit 204
17 Ellis Street
27 Hilltop Street
25 Parker Street, Unit 25
98-100 Colby Road
26 Town Hill Street, Unit 26
27 Copeland Street
14 Eustis Street
200 Falls Boulevard, Unit A301
133 Cmdr. Shea Boulevard, Unit 205
100 Marina Drive, Unit 511
10 Preston Square, Unit 27
90 Quincy Shore Drive, Unit 319

Good Deeds: Women Of Norfolk County

By WILLIAM
O'DONNELL
Norfolk County
Register of Deeds

The month of March we take the time to recognize the impact and importance women have in our society with Women's History Month. All of us should be well aware of the importance of women to society, to the shaping of the country we all live in and in our history.

Norfolk County — which dates back to 1793 when Governor John Hancock, one of the signers of the Declaration of Independence, signed legislation establishing the county — has been the home to many

remarkable women. I would like to share with you some of the stories found as a result of researching records here at the Norfolk County Registry of Deeds.

Abigail Adams, the second First Lady of the United States, was born right here in Norfolk County. She was born in Weymouth in 1744. She married John Adams in 1764. She was President Adam's confidant and took an active role in politics and what was happening in the country. She was an abolitionist and believed in women's rights to education and for women to have power and decision over their own lives.

Abigail Adams's son

John Quincy Adams would become the sixth President of the United States. She is buried with her husband in Quincy.

Deborah Sampson lived in the Norfolk County town of Sharon. Born in 1760, she attempted to enlist as a man in an Army Unit. Although discovered and sent home Ms. Sampson later enlisted again and joined the 4th Massachusetts Regiment. She was wounded in battle fighting in the American Revolutionary War and received an honorable discharge.

A more modern warrior who I had the pleasure of meeting down at the Falmouth Road Race is American astronaut **Sunita Williams**. Sunita grew up and graduated high school in

Needham in 1983. She went on to graduate from the United States Naval Academy. She has had a lengthy and successful career with NASA and formerly performed the most spacewalks by a woman. Ms. Williams also completed the first marathon run in space. In 2017 the Needham School Committee voted to name the new elementary school the Sunita L. Williams Elementary School.

Speaking of Falmouth, **Katharine Lee Bates** was born there in 1857 but did you know she lived in Wellesley? Ms. Bates was a noted author whose inspiration for "America the Beautiful" was the beauty she saw atop Pike's Peak when hiking in Colorado. These words were later adapted to

a hymn that was the runner up in selecting the National Anthem.

Helen Keller was an advocate for the disabled and a suffragette. At a young age she contracted an illness that left her blind and deaf. When you think of Helen Keller you also think of her magnificent teacher and champion Anne Sullivan. Both of these great and strong women lived in the Norfolk County town of Wrentham. Helen Keller's autobiography "The Story of My Life" and later the movie "The Miracle Worker" give great insight into overcoming struggles, compassion and the brilliance of these two women.

Norfolk County is full of women who everyday make our communities a great place to live. For instance, **Dr. Helen P. Cleary** who joined the United States Marines in 1942 and retired as a Lieutenant Colonel became the first woman to be elect-

ed to the Town of Norfolk's Board of Selectman. This happened in 1965 and the journey of electing women to leadership positions continues today with the first woman Vice President of the United States, Kamala Harris.

Norfolk County has been the home to other inspiring and impactful women. **Harriet L. Hemenway** from Canton co-founded the Massachusetts Audubon Society in 1896. **Audie Cornish**, a journalist and National Public Radio news anchor, grew up in Randolph, Massachusetts. Norfolk County can claim entertainers from actress **Mindy Kaling** via Wellesley who also produced the show "The Office" to noted Broadway and film star in the 1960s and 70s **Lee Remick** who was born and lived in Quincy. The strength and grace of Needham's **Aly Raisman** to be an Olympian Captain

Cont'd On Page 18

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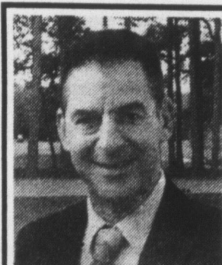
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All Residents Eligible For COVID Vaccine April 19

Cont'd From Page 1

hoped providing the timeline would ease residents' anxiety. He noted, however, that it could still take some time for residents to book an appointment after they become eligible.

"We all know that the anxiety that is created by this process can be stressful for many people and we hope that this clarity will help everybody plan ahead and know what to expect and when," the governor said.

"These dates are when people will become eligible and it will take time, obviously, for the vaccine to arrive here in Massachusetts

and for everyone in these groups to get appointments and to get vaccinated."

Baker said he had received promising news the previous day from the federal government about the number of doses the state is set to receive in the coming weeks, in particular the supply of the Johnson & Johnson vaccine. That vaccine, unlike two others cleared for use, requires a single shot and also has less stringent storage requirements.

"The projections that the feds put out on the call yesterday – especially with respect to J&J, which I have been talking about for a long time – were really encourag-

ing both for the very end of March and for the month of April," Baker said.

"As everybody knows, J&J is a single-dose vaccine, which means for all intents and purposes if you get a significant number of those, you can dose people once and be done whereas with Pfizer and Moderna it is a two-shot trip, which is just different with respect to capacity to deliver and the speed with which you can move it around."

The state is also receiving 170,000 first doses of the Moderna and Pfizer vaccines this week, Baker said, up from 150,000 earlier this

month. In addition, he said the federal government has roughly doubled the number of doses it is sending directly to pharmacies like CVS.

Baker has long said all residents would become eligible for the vaccine in April and President Joe Biden recently called upon governors to make everyone eligible to get their shots by May.

The increased supply from the federal government will allow the state to prioritize residents over the age of 60 and those over 55 ahead of the general public, Baker said. Previously, only those ages 65 and up were

prioritized.

"With assurances that the supply chain will continue to open up, we are taking an additional step to prioritize people who are 60 and over and people who are 55 and over," Baker said.

"There is a very strong and important correlation between COVID and age, and we believe adding these groups by age will help us vaccinate more of our most vulnerable population faster."

Baker encouraged all residents to preregister for an appointment at mass.gov/covidvaccine, regardless of when they are eligible to

book an appointment. Pre-registration is currently only available for state's seven mass vaccination sites – including Boston's Hynes Convention Center and Reggie Lewis Center – but it will expand to additional locations in April.

Appointments at more than 200 other locations can also be booked online using the state website and the site has a complete list of occupations now eligible for the vaccine and the list of qualifying medical conditions. Residents without internet access can call 2-1-1 and follow the prompts to schedule an appointment.

Short-Term Rental Rules OK'd On 8-1 Vote

Cont'd From Page 1

companies like Airbnb and Vrbo as well as those offered privately without a broker.

The ordinance prohibits short-term rentals within parts of the city zoned as Residence A, where only single-family homes are allowed by-right. It also makes residential units that are not the operators' primary residence ineligible to be rented on a short-term basis.

Ward 5 Charles Phelan Jr., a co-sponsor of the ordinance, said people have been purchasing houses in Residence A zoning districts to use them as short-term rentals, making it difficult for a family to move to

those neighborhoods.

"People are going into these homes, they are buying them when a family would probably come in and buy it, outbidding that family because they are going to use it for rental income," Phelan said. "That's something Residence A was never meant for."

Councillors had asked for a full listing of short-term rental units currently registered with the state to determine where in the city they are operating. Assistant City Solicitor Stephen Durkin said the state would only provide a list of streets with short-term rentals and not the complete address for those units.

Palmucci, who voted

against the regulations, said he supported most of what the ordinance was trying to accomplish but could not support limiting short-term rentals to owner-occupied units. He was concerned people would lose a source of income amid the pandemic – especially when councillors were unable to reach out to those owners or know where they are located.

"I can't support it with adding the owner-occupant requirement, because I think we are really hitting people in the pocketbook. I know people personally, not in this city, who have Airbnbs and, especially during the pandemic, a significant part of their income came from their short-term rentals,"

Palmucci said.

"I just think it is a real hard time for me to justify carte blanche just saying essentially no short-term rentals unless you are an owner-occupied house. I can't do it."

Phelan said units that are not owner-occupied in his ward are the ones that have proven problematic.

"Councillor Palmucci brought up some great points, but then I remind myself we're the ones who have the problems with them and they have all been non-owner occupied," Phelan said. "I know some of the other cities have done it...I think we have to at least try to put this in and see what comes out of it."

In addition to limiting who can offer a short-term rental, the ordinance also requires operators of short-term rentals to register with the city directly. The Inspectional Services Department will be responsible for maintaining the registry and also enforcing the rules of the ordinance. The department can assess fines of \$200 per day for offering an ineligible unit as a short-term rental. Violations of the ordinance or other city codes, such as noise violations, would be subject to a \$100 fine per day. The registration could be revoked for two violations within six months or three violations within 12 months.

As part of the registra-

tion process, the unit will be inspected the Inspectional Services Department, the Health Department and the Fire Department. Ward councillors and property owners within 300 feet will be also be notified as part of the process.

The ordinance takes effect 30 days after it is enacted.

Durkin suggested the city could use a three-pronged approach to reach out to operators and encourage them to register: a public education campaign, mailings to each street where a unit is registered with the state, and direct outreach to property owners if the city hears any concerns about a particular unit.

Perdios Wants To Be Voice For QPS Parents

Cont'd From Page 11

gram usually goes to Central and all of the kids would go to Central, but there is a screening process prior to the fifth graders going to Point. That didn't happen last year, because we were all remote, so all of the kids were let in and now there are too many kids to let into Central. The task force was kind of put together to kind of figure out the criteria they are going to use to determine which of those kids that are in the fifth grade APP program right now are going to go on to Central."

"The secondary goal," Perdios added, "is to figure out how we can do this different and bring advanced curriculum kind of down into our younger grades. These kids didn't just start getting smart when they hit fifth grade."

During the interview, Perdios said it is important for the schools to be responsive concerns about inclusiveness.

"Diversity is what we do best in Quincy – it really is – in our school system and in our city. If we're not addressing the needs of that

diverse community, then we're not doing something right," she said.

"I'm trying to stay focused on the school end of it where they have an EDI subcommittee. We had one meeting so far and I am excited to hear about what the

schools are doing at every level. There are introducing more diverse books. The hiring is going to take longer, but they are on it now, I think, so they are looking at adding more diverse staff.

"And, just being more supportive overall I think

and giving students a voice so they can feel they can say something if something is bothering them. At the EDI subcommittee, there were some students who spoke in the video...they were saying they have these flags in Quincy High in the

cafeteria – just do more all over the school. It's their school. They should feel at home, so their ideas should be important and they matter so we should be listening to them and taking our lead from them."



NEW QUINCY SCHOOL Committee member Courtney Perdios (right) with her husband, Steve (left) and their three daughters Casey (holding new puppy Loki), Hannah and Molly who all attend public schools in Quincy. "I'm not doing this just for my kids – I'm doing it for their kids," Courtney told the Sun about her desire to serve on the School Committee. "I'm doing it because I have the time and the voice to give to this and the passion for this. I am speaking for everyone – all the parents out there who maybe didn't feel like they had a voice before," she said.

Boy Scout Troop 42 Selling Easter Flowers

Boy Scout Troop 42 will be selling Easter Flowers differently this year due to COVID-19 restrictions.

The sale will be done virtually and pick up will be at Tower Automotive on 570 Adams St., Quincy on Saturday April 3 from 10 a.m. to 1 p.m.

To order flowers visit: <https://sites.google.com/site/troop42quincyma/> and click on the link for the flower sale.

Scouts will be selling Easter Lillies \$8 each; Daffodils \$8 each; Tulips \$8 each; and Hyacinths \$8 each.

The last day to order is Wednesday, March 31st.

Flower sales raise funds to support the Troop on monthly camp outs, supplies for weekly meetings, and provide funds for the youth from BSA Troop 42 to attend Summer Camp.

QHS Senior Supriti Karki Technical Student Of The Year

Cont'd From Page 1

"In this position, I created easy-to-understand videos about engineering and circuitry for younger students in hopes that they will pursue STEM in the future," Karki said.

During the committee meeting, she showed a video highlighting an app and machine she designed that reminds people when it is time to take their medication throughout the day.

Paul Tully, an engineering teacher at Quincy High, said Karki has a grade point average of 4.5 and is ranked 19th out of more than 400 students in her class.

"She is a pleasure to have in the class and adds to it — she makes it a better classroom," Tully said. "She does the best job she can do, all the time, and that's why I nominated her."

Supt. Kevin Mulvey called Karki a model student.

"Your resume is impres-

sive, your GPA is impressive, all your extracurricular activities are impressive," he said. "You are just a model student for us here in the Quincy Public Schools and I want to wish you the best of luck at Tufts as well."

Mayor Thomas Koch said he was impressed by Karki and the four other finalists for the award, who also appeared before the committee that evening.

"I'm just blown away tonight by our students — absolutely incredible stuff going on in our Quincy Public Schools," he said.

"We're proud of you, proud of our staff and teachers, and I'm sure your family is equally as proud," Koch told Karki.

Douglas Gutro said Karki has accomplished many things while attending Quincy High School.

"You have experience that many college students would envy already," he said. "In a short time, you

have really accomplished an extraordinary amount and I think your future is limitless. This is super quality stuff, so congratulations."

Courtney Perdios said she wanted to say "wow" out loud at several points during Karki's presentation.

"It's so impressive to have an entry-level position at an engineering firm as a sophomore and that experience you got," she said. "It reads like a resume of someone who has been in the field for a couple years now. The academics and the passion behind that is going to take you so far. I'm excited to see where your career takes you."

Kathryn Hubley said Karki is an inspiration for the district's younger students.

"Your resume is so fabulous, and you are so inspiring for the younger students we have coming up that are going to see you on here who are going to say, 'wow,'

I want to do that too," she said. "I hope that your STEM videos that you made for the younger students, maybe that can get seen by some of our Quincy Public Schools students — that would be fabulous."

Emily Lebo said the United States was fortunate that Karki and her family were able to move here from Nepal.

"When you said at the beginning that your family received a lottery to come to this country, we won the lottery when you came," she said. "This country won the lottery."

Frank Santoro said Karki and the four other finalists have made many people proud.

"You are a remarkable young lady. Just like the people who were in here before you, you have made a lot of people proud, especially this city," he said. "Thank you for accomplishments and I'm sure you will do well."

Paul Bregoli said Karki's future is limitless.

"I'm in awe of what you have accomplished already as an outgoing senior. Your future is limitless," he said. "You're just unbelievable, so congratulations."

In addition to Karki, the other four finalists for Career Vocational and Technical Education Student of the Year were: Benjamin Chin, a plumbing technology student at Quincy High; Matthew Kelly, a carpentry technology student at Quincy High; Mikayla Kennedy, a healthcare technology student at North Quincy High; and Stephanya Mendes, an early childhood education student at Quincy High.

"Supriti and our four finalists represent really what career vocational and technical education really is in Quincy," said Keith Segalla, the district's executive director of career and technical educational.

"We are so, so very proud."

To be eligible for the award, students must have a GPA of 3.5 or better and must also be a recipient of the John and Abigail Adams Scholarship, which is awarded by the state based on 10th grade MCAS scores. Students must also have work experience related to their chosen field, participate in extracurricular activities, and be involved in the community, Segalla said.

Career and technology instructors nominated students for the award and a screening panel picked eight semifinalists. The eight semifinalists were then interviewed by members of the Quincy School-Community Partnership, who determined the winner and the four runners up. During those interviews, the students were asked a number of questions related to their studies and also made a video presentation highlighting their skills in their chosen major.



BIOTECHNOLOGY DEPARTMENT from Quincy College had games to teach about DNA at the South Shore Science Festival. This year's festival - the seventh annual - will be virtual. Date is April 24.

7th S.S. Science Festival April 24

Keynote Speaker: Native Son Dr. Fred Calef, NASA 'Keeper of the Maps'

By KATHY HOGAN
Co-Chairperson
S.S. Science Festival

Mark your calendar. Save the date: Saturday, April 24, from 10 a.m. to 3 p.m.

What happens then? It's the South Shore Science Festival VII - virtual.

Seven years? Amazing! Yes, come hell or high water, pandemic or no pandemic, the people shall have their science festival. The folks at the South Shore Science Festival are hard at work to bring you what you love.

Co-chairperson Manuel Barroso says, "It's all about discovering the fun

in STEAM - Science, Technology, Engineering, Arts, and Math."

We'll be there on ZOOM. You can go to eventbrite.com or southshorescience.com to register.

What's in store for you? NASA's Fred Calef. Dr. Calef is the cartographer for the Mars project, and he has named two areas on a Mars crater for his hometown. His hometown is Quincy. On Mars there is a Quincy, Mars and Squantum, Mars! That must mean that Quincy, Mass. has a Sister City at Quincy, Mars!

What else? Here's a work-in-progress for the schedule:

- The theme for the morning, geared to kids up to 11 years, is Light and Colors and Trees, bringing you the science of light; a color-to-white light demonstration; a story about three oak trees; Quincy Tree Alliance/Quincy Climate Action Network; and more.

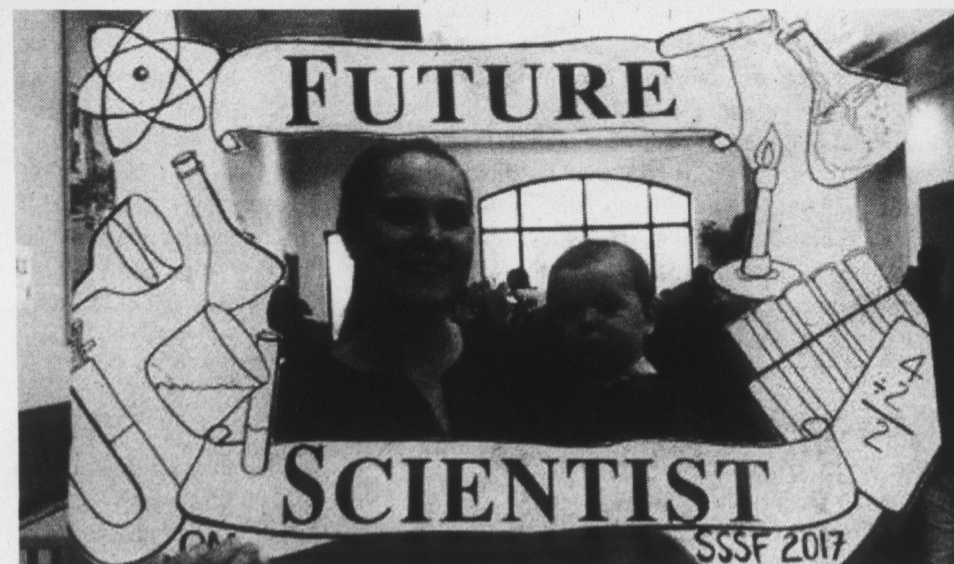
- Early afternoon geared to ages up to 16: Tinker and Create; Boston Scientific.

- Finally, ages 17 to adult: NASA's Fred Calef; find out why it's fun to study STEAM; and more.

Watch this space for more news as the festival continues to take shape. Go to southshorescience.com online for more information.



A SAMPLING OF tools of the trade at Gateway to Science: Sports and Games for various demonstrations and tricks. See more of this in our training videos on YouTube at South Shore Science.



Mom Tiffany D'Angelo and son Maxwell at the 2017 festival. At the age of 4 Max can now tell you something about gravity!



MARK DULLEA (photo right) of Nature's Quick-Dry explains how passing an electric current through a simple salt water solution can produce a disinfectant/sanitizer.

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Fire Destroys Springfield St. Home

By SCOTT JACKSON

A two-alarm fire completely destroyed a single-family home on Springfield Street in West Quincy one recent morning.

The Quincy Fire Department was called to the fire at 40 Springfield St. around 5:30 a.m. on March 13, Fire Chief Joseph Jackson said. The blaze was blowing out of every door in the home by the time the first crews arrived.

The family who had been living in the home — two

adults and three children — were able to make it out safely. No firefighters sustained injuries, Jackson said.

Springfield Street is located near Quarry Hills in West Quincy. Jackson said the topography in the area can make it difficult to get water on a fire and credited his firefighters for being able to do so.

"The guys did a really good job with the water supply there," he said, noting firefighters ran hoses from as far away as Furnace

Brook Parkway.

Firefighters were on scene for about two and a half hours March 13 and were able to stop the fire from spreading to nearby structures, despite high winds.

The house at 40 Springfield St. was a total loss and since been torn down. The house itself had an assessed value of \$858,900, according to the city's online records.

Jackson said an investigation by his department and state Fire Marshal's Office has determined the fire was caused by the careless disposal of smoking materials.

First Baptist Church Of Wollaston

First Baptist Church of Wollaston, 81 Prospect Ave., Quincy has online remote worship service and is open for the congregation for limited seats only.

Pastor David Choi will preach his sermon: "Hosanna!" (Mark 11:7-10); reader will be Tom Fagan.

Online dial-in/web meeting weekly schedule:

- Sunday, 10:30 a.m. Sunday Worship Service
- Wednesday, 6:30 p.m.

Norfolk Sheriff's Office Recognizes Cynthia Lewis As County Hero

The Norfolk County Sheriff's Office announces the first recipient of the department's "Norfolk County Heroes Award." Cynthia Lewis, director of the Houghs Neck Community Center in Quincy, has been recognized for her consistent care and commitment to isolated neighbors during the COVID-19 pandemic.

"Cynthia has gone above and beyond to make sure that everyone in her community has had access to good quality food and social opportunities," said Norfolk County Sheriff Patrick McDermott. "This is the kind



CYNTHIA LEWIS

of selflessness that the Norfolk County Heroes Award was designed to recognize, and I cannot think of a better inaugural recipient."

Lewis, who lives in Quincy and has served as the director of the Houghs Neck Community Center for 26 years, has made it a priority to make sure that her neighbors, especially seniors and those with children, have not been forgotten during the pandemic. Twice a week, she delivers food and groceries (including home cooked meals) to senior neighbors, which both provides necessary healthy foods and ensures that they get much-needed socialization. She has also

made and delivered craft and toy projects to neighbors with children, such as bird feeders, games, toys, and treats.

"I'm honored to have had the opportunity to help my neighbors for the last 26 years, especially seniors who are isolated and lonely," said Lewis. "We know that loneliness shortens life spans and places people at a greater risk for dementia. I encourage everyone to reach out to your neighbors, especially those who are elderly or alone. A little bit of compassion can have a huge impact."

Lewis will be presented with a citation from Sheriff McDermott at a ceremony to be held later because of COVID-19 precautions. She will also be featured on the Norfolk County Sheriff's Office website's Norfolk County Heroes page.

The Norfolk County Heroes program was created earlier this year to recognize acts of heroism, community building, and public service by residents of Norfolk County. To nominate someone for the Norfolk County Heroes Award, visit <https://www.norfolksheriff.com/norfolkcountyheroes>.

Bethany Congregational

Sunday, March 28, is Palm Sunday. The Bethany Congregational Church service will begin at 9:30 a.m.

Rev. Patrick McCorkle will preach, music will be provided by Paul Frazer as soloist. Church School will be in session this week. They are working on a skit to perform for Easter Sunday.

During Lent, join on Wednesday evenings for a pre-recorded Lenten Message by the pastor. Access this service through the church website below, and on YouTube.

For all events at Bethany Church, masks and social distancing are required. There is no group hymn

singing or food served. Masks and sanitizer are available. Areas in use are cleaned after every service.

If you would prefer to stay at home, the on-line service is available. Check the church website for instructions on how to watch.

Bethany Congregational Church is located at 18 Spear St., Quincy. The website is: bethanycongregational.org. Telephone number is: 617-479-7300.

Broad Horizons Preschool is open and accepting students both full and part-time. To inquire and/or fill out an application, go to the website at broadhorizonsbethany.com or call 617-471-0022.

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To our Jewish brothers and sisters,

"Now the blood shall be a sign for you on the houses where you are. And when I see the blood, I will pass over you; and the plague shall not be on you to destroy you when I strike the land of Egypt."

Exodus 12:13

Happy Passover

Mayor Thomas P. Koch
and Family

Remembering 2 Legends Who Visited Quincy: Dick Hoyt & Marvelous Marvin Hagler



DICK HOYT shared the inspirational story of his marathon/triathlon tandem with son Rick at the Quincy Lions Club luncheon March 5, 2015 at the Quincy Neighborhood Club. The slide at the upper left shows Dick and Rick competing in their first Boston Marathon in 1981. Over the past 35 years, the pair have completed more than 1,100 races and marathons while spreading the message of "Yes You Can." Dick Hoyt passed away March 17 at the age of 80.



QUINCY LIONS CLUB Second Vice President Amy Huber presents a club banner to Dick Hoyt after speaking at a club luncheon March 5, 2015 at the Quincy Neighborhood Club. Hoyt also received a small Lions statue as a token of appreciation from the club.

Quincy Sun Photos/Robert Bosworth



MARATHONER AND TRIATHLETE Dick Hoyt (second from left) is greeted by Quincy Lions at a luncheon March 5, 2015 at the Quincy Neighborhood Club. From left: Club Co-President Michelle Lydon, member Sam Rounseville and Club Co-President Charles Phelan. Dick Hoyt and his son, Rick - who was born with cerebral palsy - completed more than 1,100 races and marathons since competing in their first road race in 1977. Both have written books about their inspirational story.

Quincy Sun Photos/Robert Bosworth



DICK HOYT SPEAKS to the Quincy Lions Club at a luncheon March 5, 2015. He told club members that while they believed their son's first words would be either "hi mom" or "hi dad," Rick Hoyt surprised his parents when he communicated "Go Bruins" using a special computer for the first time. Dick Hoyt passed away at the age of 80 on March 17.

ANOTHER LEGEND who recently passed away was Marvelous Marvin Hagler, the former world middle-weight boxing champion. Marvelous Marvin (fifth from right in photo) visited Quincy in April of 1984 as a guest and keynote speaker at the Montclair Men's Club. He was presented the annual John B. Gillooly Memorial Award at the club's awards banquet that spring. Shown in this photo are (left to right) Charlie Ross of radio station WJDA; state Sen. Paul Harold, Tommy McCarthy, press steward for the Red Sox, Celtics and Bruins; Quincy Sun Publisher Henry Bosworth; Hagler; club president and toastmaster Stanley Kovalski, Goody Petronelik, Hagler's trainer; Eddie Germano, Brockton Enterprise cartoonist; and dinner chairman Joe Gildea. The Montclair Men's Club presented Hagler with two checks for his scholarship fund at Massachusetts Community College. Hagler died March 13 at the age of 66.

Quincy Sun Photo/
Jonathan Burak



Thursday, May 3, 1984 Quincy Sun Page 25

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Post Winter, Early Season Care Tips For Your Lawn

By **MELINDA MYERS**

As winter gives way to spring take a walk around the yard. Check the lawn for damage and provide a bit of early season care to help it recover from winter.

Use a leaf rake to lightly lift and separate the matted grass blades. This helps speed drying, increase airflow, and reduce the risk of pink and gray snow mold developing and damaging your lawn.

These fungal diseases are most common when heavy snowfalls or ice covers non-frozen turf or after late winter snowstorms. The damage is usually seen where snow lingers late in the season.

Symptoms appear as circular areas of matted brown grass. You may even see a gray or pink cobweb-like growth over these areas. Fortunately, lawns eventually recover. Reduce the risk of future problems with proper timing of lawn fertilization.

Remove any leaves or debris that ended up on the lawn. Large leaves on the grass capture moisture and prevent sunlight from reaching the plants below. Use leaves you collect as mulch in the garden or add to the compost pile.

Look for vole trails in the lawn. These small rodents travel beneath the snow and over the grass in search of food all winter long. Their travels create trails of bare or dead grass. The surrounding grass will eventually fill in the damaged areas. Speed recovery by sprinkling grass seed over the trails. Just mix a handful of grass seed in a mop bucket of topsoil to make a lawn patch. Sprinkle the mixture in the trails, gently tamp and water.

Check areas along walks, drives and the street for deicing salt damage. Even if you don't apply deicing salts, passing cars can spray it onto your lawn. Your car also brings home salt as it travels along salted roadways, depositing salty snow onto the drive.

Make sure these areas receive sufficient water this spring. Regular spring showers often do the job. Thoroughly water these areas during dry springtime weather to help wash the salt past the grass roots into the soil below. Consider shoveling first and using plant-friendly deicing salts in the future. This will reduce the need for deicing salts and reduce the time and money spent repairing salt-damaged plants.

Use this time to sharpen your mower blades. Using sharp blades to cut the grass results in a healthier and better-looking lawn. The clean cut made by a sharp blade closes quickly, reducing the risk of disease problems. Sharp blades also save time as you can cut the grass more efficiently. And speaking of savings, your mower will consume 22% less fuel and the lawn will use up to 30% less water when using sharp blades.

Soon it will be time to mow the lawn. Mow high and often, leaving grass clippings on the lawn to add organic matter, moisture, and nutrients to the soil. Always sweep clippings off walks and the drive to keep this valuable organic matter out of waterways.

Take care of winter damage now before the even busier garden season begins. Investing time now helps improve your lawn's health and beauty, allowing you more time to enjoy the summer.

Melinda Myers has written more than 20 gardening books, including Small Space Gardening. She hosts The Great Courses "How to Grow Anything" DVD series and the nationally-syndicated Melinda's Gar-

den Moment TV & radio columnist and contributing magazine. Her website is program. Myers is also a editor for Birds & Blooms www.MelindaMyers.com.

History Of The Bra In America Online Program March 29

The public is welcome to join Ehris Urban and Velya Jancz-Urban of Grounded Goodwife for an uplifting look at the history of the bra in America. This program - "Booby-Trapped: The Bra in America" - will be happening online at 7 p.m. Monday, March 29. This program will only be viewable live and will not be archived on the Thomas Crane Public Library's social media.

In a 2014 survey of 3,000 women, 92 percent rated their bra, "An enemy. I wish I had never met her."

Before the bra was invented, corsets lifted breasts to artificial heights - but they pushed from below instead of lifting from above. In 1913, using two pocket handkerchiefs and some pink ribbon, socialite Mary Phelps Jacob created the "backless brassiere," and became the first patent recipient for the modern bra.

Join on Zoom (meeting ID 845 8490 1315). Using the free Zoom app is rec-



VELYA JANCZ-URBAN (left) and **Ehris Urban** (right) will discuss the history of the bra in America online Monday, March 29 at 7 p.m. Photo Courtesy Crane Public Library

ommended. You can call (646) 558-8656 and use the same meeting ID to listen to the audio. You may also view the program live on the Crane Public Library's

YouTube channel and on its Facebook page.

This program is sponsored by the Friends of the Thomas Crane Public Library.



SNOW MOLD APPEARS as circular areas of matted brown grass sometimes found with gray or pink cobweb-like growth over these areas. Photo Courtesy MelindaMyers.com

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**Quincy Point
Congregational Church**
United Church of Christ
444 Washington Street

HOLY WEEK WORSHIP SERVICES

Maundy Thursday April 1 - 7:00 pm:
Bring a candle to this online service of remembrance and ponder Jesus's love for you.

Good Friday April 2 - 12 noon and 7 pm:
A virtual service with the Quincy Interchurch Council leaders on QATV-Channel 8. A time of word, prayer, and song as we again remember what Jesus did for us on the cross.

Easter Sunday April 4 - 6:00 am Sunrise Service
At Wollaston Beach across from the Clam Box with Rev. Kimberly Murphy of QPCC and Rev. Liz Williams, Wollaston, UCC.

Easter online service at 10:00 am
In-person outdoor worship at 10:00 am weather permitting

617-773-6424

Quincypointcong.org

We Must Work Together To End Anti-Asian Hate, Violence

A Message From DOVE, Inc.: D^Omestic Violence Ended

By SUE CHANDLER
Executive Director
DOVE, Inc.

DOVE shares in the outrage and grief over the murder of eight people at three spas in Atlanta, of whom six were of Asian descent and seven were women. We stand in solidarity with our Asian and Asian American Pacific Islander (AAPI) neighbors and community members, community groups, churches, temples, and communities of faith, businesses, health and social service providers, and the families and allies of the victims of these horrific crimes.

The lives of Delaina Ashley Yaun, Xiaojie Tan, Daoyou Feng, Paul Andre Michels, Julie Park, Hyun-Jeong Park Grant, and two others whose names have not yet been shared, matter. Learn more about them here.

Political rhetoric over the past year has scapegoated the AAPI community as cause for the pandemic, and has fueled racist, sexist, and anti-Asian hatred. AAPI women have sounded the alarm, reporting two-thirds of the 3,795 accounts of es-

calating levels of violence, discrimination, and harassment tracked by Stop AAPI Hate between March 2020 and February 2021. Hate incidents against AAPI community members increased nearly 150 percent over the prior year.

The responses of public officials have minimized, if not completely dismissed, the severity of the incident, reflected deep white supremacist attitudes, and sought to blame AAPI women – in this incident and more generally by implication – for their own victimization.

Connie Wun, co-founder of the research and advocacy group AAPI Women Lead, said it was important to be even more specific about who was targeted in Atlanta: Asian women whose association with spas make them vulnerable to both systemic and interpersonal abuse. At the intersection of racism and sexism, AAPI women, femmes, and trans people bear the brunt of these systems of oppression. Many workers in lower wage service positions, including women in spas and massage parlors, are perceived to be

sex workers. Our cultures routinely denigrate people engaged in the sex trades. In addition, our cultures routinely sexualize, fetishize, and exoticize AAPI women. The collision of these two things puts AAPI women, femmes, and trans people of all genders at extraordinary structural risk for violence and abuse, including murder.

We see the impacts of racialized misogyny in our own field of domestic violence services and prevention. “Dehumanization creates a climate that makes violence excusable,” states the National Network to End Domestic Violence. “Forty-one to 61 percent of Asian women report experiencing physical and/or sexual violence by an intimate partner during their lifetime. This is significantly higher than any other ethnic group.”

The recent public hearings in Quincy regarding the possibility of the City establishing a Department on Social Justice and Equity are a local testament to the harassment and violence noted in Stop AAPI Hate’s report. At the hearing, numerous AAPI community

citizens shared deeply painful experiences of verbal harassment, racial slurs, shunning, and discrimination – their own experiences, or those of others who didn’t feel safe to speak publicly – leaving those affected feeling vulnerable and isolated. Many people in attendance spoke to the need for intervention. DOVE’s own staff of Asian descent have been told to “go back where you came from” in the line of providing services to our community.

As noted by Asian Americans Advancing Justice-Atlanta in their statement decrying this violence, “At a time where we could be building bridges of understanding and support, white supremacy continues to diminish our already fractured society.” We agree. In spite of many assets available in our great Quincy community, there’s more we can do, proactively in response to incidents locally and nationally, to support cross-racial dialogue and community-building and ensure a diverse, vibrant, safe, welcoming, and affirming community for all.

DOVE condemns rhetoric,

racism, and violence against our AAPI community and all of our community members. Violence against any community hurts all of us. We are committed to standing alongside and taking leadership from our AAPI community members and partners in the greater Quincy area and beyond. We will continue striving to provide culturally appropriate and responsive services to AAPI survivors of domestic and partner abuse, including trafficking. We will continue to strengthen our partnerships with Asian-owned businesses, health care and social service providers, faith communities, and community members. DOVE Board member Olivia Moorehead-Slaughter notes, “As we stand in solidarity with the AAPI community, may we look, listen, and act to ‘be the change’ that is so desperately needed to end these acts of violence and hate.”

We urge our state and local leaders at all levels, as well as other community members, to join us in learning more and taking meaningful and sustained action. There are some community forums next week as a starting point, and additional options and resources listed on

DOVE’s full statement on our website www.dovema.org.

Quincy Asian Resources (QARI) hosted a Community Forum on Anti-Asian Racism Tuesday, March 23.

The Massachusetts State Asian American Commission will host a Massachusetts Town Hall on Anti-Asian Racism Thursday, March 25 at 6 p.m. To join, visit their website.

Respectfully,

Sue Chandler
Executive Director,
DOVE, Inc.

DOVE offers a comprehensive range of services provided in a safe and comfortable environment, designed to increase safety, promote healing, and expand knowledge and resources for those we serve. DOVE Advocates, Attorneys, and Educators are knowledgeable and skilled in working with survivors on issues related to dating abuse and domestic violence. DOVE staff strive to deliver services in a survivor-centered approach with the understanding that each survivor is an individual and all decisions are deeply personal. To learn more, visit DOVE’s website: www.dovema.org

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59 Students On Honor Roll At Quincy Catholic Academy

Quincy Catholic Academy lists 59 students on its second term honor roll.

They are:

HIGH HONORS

Grade 6: Jerome Jiang, Elizabeth Kelly, Julia Kulakowska, Alex Lowery, Laura Tran and Kayla Trinh.

Grade 7: Naol Adugna, Jayde Awudo, Eleanor Bergein, Madeline Chiu, Cattien Huynh, Danny Huynh, Briana Li, Patrick McDermott, Harper Mergel, Katy Trinh, Connor Whitney, Tyler Zhang and Andrea Zhao.

Grade 8: Madhu Giridhar and Francesca Luy.

HONORS

Grade 6: Natalie Altayr, Joaquin Barros, Nicholas Dupuis, Noel Fernandez, Mikayla Gooden, Tyler Olivero, Fiona Poschman and Emiliana Zamora.

Grade 7: Elena Altayr, Catherine Belur, Madison Cortez, Logan Dinh, Liam Ford, James Geraghty, Buun Hang, Leanna Ji, Robert Le and Danny Wilton.

Grade 8: Chloe Chu,

Austin Kwan, Tyler Mergel, Keila Pierre, Ian Ronan, Xavien Suero and Brandon Wu.

PRINCIPAL'S LIST

Grade 6: McKenzie Sullivan, Eseosa Eweka, Sheldon Catin, Jacob Lin and Jocelyn Felina.

Grade 7: Isabel Keyworth, Isaac Paul, Shawn Pierre, Daniel Tatem and Chloe Vo.

Grade 8: Tina Huynh, Ryan Pham and Collin Waldron.

Alexander Bui On Regis College Dean's List

Alexander Bui of Quincy is on the Dean's List for the fall semester at Regis Col-

lege in Weston.

Bui is a member of the Class of 2021.

Good Deeds: Women Of Norfolk County

Cont'd From Page 12

and to win numerous Olympic medals is inspirational enough. Yet Ms. Raisman's bravery and eloquence speaking out as a survivor to stop sexual abuse which led her to be a recipient of the Arthur Ashe Courage Award should be a shining example to all of us.

It is great to recognize and be mindful of the women in our society and all that they have accomplished. Let us take a moment to thank all women who have had impacts in our communities and in our lives. Our lives, our communities, our country and our country would not be what it is without all of you.

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Mayor Forms Commission On Equity, Diversity, Inclusion

Cont'd From Page 1

"For more than a century and a half, Quincy has been a city where immigrants from around the world have settled," Koch said. "We are a melting pot of different national origins, ethnicities, religions, races, and languages. It's important that we regularly self-assess our performance to ensure that we continue to meet the evolving needs of all the people whom we serve."

The committee will be tasked with investigating particular areas of importance and making recommendations for how the city can best serve its entire population. Koch will request that the committee conduct their work through the spring and summer and have recommendations available for implementation no later than this fall.

Added Koch:

"Quincy's greatest asset is its people, whether they be lifetime Quincy residents, first-generation Americans, or anywhere in between. Our schools benefit greatly from our diversity as students absorb different cultures, traditions, perspectives, and experiences as part of their own education inside and out of the classroom. Our business community also benefits greatly from the entrepreneurial spirit of many of our first-

generation Americans. We want to make sure Quincy remains a welcoming community to people from around the globe."

Quincy's diverse population includes 41 percent of the population that identifies as either Asian, Black, Native, Hispanic, or multi-racial. More than 60 percent of the Quincy Public School students identify as an ethnicity other than "white" according to QPS and DESE data, making Quincy a State-recognized "majority-minority" district.

Statistics show that 38 percent of households in Quincy have a language other than English spoken in the home. More than 33 percent of Quincy residents were born in another country, which is more than double the state average and one-and-a-half times higher than the greater Boston/Cambridge Metro Area.

"My goal for this Mayoral Commission is not just to make meaningful improvements in how we serve the public but to also send a message that all residents are valued in our community," Koch said. "I think we do a decent job with that now but we can always improve. I want to thank the folks that volunteered to serve on this important commission and I look forward to their recommendations."

Quincy Point Church

March 28 is Palm Sunday and online worship is at 10 a.m. on the Quincy Point Congregational Church YouTube channel.

The Lenten Series called "Holy Vessels" continues this week. The theme this week is "Holy, Wholly" and the topic is about Integrated health of the whole and forgiveness.

Church School for all airs at 9:15 a.m. on the Quincy Point Congregational Church YouTube channel every Sunday. This week we learn about, as Jesus entered the road to Jerusalem and the people shouted "Hosanna!" waving palm branches and placing them on the road.

There will be an Easter Collection of personal care items for homeless youth in Quincy serviced via the McKinney-Vento program of Quincy Public Schools.

Gasoline Price Up One Cent From Last Week

Massachusetts's average gas price is up one cent from last week (\$2.75), averaging \$2.76 per gallon. Monday's price is 20 cents higher than a month ago (\$2.56), and 53 cents higher than March 22, 2020 (\$2.23). Massachu-

setts's average gas price is 12 cents lower than the national average.

"A dip in demand along with a simultaneous increase in supply and refinery utilization has contributed to slower movement in gas price increases," said

Gregory L. Riley, 87

A funeral Mass for Gregory L. Riley, age 87, of Braintree, was celebrated Tuesday at Divine Mercy Parish in Sacred Heart Church, Quincy.

Mr. Riley died peacefully, with family at his side, March 20.

He was born in Quincy, to the late Daniel and Margaret (Countie) Riley. Raised and educated in North Quincy, he was a graduate of North Quincy High School, Class of 1950. He lived in Braintree for over fifty-five years.

Mr. Riley was proud to have served as a staff sergeant in the U.S. Air Force during the Korean conflict. He was assigned to the 26th Aviation Depot Squadron and was awarded the National Defense Service Medal and Good Conduct Medal.

Following his time in the service, Mr. Riley attended



GREGORY L. RILEY

Northeastern University and graduated in the class of 1963. He worked as an electrical engineer for over forty years. Gregory was employed at the former EG & G, currently PerkinElmer, then at Foster Miller, Johnson Controls, and retired from EH and E.

Mr. Riley was happiest when surrounded by family. He loved family parties, especially birthdays, mostly because of the cake. Mr. Ri-

OBITUARIES

ley had a passion for music and was often heard singing around the house. He had an Irish tenor voice and sang in the church choir as well as at many weddings. He also enjoyed being outside whether working in his yard creating beautiful flower gardens or watching his grandkids swim in the pool.

Beloved husband for fifty-eight years of Marilyn A. (Wuerth) Riley. Devoted father of his favorite son, Gregory L. Riley, Jr. and his wife Lynn of Cumberland, R.I., his favorite son, Damon B. Riley and his wife Michelle of Derwood, Md., his favorite daughter, Cristin R. Surette and her husband Brian, his favorite daughter Jayne R. Kenny and her husband Sean, and his favorite daughter, Kathleen E.

Riley, all of Braintree. Loving grandfather of Gregory, Lauren, Jack, Anna, Caroline, Owen, Daniel, Eva, Meghan, and Terence.

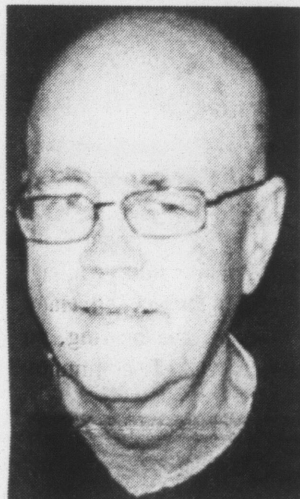
One of seven siblings, he was the dear brother of Judith Lyons of Whitman, and was predeceased by Virginia DiTullio, Joanne Stokinger, John, Daniel, and Joseph Riley. Gregory is also survived by many nieces, nephews, and their families.

Interment, with military honors, at Blue Hill Cemetery, Braintree.

Memorial donations may be made to the American Diabetes Association, 260 Cochituate Road, #200, Framingham, MA 01701.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Robert C. Lincoln, Jr., 71



ROBERT C. LINCOLN, JR.

an amazing cook. He delighted in preparing meals at the homes of friends and family, arriving with shopping bags of ingredients and exotic spices, hours later producing an amazing multi-course gourmet meal.

As the eldest of 8 children, Mr. Lincoln was

Robert C. "Bobby" Lincoln, Jr., 71, formerly of Quincy, Boston and Hingham, died March 11 following a lengthy illness.

Born in New Brunswick, NJ, he was the son of Robert C. Lincoln of Hingham and the late Catherine (Brennan) Lincoln. Mr. Lincoln graduated Hingham High School and earned his bachelor's degree from Columbia University.

For 38 years, he was employed at Mass General Hospital's inpatient psychiatric service (Blake 11), a job he held with much pride and dedication.

Outside of work, Mr. Lincoln was a gentle man of many talents. He enjoyed playing piano, gardening and was a painter who shared many gifts with family and friends. Mr. Lincoln will also be remembered as

known as the keeper of family history and memories, frequently consulted to clarify details of childhood and family events. He often told his stories with a hint of humor, sharp wit and sarcasm, punctuated with his famous raised eyebrow for effect. Mr. Lincoln was much loved by his large extended family and dear friends, notably his close childhood friend Margaret Keenan of PA.

He is survived by his father, Robert Lincoln, and his siblings, Richard Lincoln and his wife Denise of Hingham, Patti Lincoln and her partner Dan of Plymouth, Tom Lincoln and his wife Susan of Hingham, Mark Lincoln and his wife Eileen of Plymouth, Susan Lincoln and her partner Jen of Bedford, Molly Stone and her husband Ellery of Hing-

ham and Michael Brennan Lincoln and his wife Rosie of Charlestown, aunts Anne Gaddis, Mary Ellen Connolly and Margaret Rose Blaha all of New Jersey, as well as 18 nieces and nephews, 9 grand nieces and nephews and many cousins.

Due to the COVID-19 pandemic, a celebration of life will be held at a later date.

Memorial donations may be made to Community Servings, an organization that prepares and delivers meals to individuals living with critical and chronic illnesses, at Community Servings, 179 Amory St., Jamaica Plain, MA 02130 or servings.org/donate.

Funeral arrangements were made by Bedford Funeral Home, Bedford.

MassEquality Partnering With Quincy Pride For A South Shore Town Hall

MassEquality is partnering with Quincy Pride for a South Shore Town Hall to explore the needs of the local LGBTQ+ population and amplify the work of local activists and organizations.

This forum, part of a statewide series, will center the work of local LGBTQ+ activists and organizations, while allowing Quincy Pride and MassEquality to listen and learn from the lived experiences of LGBTQ and Allies people in the South Shore.

While legal equality has been largely achieved, the lived experiences of LGBTQ+ people across the Commonwealth are far from equal. There is an even greater gap between legal equality and lived equality for Black, Indigenous, and People of Color (BIPOC), Trans and gender non-conforming (GNC) individuals in the community.

Partnering with Quincy Pride for its first South Shore Town Hall will be DOVE, PFLAG, Quincy Asian Resource, Quincy Family Resource Center, and Quincy LGBTQ Commission.

"We are proud to co-host our first of many town halls with MassEquality," said Sheika Babin, chair of Quincy Pride. "We encourage members of the LGBTQ community to attend

and share their perspective on how Quincy Pride can be an even better resource for folks across the South Shore."

"MassEquality seeks to ensure that all 351 cities and towns in Massachusetts are equally welcoming to and safe for members of the LGBTQ+ community regardless of their racial identity, age, gender identity, or ability level. Meeting with members of the community across the Commonwealth will allow us to do a better job of fighting for equality and meeting the needs of the community" said Tanya Neslusan, executive director of MassEquality.

The town hall in the South Shore is designed to:

- Introduce MassEquality to the South Shore LGBTQ+ community.
- Provide the South Shore

LGBTQ+ community a safe space to share their realities and experiences.

- Inform the South Shore LGBTQ+ community about available statewide resources.

- Identify the unique needs of the South Shore LGBTQ+ community.

- Take input on programming for the 2021 Quincy Pride.

MassEquality seeks to:

- Identify existing resources available in South Shore.

- Target and direct statewide resources that can benefit the South Shore.

- Represent the South Shore LGBTQ+ community's voice on Beacon Hill and beyond.

This event is free and open to the public. To register, go to [HTTP://BIT.LY/MEQSOUTHSHORE](http://BIT.LY/MEQSOUTHSHORE)

QPS Nutrition Department Honored As COVID Heroes

Cont'd From Page 4

Liang said the recognition for the nutrition department could not be timelier, noting a 9-year-old New Jersey girl whose mother had lost her job recently made national

news after telling her Zoom class that she was starving.

"It's heartbreaking," Liang said. "For all of us on the City Council and my colleagues on the School Committee, we think

about...what can we do to make sure that doesn't happen here, and we need to just look at the superintendent, Sara and Jane and the work you are already doing to make sure it doesn't hap-

pen."

"It's such a herculean effort and I just want to thank all of you for your work," Liang added.

Supt. Kevin Mulvey said he could not be prouder of

the work done by Dufour and Minton amid the pandemic.

"We can't be prouder of both of them and all the efforts they have done on behalf of QPS, our students and families," he said, also thanking the district's food service employees for their work over the past year.

Dufour thanked the councillors for their recognition and said the district will continue to offer free meals through August.

"We could never have predicted what COVID would be like at this stage back in March when we knew the schools were shutting down, so we just started doing the little things we could to make sure the children and the community still had food access and just built upon that day to day, week to week and eventually month to month," Dufour said.

four said.

"We're proud to say we are going to continue serving both students in school and remotely through August - that's what has been approved by the Department of Ed. and also the USDA - so we will continue doing what we are doing.

"We love what we do, and we have really worked hard this year, so we are thankful."

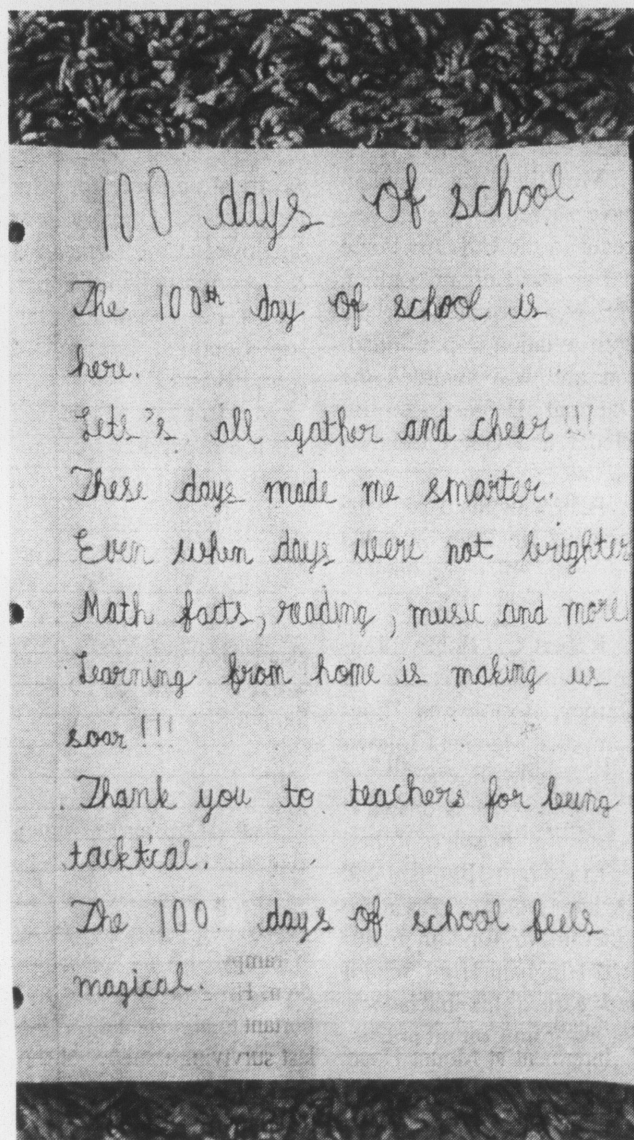
Minton said the past year has been difficult, but she and Dufour have amazing people working with them.

"It has been so amazing working with Sara, getting all the support from residents of Quincy, but also our employees underneath us," Minton said. "It has been a very difficult year, but we have had some really amazing people working for us and with us."

100 Days Of School: A Poem By Aditi Mishra



POEM AUTHOR - Aditi Mishra, age 6, recently wrote a poem on the occasion of the 100th day of school. Aditi is an active book reader and story writer. Her mom, Kavita Mishra sent us the poem and a photo of Aditi to share with Quincy Sun readers. A copy of the handwritten poem appears at the right.



Evangelical Clergy Assn. Easter Sunrise Service Wollaston Beach April 4

The public is invited to attend the annual Easter Sunrise Service to be held Easter Sunday morning, April 4th at 6:30 a.m.

This brief and inspirational service is sponsored by the Evangelical Clergy

Association and will take place between the Squantum and Wollaston Yacht Clubs on Wollaston Beach.

A number of area clergy and the Salvation Army Band will participate.

First	Last	GEN	event	Performance	COMMENTS
Grace	Cody	F	1000m	3:46.4	PR
Juliana	DiBlasi	F	1000m	4:28.8	PR
Brian	Gutro	M	300m	38.4	First run
Sofija	Sleszas	F	300m	44.4	PR
Manejo	Ajavon	F	300m	49.2	
Kelsey	Duong	F	300m	56.7	First run
Kimberly	Le	F	300m	51.5	PR
Anna	Zheng	F	300m	58.5	PR
Piper	Henderson	F	300m	53.3	
Lauren	Manning	F	300m	52.5	
Brooklyn	Rizzo	F	300m	53.7	
Celia	Cronin	F	300m	53.3	
Jiahan	Lin	F	300m	59.9	
Jaimie	Sansouci	F	300m	1:07.4	
Avery	Abrahamovich	F	300m	57.5	First run
Melanie	Chretien	F	4x200	1:59.7/29.1	Team PR
Victoria	Rak	F	4x200	29.4	
Brianna	Alvarado	F	4x200	31.1	
Sofija	Slezas	F	4x200	29.5	
Sofija	Slezas	F	55Dash	7.4	
Jaimie	Sansouci	F	55Dash	9.2	PR
Anna	Zheng	F	55Dash	10.1	
Manejo	Ajavon	F	55Dash	7.8	PR
Eileen	Durgin	F	55Dash	8	First Run
Kathy	Duong	F	55Dash	8.7	PR
Piper	Henderson	F	55Dash	8.3	PR
Jiahan	Lin	F	55Dash	8.9	
Celia	Cronin	F	55Dash	8.5	
Avery	Abrahamovich	F	55Dash	8.7	
Brooklyn	Rizzo	F	55Dash	8.3	PR
Victoria	Rak	F	55Dash	7.5	PR
Kiera	Sleiman	F	55Dash	7.8	First run
Kimberly	Le	F	55Dash	8.4	
Kiera	Sleiman	F	55HH	9.3	
Sorcha	Quinn	F	55HH	10.3	PR
Eileen	Durgin	F	55HH	10.5	
Alex	Abrahamovich	F	55HH	11.2	PR
Zoe	Rakarich	F	55HH	11.6	First Run
Kat	Shaughnessy	F	55HH	12.1	PR

Emma	Lyons	F	600m	1:57.8	First Run
Jennie	Burgess	F	600m	2:00.1	PR
Ciara	Golden	F	600m	2:06.7	First Run
Mollie	Smith-Gaeta	F	HJ	4'04"	PR
Natalia	Kepczanski	F	HJ	4'08"	PR
Catherine	Brown	F	HJ	4'10"	PR
Kylie	Driscoll	F	HJ	NH	
Brianna	Alvarado	F	LJ	13'04.5"	
Melanie	Chretien	F	LJ	13'05"	
Victoria	Rak	F	LJ	14'03"	
Kiera	Sleiman	F	LJ	15'00.5"	PR
Aluna	Coogan-Coyne	F	Mile	5:52.2	PR
Mollie	Nelson	F	Mile	6:13.7	PR
Lezly	Acevedo	F	Mile	6:00.5	First Run
Victoria	Mariano	F	Mile	6:18.6	PR
Kelsey	Duong	F	SP	22'01"	
Pilar	Brown	F	SP	26'07"	
Niamh	Mwafurwa	F	SP	27'08"	
Matthew	Francouer	M	1000m	2:53.3	First Run
Thomas	O'Neil	M	1000m	3:16.9	PR
Jack	Nelson	M	300m	39.6	First Run
John	Alessandro	M	300m	40.3	
Oisin	Coogan-Coyne	M	300m	42.1	First Run
Charlie	Codner	M	300m	42.6	PR
Sam	Hurley	M	300m	43.3	PR
Huy	Ho	M	300m	44.2	PR
Alex	Stankov	M	300m	44.6	
Liam	Cody	M	300m	45.3	First Run
Matt	Francouer	M	4x200	1:43.5	Season PR
John	Alessandro	M	4x200		
Ben	Dawe	M	4x200		
Matt	Wong	M	4x200		
Matt	Wong	M	55Dash	6.6	PR
Alex	Stankov	M	55Dash	7.6	
Sam	Hurley	M	55Dash	7.9	
Sai	Kuchulakenti	M	55Dash	7.9	PR
Trevor	Mangino	M	55Dash	8.2	
Jeanior	Alexis	M	55Dash	8.9	
Jonathan	Bina	M	55HH	9.1	PR
Bobby	Donovan	M	55HH	9.5	PR
Ammar	Chunda	M	55HH	10.5	

Q/NQ Track Results

March 17 & March 20

All Meets Are Run Jamboree Style

Rankings Only (No Team Scores)

Officials were Paul Manganello, Wayne Henderson, Tom Meagher and Jack Sullivan of the Mass Track Officials Association.

PR = Personal record for this season.

First run = first time this season competing this event.

Nick	Bina-Rodriguez	M	55HH	12.7	
Ben	Dawe	M	600m	1:43.9	
Bobby	Donovan	M	600m	1:47.7	
Jonathan	Bina	M	600m	1:50.6	First Run
Patrick	Lee	M	600m	1:55.3	First Run
Sophie	Cerone	M	600m	2:08.3	First Run
Jonathan	Bina	M	HJ	4'08"	PR
Matt	Wong	M	LJ	16'07"	
John	Alessandro	M	LJ	19'06.5"	PR
Robert	Cannon	M	Mile	5:00.8	PR
QuangVinh	Tran	M	Mile	5:23.3	First Run
Kyle	Clements	M	Mile	5:31.8	
Jeanior	Alexis	M	SP	23'04"	
Charlie	Codner	M	SP	32'00"	
Ahmad	Powell	M	SP	40'00.5"	First Run
Jack	Nelson	M	SP	26'03"	First Run

Quincy Football Plays

Saturday, No Game For NQ

The Quincy varsity football team was scheduled to take on Hanover this Saturday, March 27 at 5 p.m. at Veterans' Memorial Stadium.

North Quincy varsity football team will not play this week due to COVID protocol. The Raiders had been scheduled to play

Plymouth South on Friday.

The Quincy game against Plymouth South March 19 was postponed.

NQ had been scheduled to play Pembroke March 19 but that game was also postponed. Instead, the Raiders played Wayland High School March 20 and lost on the road, 20-0.

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Marilyn F. Guilfoyle, 77

A funeral Mass for Marilyn F. (Kenney) Guilfoyle, age 77, of Plymouth, formerly of Weymouth and Braintree, was celebrated Wednesday in St. John the Baptist Church, Quincy.

Mrs. Guilfoyle died peacefully March 19 at Laurelwood at The Pinehills.

She was born in Boston, to the late Thomas E. and Rose A. (Giglio) Kenney. Raised and educated in Quincy, she was a graduate of Archbishop Williams High School, Class of 1961, and Mount Saint Mary of the Hills College in Hookset, NH, Class of 1965.

Mrs. Guilfoyle had lived in Plymouth for the past three years, previously in Weymouth for over ten years, and earlier in Braintree for over thirty-five years.

She was employed as a teacher for the Braintree Public Schools for over twenty years. She retired from Morrison Elementary School where she taught first grade.



MARILYN F. GUILFOYLE

Mrs. Guilfoyle loved spending time with her friends, enjoying a glass of wine or a nice dinner. She was an avid shopper and loved a good outfit. Mrs. Guilfoyle was devoted to her family, especially her seven cherished grandchildren.

Beloved wife for forty-seven years of the late Edward J. Guilfoyle, Jr. Devoted mother of Michael E. Guilfoyle and his wife Kathy of Plymouth, Thomas J. Guilfoyle and his wife El-

len of East Bridgewater, and Erin M. McLaughlin and her husband Eric of Marshfield. Loving grandmother of Kristine, Brian, Kelly and Thomas Guilfoyle, Hannah and Brendan McLaughlin, and the late Michael E. Guilfoyle, Jr. Great-grandmother of Mora and Maxon. Marilyn is also survived by her many loving friends.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to Beacon Hospice Care, 32 Resnik Road, Suite 3, Plymouth, MA 02360.

The Guilfoyle and McLaughlin families would like to extend our gratitude to the loving and professional staff at Laurelwood at The Pinehills for the wonderful care of our mother and support of our families.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Robert T. Marshall

A funeral Mass for Robert T. "Bob" Marshall of Weymouth was celebrated Tuesday in Immaculate Conception Church, Weymouth.

Mr. Marshall died after a brief illness on March 17.

He grew up in Quincy and attended Quincy Schools. He was a proud United States Navy veteran stationed at NAS Chincoteague Island, Virginia.

Mr. Marshall worked for many years as a heavy equipment mechanic as a member of The International Union of Operating Engineers Local #4 for over 50 years and was employed by Hertz Equipment Rental Corp. of Boston. He also ran his own business, Best Equipment Rental Corp. of Weymouth for 20 years.

Mr. Marshall was a jack of



ROBERT T. MARSHALL

all trades and enjoyed studying military history.

Beloved husband for 62 years of Jane L. Marshall (Berchtold) of Weymouth. Loving father of Maureen Leonard and her husband Kevin of Abington and Lee Marshall of Weymouth. Proud Grandpa Bob of Gregory, Thomas and Elizabeth Leonard. Dear brother of

Herbert "Fred" Marshall and his wife Carol of Brockton and Evelyn Meany of Orlando, Florida. Also survived by many nieces and nephews. Bob was predeceased by his siblings, Bernard Marshall, Mildred Mercier and John Marshall.

Interment at Mount Hope Cemetery, Weymouth.

Memorial donations may be made to the Wounded Warrior Project, P.O. Box 758516, Topeka, KS 66675 or to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

Funeral arrangements were made by McDonald Funeral Home, South Weymouth.

Mary A. LeBlanc, 90

Mary A. (Sylvester) LeBlanc, age 90, of Quincy, formerly of Dorchester, died peacefully March 19 at Beth Israel Deaconess Hospital - Milton.

Mrs. LeBlanc was born in Somerville, to the late Elmer F. and Florence E. (Marshall) Sylvester. She was raised and educated in Dorchester's Neponset area. Mrs. LeBlanc had lived in Quincy for the past twenty years, previously in Dorchester for most of her life.

She was employed as a nurse's aide at The Boston Home for thirty-five years and had been retired for many years.

Mrs. LeBlanc was a loyal fan of the Boston Red Sox. She also enjoyed traveling with her children. Most of all, she was devoted to her family.

Mrs. LeBlanc was a



MARY A. LEBLANC

woman with a big heart, quick wit, and a wonderful sense of humor. She will be missed by all those who had the pleasure of knowing her.

Wife of Robert LeBlanc and the late John L. Bottary. Devoted mother of John Bottary and his wife Laura of Holbrook, twins Michael A. Bottary and his wife Alice of Hull, Mary A. Bottary of Dorchester, and Ann Ma-

rie C. Stillman and her husband Steven of Hull.

Loving grandmother of Michael Bottary, Jason Bottary, Ana Bottary and her husband Devin, Ryan Bottary and his wife Dorothy, and Sarah Stillman. Cherished great-grandmother of Nicky, Owen, and Olivia.

She was predeceased by her siblings, Ruth E. Sylvester and Joseph W. Sylvester, and is also survived by several nieces and nephews.

Graveside Services will be conducted privately at Cedar Grove Cemetery, Dorchester.

Memorial donations may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

OBITUARIES

Kenneth H. Ovens, Sr., 87

Visiting hours for Kenneth H. Ovens, Sr., age 87, of Quincy, were held Wednesday from 4 to 6 p.m. in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mr. Ovens died peacefully March 20 in the comfort of his home, surrounded by his loving family.

He was born in Scranton, Pa. Raised and educated there, Mr. Ovens was a graduate of North Poconos High School. He had lived in Quincy for the past two years, previously in Braintree, and earlier in Florida and Texas.

He was proud to have served in the U.S. Air Force. Mr. Ovens retired as a technical sergeant on June 1, 1973 after twenty years of service.

He was employed in the electronics industry, having worked for Joyces Letter Shop for eighteen years.



KENNETH H. OVENS, SR.

Mr. Ovens was known for his strong work ethic. He took great pride in supporting his family. Most of all, he was devoted to his wife, children, grandchildren, and great-grandchildren, always supporting their many activities and accomplishments.

Beloved husband for sixty-three years of Joyce M.

(Kempen) Ovens. Devoted father of Sandra D. Aucoin and her husband Steven of Braintree, Mark S. Ovens and his wife Julie of Titusville, FL, Johnny R. Ovens and his husband Anthony Balamotis of Carver, and the late Kenneth H. Ovens, Jr. and his surviving wife Kari of Laguna Beach, CA.

Loving grandfather of Michael Aucoin and his wife Bri, Joseph Aucoin and his wife Siobhan, Brittany Ovens, Mark Ovens, and Trey Ovens. Cherished great-grandfather of Michael, Jr., Ashlinn Rose, and Ryan.

Mr. Ovens is also survived by his niece, Brenda Hughes and her husband Tommy of PA, as well as many nieces and nephews in the U.S. and England.

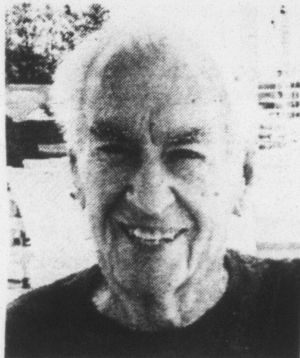
Memorial donations may be made to the Dana-Farber Cancer Institute, P.O. Box 849168, Boston, MA 02284-9168.

Paul J. O'Brien

Paul J. O'Brien of Quincy died March 21.

Mr. O'Brien adored his family, especially being "Grampy" to his grandchildren. His faith was very important to him and he was the last surviving member of the Legion of Mary at St. Ann's Church in Quincy. He enjoyed doing yardwork, sitting on his front porch in the sunshine, and playing sudoku.

Mr. O'Brien was a graduate from Quincy High School, loved watching the football games, was a member of the Wollaston Yacht Club, and was proud to be from the city. He was also a proud veteran of the United States Navy, serving during Korea and then worked for many years for Verizon until



PAUL J. O'BRIEN

retiring.

He was a people person who had a great sense of humor and always had a joke ready. He was a kind man who loved to give hugs and will be greatly missed by all who knew him.

Son of the late Robert C. and Marion E. (Butler) O'Brien. Beloved husband

of the late Lorraine (Downing) O'Brien. Devoted father of Bobby O'Brien of Quincy, Kathy Wills and her husband David of Quincy, and Mary-Ann Russo and her husband Brian of Randolph. Brother of the late Robert O'Brien. Cherished Grampy of Courtney and Michael Wills, Shannon and Brianna Russo, and Dylan and Jacqueline O'Brien.

Services will be held at a later date.

Memorial donations may be made to Father Bill's Place, Development Office, 422 Washington St., Quincy, MA 02169.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Frances C. Lewis

A funeral Mass for Frances C. Lewis, a lifelong resident of Quincy, will be celebrated Thursday at 11 a.m. in Divine Mercy Parish in St. Ann's Church, Quincy.

Ms. Lewis died unexpectedly but peacefully March 5.

Our beloved "Frannie" was born Aug. 23, 1938, to Walden S. and Annie M. Lewis of Quincy and is survived by her brother Walden J. and wife Lois E. Lewis of Florida. She was also a sister to the late Dorothy R. (Lewis) Kenney, the late Anna E. (Lewis) Ferguson and sister-in-law to the late William A. Ferguson.

She is also survived by brother-in-law Lawrence W. Kenney of Massachusetts, niece Judi M. (Lewis) Gulotta and husband Dan of Virginia, nephew and godson Law-



FRANCES C. LEWIS

rence J. Kenney, nephews William A. (Chuck) Ferguson and partner Pamela Rogers, William P. Kenney of Massachusetts and Stephen M. Lewis of Florida. She was also a great aunt to John and wife Kristin Ferguson and Robert and wife Kristen Ferguson of Massachusetts.

Ms. Lewis loved her close friends like family and is also survived by Carol, Donald and Jessica Fleming

of Florida and Missy (Fleming) Froio, husband Anthony and children Nina, Emma and Rose of Massachusetts.

A graduate of North Quincy High School, she worked many years for New England Merchants National Bank where she became the bank's first female securities trust officer. She also worked several years at Bay State Blackboard Company of Quincy. Ms. Lewis was an occasional artist, fan of Liberace in her early years and often the first to offer a gentle helping hand, a warm smile, a wish for a nice day or a "happy birthday" to anyone on their special day.

Visiting hours are 8:30 to 10:30 a.m. Thursday in Keohane Funeral Home, 785 Hancock St., Quincy.

Interment at Pine Hill Cemetery, Quincy.

More Obituaries On Pages 22-24

OBITUARIES

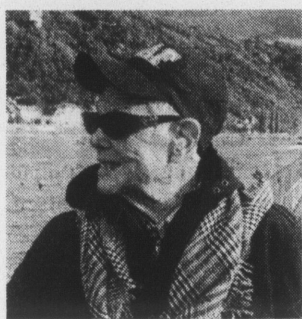
Alcide Bacon

Alcide Bacon of Quincy was born Feb. 7, 1927 and died on March 15.

Alcide, known as Al, adored his family and his close group of friends at the Quincy YMCA, who would meet up daily and get breakfast together for many years. Mr. Bacon was a snowbird and enjoyed traveling to Florida in the winters with his wife. The next ten years he traveled with friends and family all over the world. Mr. Bacon loved hosting family and friends at his home for the holidays and the 4th of July. He spent a lot of time at his cottage in Wareham and loved being on the water.

Mr. Bacon was a proud United States Air Force veteran and an alumnus of Northeastern University. He was a self-made man who owned RDS Equipment in Boston. Mr. Bacon was a hard worker, very family oriented, generous, and loved life. He will be greatly missed by all who had the pleasure of knowing him.

Beloved husband of 61 years to the late Eileen Bacon (Jarvie). Devoted father of Kenneth Bacon of TX, Donald Bacon and his wife Lou of NH, Gary Bacon and his wife Patty of Quincy, Debra Martucci and her husband Dean of CA,



ALCIDE BACON

Sharon Bennett and her husband Scott of Hull, Pamela Ryan and her husband Joe of Weymouth, John Bacon of Rockland, Paula Bacon and her husband Stan, and the late Maureen Hussey and the late Joseph Bacon. Loving brother of Viola V. Bacon Lavoie and her husband Armond of NH. Also survived by 17 grandchildren, 9 great grandchildren, and many nieces, nephews, and cousins.

Later in the year, Mr. Bacon's family plans a celebration of life event.

Memorial donations may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105, stjude.org or to the South Shore YMCA, ATTN: Development, 75 Mill Street, Haver, MA 02339, ssymca.org.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

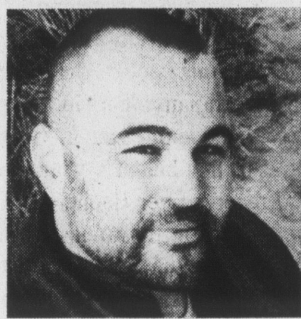
James H. Cuddy, 39

A celebration of the life of James H. Cuddy, 39, of Plainville, formerly of Quincy and Provincetown, will be held March 27 at 10 a.m. in St. Ann's Church, Quincy.

Mr. Cuddy died suddenly March 13.

He will forever be the inspiration of many happy memories for all who knew and loved him.

He is survived by his beloved Maria, her mother Soledad and her children Fernanda and Fatima; his father Dave Cuddy and stepmother Cyndi; his mother Carol Acito and stepfather Vincent; brothers Matthew,



JAMES H. CUDDY

Michael and Anthony, sisters Lauren and Krystalle, several brothers/sisters-in-law, as well as several nieces, nephews, aunts, uncles, cousins and friends.

Memorial donations may be made to St. Jude's Children's Research Hospital.

Cathie M. McMann, 78

A funeral Mass for Cathie M. (Broderick) McMann, age 78, of Milton was celebrated Monday in St. Agatha Church, Milton.

Mrs. McMann died March 16 at home surrounded by her loving family.

Born and raised in Shrewsbury, she graduated from Boston University and received her Master's in education from UMass Boston. Mrs. McMann taught 4th grade in the Quincy Public Schools for many years before retiring.

She was an active member of St. Agatha Church in Milton, a volunteer at Milton Hospital, former director of Milton Girls Youth Basketball, and a former member of the Milton School Committee. Mrs. McMann was devoted to her family, community and friends and was an avid Boston sports fan and a staunch supporter of youth sports.

Beloved wife of the late Joseph T. McMann II. Mother of Joseph T. McMann III



CATHIE M. MCMANN

of Westwood and Wayne A. McMann of N. Easton. Grandmother of Madeline, Whitney, and Rebecca McMann of Westwood. Daughter of the late Thomas and Tosca Broderick. Sister of the late Thomas Broderick II.

Interment at Milton Cemetery.

Memorial donations may be made to St. Agatha Church, 432 Adams St., Milton, MA 02186.

Funeral arrangements were made by the Alfred D. Thomas Funeral Home, Milton.

Thomas J. McManus, Jr., 77

A funeral Mass for Thomas J. McManus, Jr., 77, of Braintree, formerly of Quincy, was celebrated Monday in St. Ann's Church, Quincy.

Mr. McManus died March 16, surrounded by his family, after a courageous battle with cancer.

The beloved husband of 52 years to Pauline (Holland) McManus of Braintree. Devoted father of John W. McManus and his wife Erin of Braintree. David H. McManus and Michael T. McManus both of Holbrook. Cherished Papa to Rachel E. and Ashley N. McManus. Brother of Richard J. McManus of Holbrook and Marianne Fritz of Rockland. He is also survived by several nieces and nephews.

Mr. McManus was a graduate of Cathedral High School. After high school, he enlisted in the United States Marine Corps and served his country for 4 years. Completing his military service, Tom took a job with the United States Postal Service, where he diligently worked for more than 38 years in the Quincy area.

Upon his retirement from the Post Office, Mr. McManus began working for the Keohane Funeral Home, where he continued working for the next 17 years. He was a familiar face to the



THOMAS J. MCMANUS, JR.

many families he greeted, as they walked through the doors of the funeral home.

In his free time, he always enjoyed reading the daily newspaper. Mr. McManus loved to travel and took many cruises to several countries. Every year he would plan to take a few weeks to spend time with Pauline. Mr. McManus' life embodied the true meaning of "Semper Fi," always faithful. He was loyal to his family, his country and every job he took on. It was an honor to have known this remarkable man.

Interment at Massachusetts National Cemetery, Bourne.

Memorial donations may be made to Hospice of the South Shore, 30 Reservoir Park Dr., Rockland, MA 02370.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Mary F. Rossi, 90

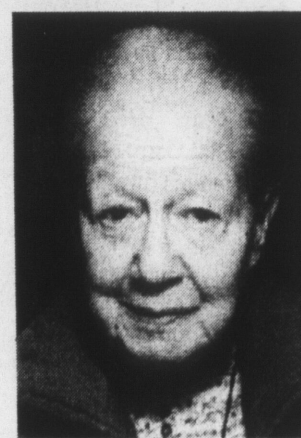
A funeral Mass for Mary F. (Purpura) Rossi, age 90, a lifelong resident of Quincy, was celebrated Monday in St. John the Baptist Church, Quincy.

Mrs. Rossi died peacefully March 18 in the comfort of her home, surrounded by her loving family.

Born in Quincy, to the late James and Mary (Rugiano) Purpura, she was raised and educated there. She was employed as a nurse's aide at the former Quincy City Hospital for thirty-one years and had been retired for many years.

Mrs. Rossi was an active member of the Quincy Sons of Italy Stella del Nord Society. She was an avid bingo player and enjoyed traveling. Most of all, she was devoted to her family, especially to her grandchildren and great-grandchildren.

Beloved wife of the late John L. Rossi. Devoted mother of William J. Rossi and his wife Cheryl of Norwell, Donna Lee M. Baker and her companion Jimmy McCarthy of Quincy, and David P. Rossi and his wife Beth of Pepperell. Loving grandmother of nine grandchildren and nine great-grandchildren.



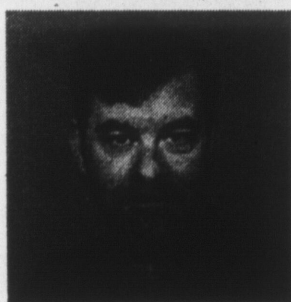
MARY F. ROSSI

One of seven siblings, she was the dear sister of John Purpura of Quincy and was pre-deceased by Frank, Joseph, James, Charles, and Augustine "Gus" Purpura. She was predeceased by her son-in-law, Ronald W. Baker. Mary is also survived by many nieces, nephews, grand-nieces, and grand-nephews.

Interment at Blue Hill Cemetery, Braintree.

Memorial donations may be made to the Alzheimer's Association, 309 Waverly Oaks Road, Waltham, MA 02452.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Memorial Mass for Fr. Vincent P. Doolan
former pastor of St. Joseph's Parish Quincy

Father Vincent P. Doolan died at South Shore Hospital on February 25, 2021. He was born in Boston to Vincent and Mary (Dowd) Doolan on June 22, 1951. He was a member of the class of 1980 at St. John's Seminary in Brighton. He was ordained to the priesthood on June 14, 1980 at the Cathedral of the Holy Cross by Humberto Cardinal Médeiros.

Fr. Vinnie had numerous assignments throughout the Archdiocese of Boston during his priesthood. In March of 2002, he was named pastor of St. Joseph's Parish in Quincy Point and remained there till 2014. He continued serving at various parishes until All Saints Day of 2020, when Cardinal O'Malley granted Fr. Vinnie senior priest/retirement status.

Fr. Matt Williams will celebrate a Memorial Mass at St. Joseph's Church in Quincy Point on Saturday, March 27, 2021 at 10 am. This Mass will be live streamed on Fr. Matt's YouTube channel (<https://youtube.com/c/FrMattWilliams>).

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W. Craig DORCHESTER, MA 02124
Paul F. (617) 298-8011
Frederick J.
Courtney 460 GRANITE AVENUE
MILTON, MA 02186
(617) 698-6264

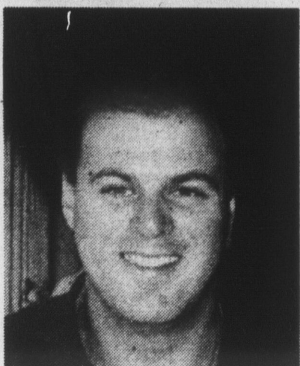
Michael R. Bythrow, 58

A funeral Mass for Michael R. Bythrow, 58, of Weymouth, formerly of Quincy, was celebrated Wednesday in Holy Trinity Parish at Most Blessed Sacrament Church, Quincy.

Mr. Bythrow died March 16.

The beloved husband of Laurie (Bonenfant) Bythrow of Weymouth. Cherished father of Rachele and Michael Bythrow, both of Weymouth. Devoted son of Elizabeth (Newton) Bythrow, a longtime resident of Houghs Neck, Quincy, and the late Frederick Bythrow. Loving Papa to Emma Bythrow Goodwein and Mason McGlone. Brother of Kathleen Shaw, Frederick Bythrow, Jr., Kevin Bythrow, Paul Bythrow, all of Quincy and Maureen Moynihan of Glen Cove, NY. Son-in-law of Richard and Barbara Bonenfant of Masa, AZ. Michael is also survived by many nieces, nephews, great nieces, great nephews, cousins and friends.

Mr. Bythrow was a talented, hard-working carpenter and was a member of the carpenters' union for many years. In his free



MICHAEL R. BYTHROW

time, he loved being on the water, boating and fishing. Michael and Laurie loved to travel together, and always enjoyed good food no matter where they went. He also enjoyed going to sporting events as well as attending his daughter's plays and musicals and his son's baseball and flag football games. He also loved taking his grandkids to the park and the beach. He used love to go to Maine in the winter to ice skate, ice fish and ski. He liked going to the casino and seeing a show at South Shore Music Circus.

Private interment.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

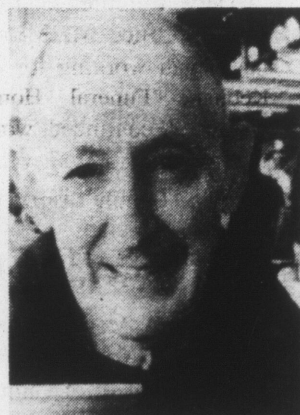
Richard A. Leavitt, 77

Richard A. Leavitt, 77, of Hanover, formerly of Brockton and Quincy, died after a brief illness on March 18 at Seasons Hospice in Milton.

Mr. Leavitt was retired and had worked in the food service industry much of his career, most recently for Stop & Shop. He proudly served in the Army National Guard Reserves.

He is survived by his sister Linda (Leavitt) Santoro and husband Frank; niece Lori (Santoro) Scott and her husband David; nephew Michael Santoro and his wife Sandy; four grandnephews Joseph and Andrew Scott; Jesse and Cole Santoro and beloved companion of many years, Barbara Kaczmasz, her daughter Tina Lindsay and her loving family. He was the son of the late Joseph Leavitt and Rose (Winer) Leavitt of Quincy.

Mr. Leavitt was gentle and kind, whose love of music made him the soulful



RICHARD A. LEAVITT

person he was. He loved his walks. He loved his family and most of all his one true love, Barbara. His quiet strength will be missed.

Memorial donations may be made to the charity of your choice or to Seasons Hospice & Palliative Care, 597 Randolph Ave., Milton, MA 02186.

Funeral arrangements were made by Hamel-Lydon Chapel & Cremation Service of Massachusetts, 650 Hancock St., Quincy.

Corrine M. Kennedy, 72

Corinne M. Kennedy of Quincy died peacefully March 10 at age 72.

Born in Flushing, NY, she was raised and educated in Braintree. Ms. Kennedy lived many years in Jamaica Plain, and lived in Quincy for the last 15 years. She received her Bachelor's Degree from Northeastern and worked as an administrative assistant at Brigham & Women's Hospital.

The beloved daughter of William T. Kennedy (deceased) and Isabelle M. Kennedy (nee Bronski) (deceased). The beloved sister of William T. Kennedy and his wife Catherine of Quincy and Richard M. Kennedy and his wife Florrie of Celebration, FL. Corinne was the loving companion to Jeffrey Kelly of Jamaica Plain; devoted aunt to Ryan, Nellie and Will Kennedy of Quincy, Clare Kelly of Northampton, and Sally Merritt of New Orleans;



CORRINE M. KENNEDY

Corinne is also survived by many cousins.

A celebration of life will be held at the home of Catherine and William Kennedy at 123 Manet Ave., Houghs Neck, Quincy, on Saturday, May 22, from 1 to 4 p.m. Friends and relatives are welcome to attend.

Memorial donations may be made to the Brain & Behavior Research Foundation at bbrfoundation.org.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Joseph F. Guido

A funeral service for Joseph F. "Joe" Guido of Quincy was held Tuesday in Keohane Funeral Home, 785 Hancock St., Quincy.

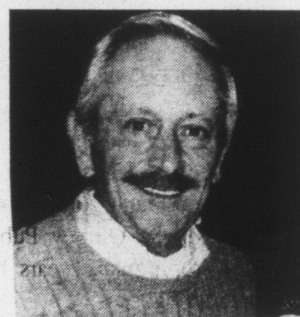
Mr. Guido died peacefully March 17 surrounded by family.

He was a good and decent man. Mr. Guido had a quiet personality with a great sense of humor, but underneath this quiet manner, was a big generous heart and a deep love of family. He enjoyed trips to Disney World, Plymouth, Ogunquit, and in his younger days, ice fishing in Truro. Mr. Guido loved watching Boston sports, collecting stamps, playing golf, and going out on Sunday afternoons with his son Matt to his favorite restaurant, the 99.

Mr. Guido worked as a bindery operator for many years. After retiring, he worked part time at Roche Brothers.

He will be greatly missed by all who knew him.

Son of the late Frank P. and Jennie (Scherban) Guido. Beloved and proud father of Matthew Guido of Cambridge. Loving brother of Judy Casey and her husband Tom of Quincy, Lil Dedomi-



JOSEPH F. GUIDO

ni and her late husband Joe of Weymouth, Fran McKinnon and her husband Tom of Milton, and Frank Guido and his wife Karen of Norton. Former husband and friend of Kathy Guido of Abington. Also survived by many nieces and nephews.

Private interment.

Memorial donations may be made to The Marc A. Susi Scholarship Fund, c/o Morgan & Morgan PC, 175 Derby St., Suite 40, Hingham, MA 02043.

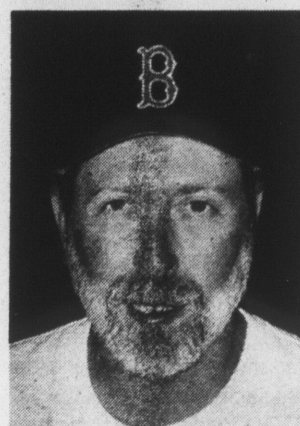
John K. White, 63

John K. "Jackie" White, 63, of Allston, died March 15.

Born in Methuen, he was the third of nine children born to James C. White of Quincy and the late Dorothy J. (McLean) White.

Loving companion of Michelle Bernsten of Allston. Brother of the late James D. White, Sheri L. Sanfilippo of Everett, Richard B. White and Gary M. White, both of WV, Karen L. Miller of Everett, Susan L. Clifford and her husband John of Quincy, Julie L. Berry and her husband Eben of ME and the late Kimberly J. Meere. He also leaves behind many nieces, nephews, great nieces and nephews, cousins, extended family and good friends.

Mr. White retired in 2020 as a supervisor with Watts



JOHN K. WHITE

Security of Somerville. He was a life-long fan of the Boston Red Sox fan and thoroughly enjoyed playing both chess and Risk.

His funeral services are private at the family's request.

Arrangements were made by Hamel-Lydon Chapel & Cremation Service of Massachusetts, 650 Hancock St., Quincy.

Mary Saldi, 96

A funeral Mass for Mary (Norcott) Saldi, age 96, of Quincy was celebrated March 18 in St. Francis Xavier Church, Weymouth.

Mrs. Saldi died March 12.

She was raised and educated in Weymouth. She married her husband, Charles, in 1960 and they moved to Rockland where they started a family. Mary and Charles settled in Weymouth in 1976 where they raised their family.

Mrs. Saldi worked as an LPN in many local nursing homes for over 40 years including Colonial and Weymouth Healthcare. She enjoyed playing bingo and cards with her friends. Most recently, Mrs. Saldi had lived in Quincy since 1999.

She was predeceased by her husband Charles Saldi in 1976. She is survived by her children William Pelo-



MARY SALDI

quin of Cape Cod, Theresa Saldi of Quincy, and Diane Spencer of Pembroke, and her grandchildren Marie and Michael. She is also survived by her siblings Marjorie Norcott, Diane Halifax, and George Norcott, and many loving nieces and nephews.

Funeral arrangements were made by the C. C. Shepherd Funeral Home, Weymouth.



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Personalized Service*

SWEENEY BROTHERS

Home for Funerals, Inc.

RICHARD T. SWEENEY, JR.
FRANCIS M. SWEENEY • RICHARD T. SWEENEY III

**1 INDEPENDENCE AVENUE
QUINCY, MASSACHUSETTS 02169**

(617) 472-6344 • www.thesweeneybrothers.com



HAMEL-LYDON CHAPEL

&
CREMATION SERVICE OF MASSACHUSETTS

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DIRECTORS
Christopher P. Goulet, Sr. & Michelle A. Lydon

(617) 472-5888

650 Hancock Street, Quincy, MA 02170 • HamelLydon.com

OBITUARIES

PUBLIC NOTICE

NOTICE OF PUBLIC HEARING

In Accordance with the provisions of MGL CH. 131, SEC. 40, The Wetlands Protection Act and The Quincy Wetlands Protection Ordinance, The Quincy Conservation Commission will hold a public hearing on **Wednesday April 7, 2021 @ 7:15PM** to consider a Notice of Intent filed by Clifford Gluck and Despina Gerasoundi to permit the razing and reconstruction of a single-family dwelling within Land Subject to Coastal Storm Flowage and the 100-foot wetland resource buffer located at 62 Bay Street in Quincy, Massachusetts.

ZOOM Video Communication link for this meeting:

Time: Apr 7, 2021 07:15 PM Eastern Time (US and Canada)

Join Zoom Meeting:

<https://zoom.us/j/95107255103?pwd=TWNEWHFjVVRhbEYzc3BjcUttTFIQT09>

Meeting ID: 951 0725 5103

Passcode: Quincy

Dial by your location +1 646 558 8656 US (New York)

Meeting ID: 951 0725 5103

Passcode: 368830

Find your local number: <https://zoom.us/u/ac7HFM30fl>

Call Quincy Conservation @ 617-376-1485 for further assistance

3/25/21

More Obituaries online at
www.TheQuincySun.com

INVITATION TO BID

INVITATION TO BID

INVITATION TO BID

**CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK ST., QUINCY, MA 02169**

The City of Quincy invites sealed bids/proposals for:

QPS-FOOD SERVICE

LEASE/PURCHASE REFRIGERATED TRUCK

APRIL 8, 2021 @ 2:00 p.m.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM.

All questions regarding this bid should be directed to Kathryn R. Logan, Purchasing Agent through email: purchasing@quincyma.gov Questions will be accepted until April 2, 2021 at 12:00 p.m.

Bids/Proposals must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked "BID ENCLOSED" with time/date of bid call.

Firm bid prices will be given first consideration. Bids/Proposals will be received at the office of the Purchasing Agent until the time and date stated above, at which time and date they will be publicly opened and read. Late Bids/Proposals, delivered by mail or in person, will be rejected.

If applicable, bids shall be in accordance with M.G.L. Chapter 30B, Chapter 149 as amended, and Chapter 30, Sections 39A, 39B and 39F-R.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informality in the bidding if it is in the best interest of the City to do so.

Thomas P. Koch, Mayor

Kathryn R. Logan, PURCHASING AGENT

3/25/21

INVITATION TO BID

INVITATION TO BID

INVITATION TO BID

**CITY OF QUINCY, MASSACHUSETTS
PURCHASING DEPARTMENT
1305 HANCOCK ST., QUINCY, MA 02169**

The City of Quincy invites sealed bids/proposals for:

FIRE DEPARTMENT

SURPLUS BOATS AND TRAILERS

APRIL 8, 2021 @ 12:00 p.m.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the office of the Purchasing Agent, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 AM and 4:30 PM.

The City of Quincy has declared the "TWO BOATS AND TRAILERS" to be sold to the highest bidder. It shall be sold AS IS, WHERE IS to the highest bidder in accordance with Chapter 30B, as amended, without warranty, guarantee or liability of any kind on the part of the City of Quincy.

All questions regarding this bid should be directed to Kathryn R. Logan, Purchasing Agent through email: purchasing@quincyma.gov and Questions will be accepted until April 2, 2021 at 12:00 p.m.

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Thomas P. Koch, Mayor

Kathryn R. Logan, PURCHASING AGENT

3/25/21

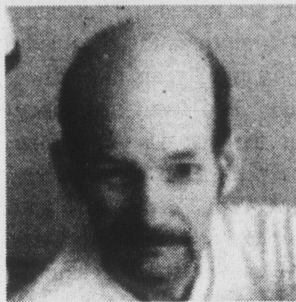
Robert E. Barrus, 63

Robert Earl Barrus, 63, of Quincy died March 17 due to complications from surgery.

He was the beloved father of Janine Tardiff and predeceased daughter Krystal Lewis. Brother to Dianne Pratt, Patricia O'Connor and predeceased brother William Barrus. He was the son of the late Earl and Dorothy Barrus. He also leaves behind two grandchildren Matthew Tomlinson, and Sophia Seekins, and many nieces, nephews and cousins.

Mr. Barrus lived in Quincy his whole life; his hobbies were collecting coins, stamps, and doing crossword puzzles and word searches. He was a true fan to the Red Sox.

Mr. Barrus was deeply



ROBERT E. BARRUS

loved by his family and will be sadly missed.

Interment will be private at a later date.

Funeral arrangements were made by Hamel-Lydon Chapel & Cremation Service of Massachusetts, 650 Hancock St., Quincy.

Christopher Ghiloni

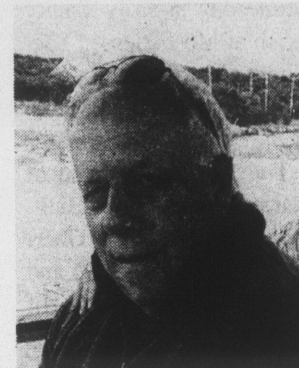
A private funeral Mass for Christopher "Chris" Ghiloni was celebrated Tuesday in St. Clare Church, Braintree.

Mr. Ghiloni died of heart failure at Tufts Medical Center on March 18.

He was born and raised in Marlboro, son of Louis F. and Barbara (LaForme) Ghiloni. Mr. Ghiloni started at Quincy District Court in 1976 and finished his career as an assistant clerk magistrate. During his tenure he had the privilege of helping many people with their struggles.

A long-time member of the Sons of Italy in Braintree, his past times included skiing at Loon Mountain and Sunday River and being in the company of his beloved cronies. He enjoyed making specialty Italian cuisines for his family and friends and was an avid and competitive vegetable gardener.

He is survived by his wife, Suzanne (Ziegler), sons Matthew and James, both of Braintree, sister, Ellen (James) Brien of Marl-



CHRISTOPHER GHILONI

boro, brothers Marty (Linda) of Hudson, and John (Denise) of Marlboro.

During their 41 years of marriage, he and Sue made so many wonderful friends, many over more than half a century, some more recent. His family is grateful and appreciative of these friendships and all the love and support received during his last difficult weeks.

Private interment.

Memorial donations may be made to the RMT Classic, 1599 Washington St., Braintree, MA 02184.

Funeral arrangements were made by Cartwright-Venuti Funeral Home, Braintree.

LEGAL NOTICE

**INFORMAL PROBATE
PUBLICATION NOTICE
Docket No. NO20P3131EA**

**Commonwealth of
Massachusetts
The Trial Court**

Probate and Family Court

Norfolk Division

35 Shawmut Road

Canton, MA 02021

(781) 830-1200

Estate of:

Karen M. Garrity

Date of Death:

December 6, 2020

To all persons interested in the above captioned estate, by Petition of:

Petitioner John C. Barnett

of Quincy, MA.

a Will has been admitted to informal probate.

John C. Barnett of Quincy, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

3/25/21

LEGAL NOTICE

**DIVORCE SUMMONS
BY PUBLICATION
AND MAILING**

Docket No. PL21D0090DR

Commonwealth of

Massachusetts

The Trial Court

Probate and Family Court

Plymouth Probate

and Family Court

52 Obery Street

Suite 1130

Plymouth, MA 02360

(508) 747-6204

Bridget Claire Wynne vs.

Michael Joseph Moore

To the Defendant:

The Plaintiff has filed a Complaint for Divorce requesting that the Court grant a divorce for Irretrievable breakdown. The Complaint is on file at the Court.

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of either party. **SEE Supplemental Probate Court Rule 411.**

You are hereby summoned and required to serve upon: **Bridget Claire Wynne, 65 Massasoit Avenue, Brant Rock, MA 02020** your answer, if any, on or before **04/02/2021**. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer, if any, in the office of the Register of this Court.

WITNESS, Hon. Edward G. Boyle, First Justice of this Court.

Date: February 16, 2021

MATTHEW J. McDONOUGH

Register of Probate

3/25/21

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1

NOTICE OF PUBLIC HEARING

Case ZBA 21-4

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, April 13, 2021 @ 5:30 P.M. to consider the application of **Jin Zeng** for a **Finding** to remove existing front railings and replace with enclosed windowed porch/sun room in violation of Title 17 as amended, Chapter 3.4.5 (expansion of living space into front porch) on the premises numbered **183 MARLBORO STREET, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Apr 13, 2021 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/91271234641?pwd=VDdsN2R4eVhkRnFVZGxmbG1ZTI9NQTO9>

Meeting ID: 912 7123 4641

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 912 7123 4641

Passcode: 556662

Find your local number: <https://zoom.us/u/acNkXg1rpF>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

3/25/21, 4/1/21

NOTICE OF PUBLIC HEARING

Case ZBA 21-11

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, April 13, 2021 @ 5:30 P.M. to consider the application of **Ten Seconds MA, LLC** for a **Variance/Finding** to renovate and construct an addition to existing (fire damaged) commercial space for restaurant use in violation of Title 17 as amended, Chapter 4.1.1 (front setback), Chapter 5.1.8 (parking) and Chapter 3.4.3 (nonconforming structures) on the premises numbered **429 HANCOCK STREET, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Apr 13, 2021 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/91271234641?pwd=VDdsN2R4eVhkRnFVZGxmbG1ZTI9NQTO9>

Meeting ID: 912 7123 4641

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 912 7123 4641

Passcode: 556662

Find your local number: <https://zoom.us/u/acNkXg1rpF>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

3/25/21, 4/1/21

NOTICE OF PUBLIC HEARING

Case ZBA 20-84

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, April 13, 2021 @ 5:30 P.M. to consider the application of **Herbert Entwistle** for a **Variance** to renovate and expand the single family home and construct a loft area with kitchenette and bath to detached garage in violation of Title 17 as amended, Chapter 4.1 (dimensional requirements) and Chapter 3.2.3.1 (accessory uses) on the premises numbered **11 BAYBERRY ROAD, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Topic: Zoning Board of Appeals

Time: Apr 13, 2021 05:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/91271234641?pwd=VDdsN2R4eVhkRnFVZGxmbG1ZTI9NQTO9>

Meeting ID: 912 7123 4641

Passcode: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 912 7123 4641

Passcode: 556662

Find your local number: <https://zoom.us/u/acNkXg1rpF>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

3/25/21, 4/1/21

LEGAL NOTICE

LEGAL NOTICE

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Fatima Fialho to Shelter Mortgage Company LLC, dated October 29, 2003 and recorded with the Norfolk County Registry of Deeds in Book 20124, Page 189; assigned to Guaranty Bank, on November 7, 2017, registered with the Norfolk County Registry of Deeds in Book 35612, Page 598; assigned to Guaranty Bank, a division of First-Citizens Bank & Trust Company on November 8, 2017 registered with the Norfolk County Registry of Deeds in Book 35613, Page 1 who is the present holder, for breach of the conditions of said mortgage and for the purpose of foreclosing, the same will be sold at Public Auction on April 9, 2021 at 11:00 am at 200 Cove Way, Unit 120, Quincy, MA 02169, all and singular the premises described in said mortgage:

TO WIT:

The following property in Quincy, Norfolk County, Massachusetts:

The unit ("the unit") known as No. 120-II in Captain's Cove Condominium at 200 Cove Way, Quincy, Norfolk County, Massachusetts, a Condominium established by the Grantor pursuant to Massachusetts general Laws, Chapter 183A, by Master Deed dated October 11, 1985, recorded with Norfolk County Registry of Deeds in Book 6821, Page 1, as amended ("Master Deed") which Unit is shown on floor plans of the building recorded simultaneously with the Second Amendment to said Master Deed and on the copy of the portion of said plans attached hereto and made a part hereof, to which is affixed the verified statement of a registered architect in the form required by Section 9 of said Chapter 183A.

Said Unit is conveyed together with:

1. An undivided interest in the common areas and facilities of the Condominium described in said Master Deed attributable to the Unit.
2. The exclusive right to use any balcony or patio adjoining the Unit and to which the Unit has access.
3. The right to use one parking space in the parking area on an assigned basis.
4. An easement for the continuance of all encroachments by the Unit on any adjoining units or common areas and facilities existing as a result of construction of the building in which the Unit is located or which may come into existence hereafter as a result of settling or shifting of said building, or as a result of repair or restoration of said building or of the Unit, after damage or destruction by fire or other casualty, or after taking in condemnation or eminent domain proceedings, or by reason of an alteration or repair to the common areas and facilities made by or with the consent of the Trustees of the Captain's Cove Condominium Trust (the "Trustees").
5. An easement in common with the owners of other units to use any pipes, wires, ducts, flues, cables, conduits, public utility lines and other common areas and facilities located in any of the other units or elsewhere on the Condominium property which serve the Unit.
6. Rights and easements in common with other Unit Owners described in the Master Deed.

Said Unit is conveyed subject to:

1. An easement in favor of adjoining units and in favor of the common areas and facilities for the continuance of all encroachments of such adjoining units or common areas and facilities of the Unit, now existing as a result of construction of said building in which the Unit is located, or which may come into existence hereafter as a result of settling or shifting of said building in which the Unit is located, or as a result of repair or restoration of the building or of any adjoining unit or the common areas and facilities after damage or destruction by fire or other casualty, or after taking in condemnation or eminent domain proceedings or by reason of an alteration or repair to the common areas and facilities made by or with the consent of the Trustees.
2. An easement in favor of the other units to use the pipes, wires, ducts, flues, conduits, cables, public utility lines and other common facilities located in the Unit or elsewhere on the Condominium property and servicing such other units.
3. The right in favor of the owner of the Unit to use outdoor parking spaces on an assigned basis.
4. Exclusive right and easement in favor of the owner of any Unit to use the balcony or patio adjoining the Unit and to which the Unit has access.
5. The Provisions of Massachusetts General Laws Chapter 183A as the same may be amended from time to time.
6. The provisions of this Unit Deed, the Master Deed, the Declaration of Trust of Captains Cove Condominium, dated October 11, 1985, and recorded in the Norfolk Registry of Deeds, in Book 6821, Page 44, and floor plans of the Condominium recorded as part of the Master Deed, as the same may be amended from time to time by instrument recorded in Norfolk County Registry of Deeds, which provisions, together with any amendments thereto, shall constitute covenants running with the land and shall bind any person having at any time any interest or estate in the Unit, his family, employees, servants, and visitors, as though such provisions were recited and stipulated at length herein.

Being the same premises as conveyed in Deed from Morris S. Eskinazi recorded 10/31/2003 in Document Number 258845, Book 20124, Page 167 in said County and State.

Commonly known as: 200 Cove Way, Unit 120 aka Unit 120-II, Quincy, MA 02169

These premises will be sold and conveyed subject to and with the benefit of all rights, rights of way, restrictions, easements, covenants, liens or claims in the nature of liens, improvements, public assessments, any and all unpaid taxes, tax titles, tax liens, water and sewer liens and any other municipal assessments or liens or existing encumbrances of record which are in force and are applicable, having priority over said mortgage, whether or not reference to such restrictions, easements, improvements, liens or encumbrances is made in the deed.

TERMS OF SALE:

A deposit of FIVE THOUSAND (\$5,000.00) DOLLARS by certified or bank check will be required to be paid by the purchaser at the time and place of sale. The balance is to be paid by certified or bank check at BRAUCHER & AMANN, PLLC, 764 CHESTNUT STREET, MANCHESTER, NH, 03104, TEL: 603-486-1530, within thirty (30) days from the date of sale. Deed will be provided to purchaser for recording upon receipt in full of the purchase price. The description of the premises contained in said mortgage shall control in the event of an error in this publication.

Other terms, if any, to be announced at the sale.

Guaranty Bank, a division of First-Citizens Bank & Trust Company

Present holder of said mortgage

By its attorneys,

BRAUCHER & AMANN, PLLC

764 CHESTNUT STREET

MANCHESTER, NH 03104

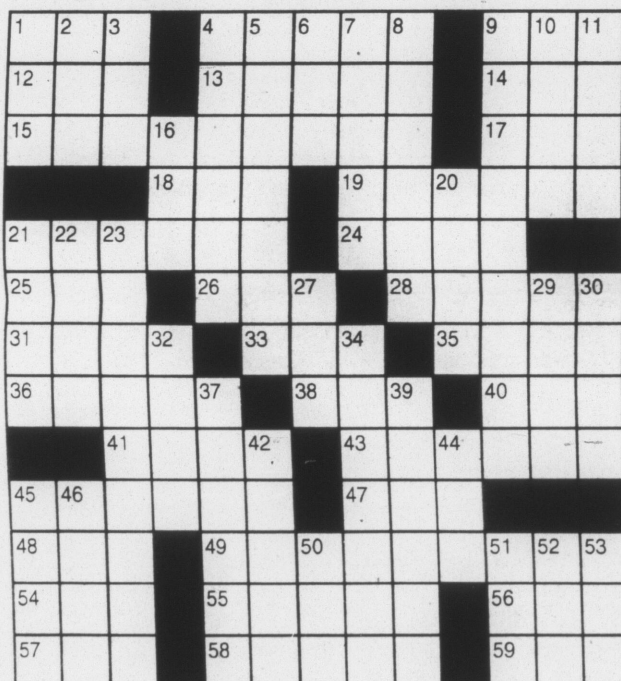
603-486-1530

3/18/21, 3/25/21, 4/1/21

SUN FUN PAGES

King Crossword

- ACROSS**
- 1 Actress Farrow
 - 4 Carries
 - 9 "Blue Bloods" network
 - 12 Fireplace residue
 - 13 WWII sub
 - 14 "2001" computer
 - 15 William and Kate's daughter
 - 17 Lawyers' org.
 - 18 Cato's 502
 - 19 Noah's landfall
 - 21 Summaries
 - 24 Garr of "Tootsie"
 - 25 Berliner's cry
 - 26 Hog haven
 - 28 Quartet doubled
 - 31 Ella's style
 - 33 Congeal
 - 35 iPhone voice
 - 36 King of Judea
 - 38 Dazzle
 - 40 Right angle
- DOWN**
- 1 Buddy
 - 2 Somewhat (Suff.)
 - 3 "Caught ya!"
 - 4 Dutch exports
 - 5 Woodwind players
 - 6 Youngster
 - 7 Really annoy
 - 8 Sound system
 - 9 Donor's beneficiaries
 - 10 Rum cake
 - 11 Venetian-blind
 - 16 Vitamin stat
 - 20 Story lines
 - 21 Impetuous
 - 22 Caesar's "Behold!"
 - 23 Role
 - 27 Evergreen tree
 - 29 Perry's creator
 - 30 Cash drawer
 - 32 Forum wear
 - 34 In the direction of
 - 37 Does the mambo
 - 39 "Blade" actor
 - 42 Christine of "Chicago Hope"
 - 44 Alias abbr.
 - 45 Now, in a memo
 - 46 Sitar music
 - 50 Ger. neighbor
 - 51 Mahal predecessor
 - 52 Gardner of film
 - 53 Pen tip



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MAGIC MAZE — PUDDING

K T R O L Y J G E B Y W U E R
P N E K I G W H I T E G B D D
B Z X H Y G V S Q T O L M O K
I G E C T I A N A N A B A R Y
A W U S S F Q L P C N L J L H
F L E C A Y O R K S H I R E A
D Y L X H C V F U S Q P N S M
T A P I O C A D O O L B K S J
H F E H N E N E Z O R F C E B
Z Y C R S A M T S I R H C N X
V U T R B Q V P M U L P O M L

Find the words in the diagram. They run in all directions: forward, backward, up, down and diagonally. Unlisted hint: STAFF OF LIFE

Banana	Christmas	Nesselrode	Vanilla
Black	Figgy	Plum	White
Blood	Frozen	Proof of the	Yorkshire
Chocolate	Hasty	Tapioca	

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Sign is shorter. 2. Sign is shorter. 3. Cracks in ice are gone. 4. Mitten is shorter. 5. Skates are different. 6. Cracks in ice are gone.

Trivia test

by Fifi Rodriguez

1. U.S. PRESIDENTS: The poem "O Captain! My Captain!" was written after the death of which president?
2. GENERAL KNOWLEDGE: What is the weight of a U.S. quarter?
3. MOVIES: What was the name of the skyscraper in the drama "Die Hard"?
4. TELEVISION: What city was the setting for the sitcom "Mork and Mindy"?
5. SCIENCE: What is the study of knowledge, reality and existence called?
6. ANIMAL KINGDOM: What are male blue crabs called?
7. GEOGRAPHY: What is the highest point in Japan?

8. FOOD & DRINK: The acai berry is native to which continent?
9. LITERATURE: Who wrote the "Winnie-the-Pooh" book series for children?
10. MEASUREMENTS: What is an angstrom?

Answers

1. Abraham Lincoln
2. 0.2 ounces
3. Nakatomi Plaza
4. Boulder, Colorado
5. Philosophy
6. Jimmies
7. Mount Fuji
8. South America
9. A.A. Milne
10. One ten-billionth of a meter, used to measure very small distances

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Wishing Well®

2 7 4 3 8 3 5 2 3 6 3 6 2
S P D T L A N P K Y E O E
8 6 4 3 4 3 7 3 5 8 7 4 8
I U E T V H E I E F R E E
7 2 5 2 6 7 3 6 2 3 7 5 2
F A V K A E N R W G C E I
4 5 2 3 5 6 4 3 6 3 4 3 2
L R T S Q E O I S N P S H
4 7 3 4 2 6 8 3 7 2 8 5 6
W T T I C T I R L A S U E
5 6 4 2 3 4 7 5 7 3 4 7 3
I A L N I L I T F D P E E
6 8 2 8 4 8 2 6 2 4 8 4 4
D F D U O L O Y R W L E R

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) With change dominant this week, don't be surprised to find new facts emerging that could put another slant on a situation and offer you another choice. Think it through before you decide.

TAURUS (April 20 to May 20) There could be some lingering problems from a previous matter that involved a decision you felt you had to make. Resolve the situation with your strong Taurean no-nonsense approach.

GEMINI (May 21 to June 20) The Gemini's carefully made plans could be undone by someone's unexpected decision. Getting the full story behind that surprise move can help you decide how to deal with the matter.

CANCER (June 21 to July 22) Recently uncovered information might put a new light on a situation you thought had been resolved. Keep an open mind about possible changes that you might have to consider.

LEO (July 23 to August 22) With a potential revision of an old agreement, you can't beat the Big Cat for knowing how to sharpen a "clause" to the best advantage. Someone close could have the news you've been waiting for.

VIRGO (August 23 to September 22) Certain issues in the workplace could put you in the middle of a dispute you'd rather not deal with. Express your honest feelings before the pressure to take sides builds up.

LIBRA (September 23 to October 22) You might feel uneasy disagreeing with someone you've been close to. But

your relationship should be able to withstand and even thrive when confronted with your true feelings.

SCORPIO (October 23 to November 21) A romantic situation seems to be creating more confusion than you can handle. If so, own up to your feelings. The sooner you do, the better your chances are for working things out.

SAGITTARIUS (November 22 to December 21) With change directing the Archer's aim, consider a second look at your plans and see where they might benefit from a revision. A workplace matter is close to a resolution.

CAPRICORN (December 22 to January 19) New contacts help you learn some important information about upcoming developments. The week calls for the Sea Goat to be more flexible than usual in a number of matters.

AQUARIUS (January 20 to February 18) With both change and uncertainty in your aspect, you might feel less confident in a previous decision. That's OK. Check it out and see where it could be modified, if necessary.

PISCES (February 19 to March 20) Old relationships that seemed to be sinking are buoyant again, and new relationships are benefiting from Cupid's loving care. This could be a good time to make a major move.

BORN THIS WEEK: While you prefer to tread your own path, you'll go out of your way to help someone in need.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: W equals L

S ICFSRXK T MEXXZKCL ZPZZD
XTFSIL RTIFTWCPZX, MC S RTWWXK
ESG GD GXWCI RCWWSX UTUD.

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King Crossword

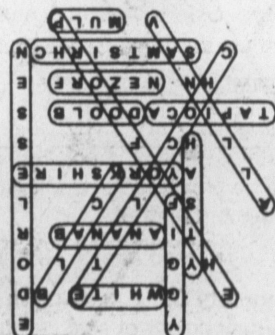
Answers

Solution time: 22 mins.



Magic Maze

ANSWERS:



CryptoQuip

answer

With my mason collar baby, I noticed a sheepshead looking catnap, so I called

M
A
R

2
5

2
0
2
1

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- The name of the game is "tried in the court of public opinion." I watched part one of the four-part HBO film "Allen v. Farrow," and learned it's not a court case but a documentary that his supporters say defames Allen. Mia Farrow and Woody Allen began their intimate relationship in 1980, although they never lived together. In 1992 Mia found nude photos of her adopted daughter (with Andre Previn), Soon-Yi, taken by Allen. Mia and Woody's intimate relationship actually ended with her son, Ronan Farrow's, birth. It may have been the end of their intimate relationship, but they still somehow made films together, 13 in all. Coincidentally, when Allen publicly professed his love for Soon-Yi (he was 56 and she was 21), it also was when the sexual abuse charges began against him. In 1993, Justice Elliott Wilk rejected allegations of any sexual abuse. The New York Child Welfare Agency's 14-month investigation concluded there was no credible evidence of abuse. In 2014, when Allen was honored with the Cecil B. DeMille Award, Mia and Ronan Farrow posted disparaging remarks about him on Twitter. In 2014, Mia's daughter, Dylan Farrow, allowed The New York Times to publish excerpts from a letter restating allegations against Allen and calling out fellow actors who worked in his films. Allen, also in The New York Times, denied ever molesting Dylan. In 2018, Moses Farrow published a personal blog post, "A Son Speaks Out," supporting Allen and disputing Dylan's story. Many insiders say they've seen enough and won't watch the rest. It's another case of no real proof, yet Allen, who has maintained his innocence throughout, is still being vilified. Is Mia Farrow acting like a woman scorned? Can Woody Allen keep making films or will actors refuse to work with him ... that's another story entirely!

Two other directors have faced similar circumstances. Roman Polanski, a fugitive in the U.S. since he was 43 because of a 1977 statutory rape case, admits that he had "unlawful sexual intercourse" with 13-year-old Samantha Geimer (her mother consented). Polanski bemoans: "I pleaded guilty, I went to jail. I was locked up for a year, in Zurich, awaiting extradition. I did five times more than I was promised to do." He continues to direct films and win awards in Europe. A third director, Brett Ratner (the "Rush Hour" film series and "X-Men: The Last Stand"), accused of sexual misconduct by Olivia Munn and six other women, has announced he'll direct a biopic about the R&B duo Milli Vanilli (stripped of their Grammy for lip-syncing). "Times Up" condemns him and says he shouldn't be granted a comeback, ever. Stay tuned!

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ***
* Moderate ** Difficult
*** GO FIGURE!

	+		x		30
x		x		x	
	x		+		27
+		-		+	
	+		÷		13
16		25		22	

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KOVELS Antiques & Collecting

By Terry and Kim Kovel

Iron Doorstop --- Iron doorstops have been very popular collectibles since 1985. They were first made in England, where they were called door porters. The invention of a hinge that let a door close automatically inspired the iron figure that stopped the door from closing. Soon after, doorstops became popular in the United States. Companies that had been making cast iron toys and other items began designing and making doorstops that resembled people, animals, flowers and other figures. Five companies were the largest suppliers, and each had a name or logo that was usually molded into the flat back. Look for Bradley and Hubbard's "B & H" mark; Hubley's paper label with the name across a circle; and Judd Co.'s mark, "CJO."

In the 1980s, iron doorstops went for high prices, and hundreds of copies were made and sold in gift shops, antiques events and auctions. Fakes usually have perfect bright paint; a rough texture to the unpainted iron on the back; modern slotted screws; and, if made in two parts, a seam that is not perfectly smooth. This 12 1/2-inch antique lobster doorstop was made early in the early 20th century. It sold for \$1,800 at an Eldred auction in Massachusetts.

Q: I have a bar pin that pictures two clenched hands doing a "fist bump." The pin is gold-colored metal and has a figural mallet, ax and something that looks like a block on the top. The hands, with shirt cuffs and part of the jackets showing, are on a white enamel piece attached to the metal. What does it represent?

A: The log, ax, mallet and wedge are symbols used by two fraternal organizations: the Modern Woodmen of America and WoodmenLife (Woodmen of the World). Joseph Cullen Root founded the Modern Woodmen of America in 1883 in Lyons, Iowa. He resigned after disagreements with other officers in 1880 and moved to Omaha, where he founded Woodmen of the World. Both organizations are still in existence and provide life insurance and other benefits to members. The fist bump has been found on other unmarked pins that date from the late 1800s or early 1900s.

CURRENT PRICES

Furniture, jelly cupboard, softwood, 2 paneled doors over drawer, interior shelves, bracket feet, Pennsylvania, 50 x 50 x 20 inches, \$148.

Staffordshire jug, Liverpool transfer, sailor and woman, ship, "What Should Tear Me From the Arms of my Dearest Polly," 11 inches, \$420.

Cane, whale ivory, mushroom form handle, inlaid copper 1877 Liberty coin, faceted stem, figured oak stem, 35 3/4 inches, \$600.

Kitchen dipper, coconut shell bowl, carved and inlaid whalebone and wood handle, heart-shaped mount, c. 1850, 13 1/2 inches, \$780.

TIP: Check stored items once a year to be sure there is no deterioration or bugs.

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Strange BUT TRUE

* One dung beetle can drag 1,141 times its own weight.

* Italian banker Gilberto Baschiera was a modern-day Robin Hood. Over a period of seven years, he secretly diverted 1 million euros from wealthy clients to poorer ones so they could qualify for loans. He made no profit from these dealings and avoided jail in 2018 with a plea bargain.

* In 2006, a Coca-Cola employee offered to sell Coca-Cola secrets to Pepsi. Pepsi took the high road and responded by notifying Coca-Cola.

* Ever wonder why there's no period in "Dr Pepper"? It was removed because the old logo font made it look like "Di: Pepper."

* Wildlife technician Richard Thomas took the famous tongue twister, "How much wood would a woodchuck chuck if a woodchuck could chuck wood?" and calculated a rough estimate of the actual answer. It came out to around 700 pounds!

* For years your dentist has no doubt advised you

to be sure to floss. But the benefits extend beyond your teeth. Researchers have discovered that flossing can also help your memory. It prevents gum disease, which prevents stiff blood vessels, which in turn cause memory issues.

* The future Queen Elizabeth II's wedding dress was entirely paid for with ration coupons.

* Red Solo cups have not only been honored in a song by country singer Toby Keith, they're a common souvenir to bring back from the U.S. The novelty comes from their appearance in numerous movie party scenes.

* American children are given an average of \$3.70 per lost tooth.

* To properly write adjectives in order, list them by amount, value, size, temperature, age, shape, color, origin and material.

Thought for the Day: "No matter what path you're on in this life, if that path isn't about love, you're on the wrong path." -- Lawrence Overmire

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Now here's a tip!

by Jo Ann Derson

* Buff out small scratches in glass with toothpaste. Apply a small dab and rub in circles lightly, then wipe away.

* "Establish a family lost and found for small items that are discovered in places where they don't belong. It can be as simple as socks or hairbrushes to money and electronics." -- P.O. in Virginia

* If an egg spills on the floor, sprinkle it with salt. Egg can be very slippery, and the salt will help keep it in place so that it is easier to clean up.

* Give your garbage disposal some love and clean her out! Add a handful of baking soda and some crushed ice, then a cup of vinegar or lemon juice and follow up with hot water.

* "Label storage bins on all sides so that no matter how

you stack them, or which direction you shove them in, you can always see at a glance which are which. Recently, I went searching through my attic for a particular box, and several boxes were moved out of the way. I had to spend much more time turning them to face the right way so that the labels would be visible." -- R.F. in Ohio

* If a glass breaks, here's a tip to get up those tiny glass shards that are impossible to pick up or sweep up: Use the inside of a slice of white bread, wadded up. No bread? You also can use a blob of play dough.

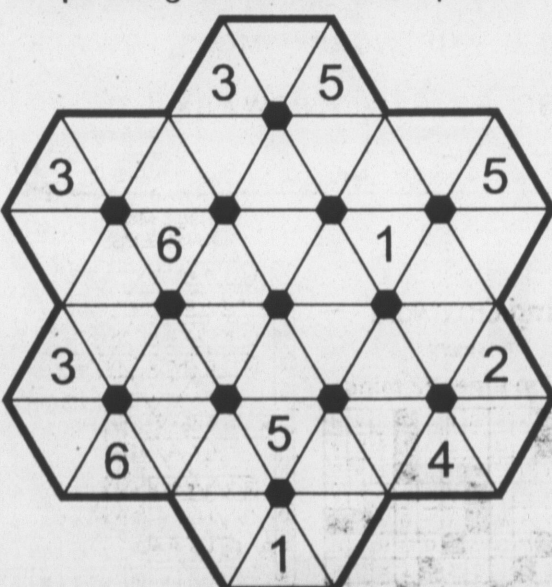
Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



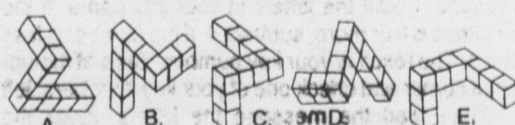
DIFFICULTY THIS WEEK: ◆◆◆◆◆
◆ Easy ◆◆ Medium ◆◆◆ Difficult

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STICKELERS

by Terry Stickels

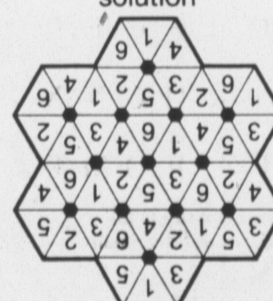
Are the following five orientations of cubes the same or different? If you think there is a difference in the way one or more of the choices is oriented, can you identify which ones?



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SNOWFLAKES

solution



Go Figure!

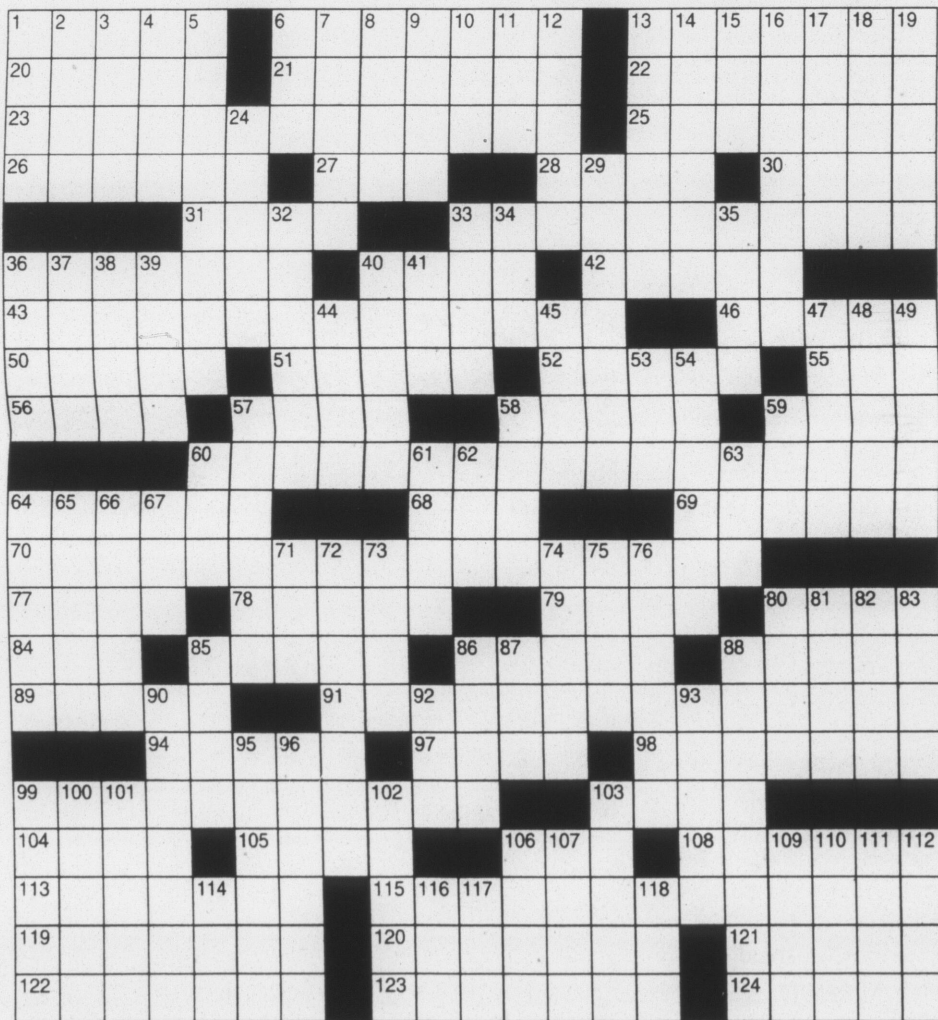
answers

22	25	16
13	7	6
+	+	+
27	4	5
x	x	x
30	8	2

Stickelers Answer
They are all the same.

Super Crossword

- ACROSS**
- Past artifact
 - Steal the scene from
 - "Chicago P.D." or "Law & Order"
 - Kagan of justice
 - Indigenes
 - Euphoric
 - Change in the side of a military formation
 - Gates of philanthropy
 - Karate instructor
 - Female bleater
 - Not docked
 - Perfect site
 - Court throw
 - Really funny
 - Talk up
 - Get tangled
 - Paid to get a hand
 - Body that voted for the trial resulting in Charles I's execution
 - "Baloney!"
 - Creative flashes
 - Rain forest, for one
- DOWN**
- Sunset's direction, in French
 - Tokyo sash
 - TV's "Warrior Princess"
 - With 77-Across, has a connection with
 - "Ad — per aspera"
 - Resting atop
 - Twilight
 - Liaison
 - Excited, with "up"
 - Wipes away
 - Single bullet, say
 - See 57-Across
 - 57-Across
 - Dress up
 - Sign gas
 - Last letters
 - Big bother
 - "Help!"
 - co-star
 - Ringo
 - Encountered
 - Gnat's kin
 - Oahu porch
 - Vision test
 - Bow of film
 - Wine vat
 - sediment
 - Most
 - snooping
 - "Walker, Texas Ranger" star
 - Emie's buddy
 - Dialogue bit
 - facto
 - Toothpaste tube inits.
 - Louise's film partner
 - 113 Fatty
 - 115 Old ad question
 - that's apt for this puzzle's theme
 - Colonist, e.g.
 - Russia and Turkey's place
 - Good odor
 - Own
 - Distributing
 - Benefactor
 - NFL officials
 - Fanning of "Maleficent"
 - Have a slant
 - Quaint hotels
 - Dessert items on sticks
 - Colorful card game
 - Covers with blacktop
 - Hearty dish
 - Noon, e.g.
 - "Hail, Catol!"
 - High mil. rank
 - Founded, on city signs
 - "Enter"
 - Like many short plays
 - Buddy
 - Safeguards
 - Language of India
 - Limerick writer Nash
 - Strike heavily and loudly
 - Mazda roadster
 - Ordinance
 - Belgrade's land
 - Vatican City
 - surrounding
 - Suffix with Wyoming
 - Retained
 - Grand — (race event)
 - Uncouth
 - Premonition
 - Film-rating gp.
 - Mall stall
 - Home to Hanoi, briefly
 - Mortgage claim
 - Quick bite
 - Kachina doll carvers
 - Dry as —
 - Birds flap them
 - Prior to, to bards
 - Get for less
 - ENT part
 - Abbr. at the top of a 111-Down
 - Actress
 - O'Connor or Merkel
 - Comic Caesar
 - "Jeepers!"
 - Pot-au — (French dish)
 - Suffix with 93-Down
 - Popular typeface
 - Actress Jane
 - Portable bed
 - Year, in Rio de Janeiro
 - diavolo (pasta sauce)
 - Unpaid debts
 - Steenburgen of "Ink"
 - Peruvians of old
 - Crawl (with)
 - Chemical "I"
 - Tubular pasta
 - Actress Falco
 - "I" problems
 - Email status
 - Lustrous fabric
 - Service costs
 - Wood splitter
 - Editorial page feature
 - Consents to
 - Film director Roth
 - Missouri-to-lowa direction
 - Licorice-like seeds
 - People using lassos
 - Bracelet part
 - Baseball's — Nomo
 - Used oars
 - Sink part
 - Sea (shrinking Asian lake)
 - Amaz of 1950s TV
 - Long
 - Spanish river
 - Spinks of boxing
 - Office note
 - Not nearby
 - Bullfight cry
 - and cry
 - Noted period
 - Present label



Celebrity extra

by Dana Jackson

Q: Can you please tell me if there will be more episodes of "Sanctuary" starring Matthew Modine? I loved the first season of the series and the cliffhanger ending. -- A.S.

A: I've always believed that if a season ends in a jaw-dropping cliffhanger, that must mean that the producers of the show are pretty confident it will live to tell another tale. I really hope this theory holds true for "Sanctuary," but so far nothing official has been announced by Sundance NOW. Check out its website (sundancenow.com) for updates, though, and fingers crossed you'll get your wish.

For those who haven't seen it, "Sanctuary," which premiered last April, is a psychological thriller that asks: "What could be worse than being imprisoned in a locked-down clinic where nothing is as it seems and nobody believes you are who you say you are? Who would you become in order to survive?"

It stars Swedish actress Josefina Asplund ("Vikings," "The Girl with the Dragon Tattoo") as Helena "Hel"

and Matthew Modine as "Dr. Fisher." (Don't confuse Sundance NOW's "Sanctuary" with the Syfy channel series of the same name that ran from 2008-11).

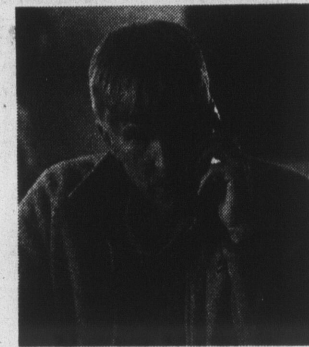
You also can check out Modine in "Operation Varsity Blues: The College Admissions Scandal" on Netflix, where he plays Rick Singer, the guy who helped wealthy parents buy their kids' way into prestigious colleges. It's a documentary-style film with reenactments by actors such as Modine.

Q: Is "Outlander" coming back soon for another season? I just started reading the books, too. I love the show so much. -- T.P.

A: Fortunately, I was able to find an official answer regarding this production, as the Starz network recently announced that "Outlander" is currently filming its sixth season and that a seventh season will definitely follow.

If you want to read ahead with the books on which the series is based, the sixth season will follow the plot of Diana Gabaldon's novel "A Breath of Snow and Ashes," while the yet-to-be-filmed seventh installment will be based on her book "Echo in the Bone." Expect new episodes of "Outlander" to begin airing on Starz in late 2021, if not sooner.

Q: Whatever happened



Matthew Modine in "Operation Varsity Blues" Photo credit: Adam Rose/Netflix

to Catherine Bell, who starred on "JAG" years ago? -- V.A.

A: It's hard to believe it's been almost 25 years since the hit military legal drama "JAG" premiered on NBC. It starred David James Elliott and Catherine Bell, and lasted for 10 seasons. The actors and their "JAG" characters reunited not long ago on "NCIS: Los Angeles." We found out that the Mac and Harm unfortunately weren't together living their happily ever after, but this little glimpse into their lives has fans speculating if "JAG" might be getting a reboot.

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|------------------------|-------------|----------------------|-------------|
| 1. Anticipate | — — — — C — | Specialist | — — — — R — |
| 2. Stopwatch | — I — — — | Circus member | — A — — — |
| 3. Grumble | — — — A — | Fully-fledged | — — — W — |
| 4. Lily-of-the — | V — — — — | Ship's kitchen | G — — — — |
| 5. Pirouette | — — — R — | Fabric weave pattern | — — — L — |
| 6. President Johnson | — Y — — — | Foggy capital | — O — — — |
| 7. Large claw | T — — — — | Hairdresser's place | S — — — — |
| 8. Injured arm support | — I — — — | Vernacular | — A — — — |
| 9. Financial supporter | — A — — — | Squabble | — I — — — |
| 10. Give evidence | — — — V — | Investigate | — — — B — |

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Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

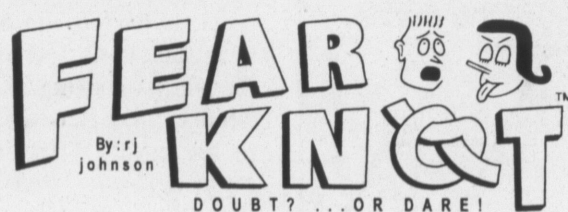
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Super Crossword

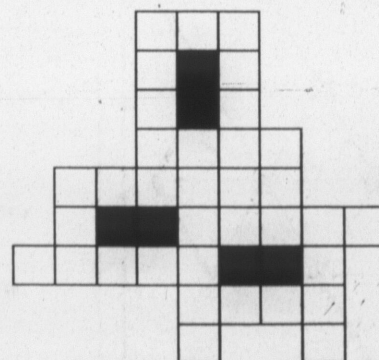


Even Exchange answers

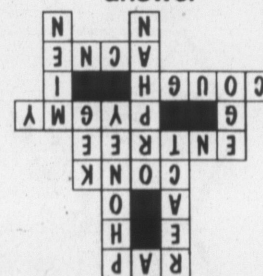
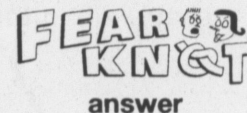
- | | |
|-------------------|-------------------|
| 1. Expect, Expert | 5. Twirl, Twill |
| 2. Timer, Tamer | 6. London, Lyndon |
| 3. Groan, Grown | 7. Taton, Salon |
| 4. Valley, Galle | 8. Sling, Slang |
| 9. Backer, Bicker | 10. Prove, Probe |



- OG E
HARNOP
MYPYG
♥NCKO
♥RENETE
♥ARP
♥NECA
HUCGO
EKG
HYPEON
♥CERTA
♥INEM



Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.



Weekly SUDOKU

Answer



M
A
R

2
5

2
0
2
1

Amber Waves



Out on a Limb



R.F.D.



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Average
MAILED

Ship
FIGHTER

Tasty
VARYOS

Cycle
PLEAD

TODAY'S WORD

Conceptis Hitori

Each puzzle consists of a square grid with numbers appearing in all squares. The object is to shade squares so:

1	5	3	1	2
5	4	1	3	4
3	4	3	1	5
4	4	2	3	3
2	1	5	4	4

- No number appears in a row or column more than once.
- Shaded (black) squares do not touch each other vertically or horizontally.
- When completed, all un-shaded (white) squares create a single continuous area.

6	4	1	3	2	6
3	5	2	4	5	1
6	5	6	1	6	4
2	5	4	3	6	3
1	3	5	6	2	4
1	1	1	2	4	5



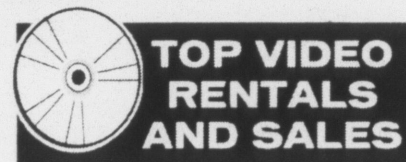
A Runner's Plea to Dog Owners

DEAR PAW'S CORNER: I witnessed an incident on my morning run that illustrated the reason why dogs need to be on a leash at all times in residential areas. A runner ahead of me on the side of the road approached a dog owner and his Collie ambling along the sidewalk. The owner had unfastened the dog's leash so that it could explore ahead. The dog seemed calm, but as the runner drew near to them, it suddenly bristled, snarled and then leaped at the runner. Before the owner could grab the dog's collar, the runner was bitten on her cheek and hand. The injuries were serious enough to require stitches. There is no excuse for an owner to allow their dog off the leash except where it's expressly permitted, such as dog parks. Even when

an owner has trained their dog to respond to verbal commands, the command might not be given fast enough to stop the dog. Runners are attractive targets to many dogs. As we run past, a dog may take our movements as a signal to chase. I have two dogs myself. They're both too old to run with me now, but in their younger days, I frequently took them with me -- both on a leash. They've always responded quickly to verbal commands, but I do not rely on those alone to keep them from darting into traffic or annoying other runners. Please tell your readers to keep the leashes on their dogs. It keeps others safe, it keeps the dogs safe, and it protects owners from legal issues. It's also the law. -- Rick in Dracut, Massachusetts

DEAR RICK: You told them, and I thank you. Readers, take heed and keep your dogs on a leash and under your control when outdoors.

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TOP TEN VIDEO, DVD for release week of March 22, 2021

- Video on Demand
1. Monster Hunter (PG-13) Milla Jovovich
 2. SpongeBob Movie: Sponge on the Run (PG) animated
 3. The Croods: A New Age (PG) animated
 4. Fatale (R) Hilary Swank
 5. Wrong Turn (R) Charlotte Vega
 6. Let Him Go (R) Diane Lane
 7. Greenland (PG-13) Gerard Butler
 8. Breaking News in Yuba County (R) Allison Janney
 9. Wonder Woman 1984 (PG-13) Gal Gadot
 10. Crisis (R) Gary Oldman

- DVD, Blu-ray Sales
1. The Croods: A New Age (PG) Universal/Dreamworks
 2. Monster Hunter (PG-13) Sony
 3. The Croods 2-Movie Collection (PG) Universal/Dreamworks
 4. Fatale (R) Lionsgate
 5. Greenland (PG-13) Universal/STX
 6. Friday 3-Movie Collection (R) Warner
 7. Rush Hour Trilogy (PG-13) Warner
 8. Crawl (R) Paramount
 9. Blade Trilogy (R) Warner Bros.
 10. The Wizard of Oz (PG) Warner Bros.

Source: Comscore/Media Play News

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Hitori answer

1	1	1	1	1	1
1	3	5	6	2	4
2	5	4	3	6	3
6	5	6	1	6	4
3	5	2	4	5	1
6	4	1	3	2	6

SCRAMBLERS
Today's Word
3. Savory; 4. Pedal
1. Medial 2. Freight
solution

CLASSIFIEDS

SERVICES	SERVICES	SERVICES	SERVICES	SERVICES	SERVICES
DERRICKS PAINTING <i>When Quality Counts</i> Interior/Exterior Home Repairs Gutter Cleaning References Available 617-851-1688 Licensed/Insured 2/24	KERRY CONSTRUCTION INC. CARPENTRY, GUTTERS, DECKS REPLACEMENT WINDOWS & DOORS SHINGLE & RUBBER ROOFS FULLY INSURED & LICENSED JIM AT 617-825-0592 8/26	RAMOS CONSTRUCTION PAINTING • TILE • ROOFING • CARPENTRY 617.259.4841 RamosConstruction478@yahoo.com Fully Insured • FREE Estimates 5/6 30%* OFF DOOR/WINDOW REPLACEMENT *when you mention this ad	M&M SALVAGE - CLEANOUTS - CASH FOR CARS - FREE SCRAP REMOVAL 617-842-8205 1/1 Quincy Physical Therapy One on One Therapy Specializing in Back and Sciatica Pain Free 1 st Visit! Call 617-481-2000 4/8	THOMAS C. SWEENEY Smaller Jobs a Specialty 54 Years Experience Carpentry, Siding, Painting, Porches Vinyl/Windows, Doors Roofing, Decking, Steps License #1373 Free Estimates Reliable 781-974-4434 References 1/1	ACE WATERPROOFING INC.  James Healy 35 YEARS EXPERIENCE <i>Licensed and Insured</i> Masonry - Waterproofing - Roofs 617-230-4156 acewpinc@yahoo.com 4/22
SPRING SAVINGS SPECIAL - Save Up to *50% Off (*Labor Only) Senior Discount 10% Pratt & Son, Inc. Roofing, Siding, Windows, Doors & More! PRATTANDSON.COM • QUINCY, MA Steven L. Pratt Cell: 508.857.9307 President Office: 781.326.4144 CSL #033706 HIC #100046 5/27	BUSINESS FOR SALE HARDWARE BUSINESS FOR SALE QUINCY - \$400,000 617-708-7919 3/25 FOR RENT QUINCY ROOM FOR RENT CLOSE TO TRAIN \$400.00 WITH ROOMMATE 617-708-7919 3/25 Save Gas & Money, Shop Locally 3/25	DG'S YARD MAINTENANCE • LAWN MOWING • Mulching, Weeding & Edging • Small Tree Removal • Hedge & Shrub • Overseeding/Sod • Trimming or Removal • FULLY INSURED • Rototilling & Dethatching <i>Serious about Service</i> CLEAN-UPS 617-786-9558...FREE ESTIMATES 12/2	Luongo's Landscaping Lawn - Shrub & Tree Maintenance Seeding - Sodding - Planting Stump Grinding - Bobcat Loader Service <i>No Job too Small</i> Call Tony Luongo 617-479-9599 6/3 DIPESA & COMPANY, CPAS 500 Victory Rd, 3rd Floor North Quincy, MA 02171 617-786-7775 3/25	GENERAL CONTRACTING • Carpentry • Roofing • Siding • Windows • Painting • Bathrooms - Great References - Call 617.980.6558 4/8	
Enjoy your favorite hobby by visiting your ONLINE drone website for drones, parts & accessories to get back in air JCsDrone.com 3/25 JOB FAIR Nantasket Beach Resort JOB FAIR THURSDAY, MARCH 25, 2021 FROM 12:00PM-4:00PM NEWLY RENOVATED HOTEL Come and join our GREAT Team! FT/PT positions: Housekeeping \$17, Front Desk \$17, Maintenance \$17, Overnight Maintenance \$18.00 Opportunity for pay increase after 90 days and 1-year, paid time off, and benefits! Apply: Nantasket Beach Resort, 45 Hull Shore Drive, Hull, MA 3/25	HELP WANTED Director of Modernization, Technology, Strategic Planning and Reporting The Quincy Housing Authority has an employment opportunity for a Director of Modernization, Technology, Strategic Planning and Reporting. This is a highly responsible managerial position, in which the incumbent works directly with the Executive Director and independently to formulate and enact policy related to strategic planning, the Modernization Department, and technology systems on behalf of the Housing Authority and its managed Agencies. The incumbent supervises all personnel assigned to the Modernization Department, including "force account personnel" and monitors the quality of work taking place. The candidate must have, substantial and responsible experience in construction administration, architecture, engineering, or government funded housing modernization programs and a related bachelors' degree. Must have a MA Unrestricted Construction Supervisor's License, and have extensive technical and general knowledge of practices, methods and materials used in maintenance, repair and construction of buildings. Previous experience with public procurement laws as well as DHCD and HUD regulations relating to housing authority operations is highly desirable. Must have or be able to achieve credentials as a Massachusetts Certified Public Procurement Professional (MCPPO) within one (1) year of hiring. Ten or more years of experience in construction with four of those being in a supervisory capacity. Must have excellent computer skills with substantial knowledge of software for capital planning, capital project management and facility maintenance. Familiarity with DHCD and HUD systems preferred. The candidate must be proficient with Microsoft Office (Word, Excel, Outlook, PowerPoint and Access). A complete job description can be obtained by contacting Terry Champion at tchampion@quincyha.com . A completed QHA application and resume should be submitted to Terry Champion, Administrative Assistant, Quincy Housing Authority 80 Clay Street, Quincy, MA 02170 or to tchampion@quincyha.com . Applications will be accepted until April 2, 2021. 3/25	HELP WANTED Laborer's Position The Quincy Housing Authority has a full time employment opportunity for a Laborer. Candidates will perform unskilled and semi-skilled maintenance and repair tasks in buildings, apartments, and appurtenances. Will maintain buildings and surrounding grounds in a clean and neat condition. Includes cleaning apartments following tenant use, performing custodial and janitorial tasks, landscaping, snow plowing, mending fences, lifting heavy objects, and using a variety of hand tools. Salary is \$31.92 per hour and is a 40 hour work week. Employment is subject to a CORI, Drug and driving record check. A completed QHA Application must be submitted to Terry Champion, Quincy Housing Authority, 80 Clay Street, Quincy, MA 02170, Applications will be accepted until 4:00 p.m. April 9, 2021. Please contact Terry Champion for a job application and a full job description. 3/25	HALLS FOR RENT MORRISETTE LEGION POST 81-83 Liberty St., Quincy Function Hall Available Call for Details 617-770-4876 Internet Capable • Weddings • Showers • Christenings • Meetings After Funeral Gatherings 1/1	SOUTH SHORE ROOFING • Shingles & Rubber • Installations & Repairs Call for Estimates 781-664-3939 5/20 HANDYMAN All Types of Roof Repairs Restoration • Masonry Doors/Windows • Decks • Painting 781-299-4269 Free Estimates - Lic & Ins 3/25	
		PERSONAL THANK YOU ST. JUDE, BLESSED MOTHER, ST. ANTHONY, ST. JOSEPH, ST. PEREGRINE, ST. THERESA 5/6 Sacred Heart of Jesus - Thank You - again Theresa 4/15 To Marion Colclough Happy Birthday!! We love you! Janet, Joe & Jesse Hope you like the suncatcher 3/25 Let the World of Christ dwell in you richly (Col. 3:16) Lighthouse Fellowship Church 73 Newbury Ave. 3/25	J.F. ROOFING Co. QUINCY, MA • Shingles • Rubber • Slate • Copper • Vinyl Replacement Windows 617-471-8216 CREDIT CARDS ACCEPTED 3/17		

The Quincy Sun CLASSIFIED AD FORM

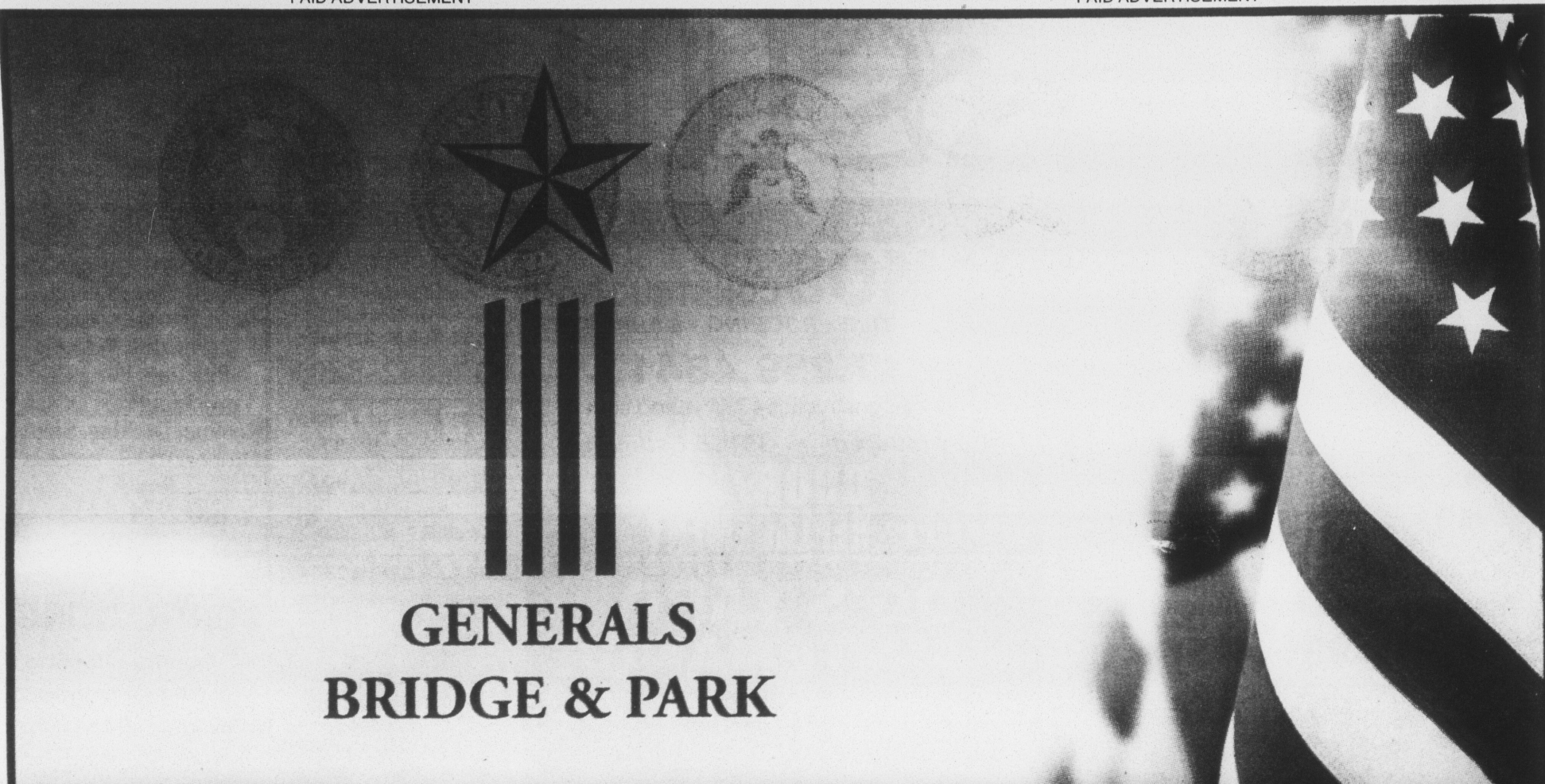
MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169
 PAYABLE IN ADVANCE. Payment must accompany order.

RATES	
1 WEEK	<input type="checkbox"/> \$9.00 for one insertion, up to 20 words, 10¢ for each additional word.
2-4 WEEKS	<input type="checkbox"/> \$8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.
5-10 WEEKS	<input type="checkbox"/> \$7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.
11 WEEKS OR MORE	<input type="checkbox"/> \$7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.

☐ Enclosed is \$_____ for the following ad to run _____ weeks in **The Quincy Sun.**
 COPY: _____

- INDEX**
- ☐ Services
 - ☐ For Sale
 - ☐ Autos
 - ☐ Boats
 - ☐ For Rent
 - ☐ Wanted
 - ☐ Help Wanted
 - ☐ Work Wanted
 - ☐ Pets
 - ☐ Lost & Found
 - ☐ Real Estate
 - ☐ Antiques
 - ☐ Flea Markets
 - ☐ Yard Sales
 - ☐ Instruction
 - ☐ Day Care
 - ☐ Personal
 - ☐ Miscellaneous

NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION.
 DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.



GENERALS BRIDGE & PARK

CALLING ALL VETERANS!

Mayor Thomas P. Koch would like to honor all living veterans as part of an upcoming ceremony dedicating the Generals Bridge & Park.

If you are a veteran or currently serving and you grew up in Quincy or live here now, please contact mmulvey@quincyma.gov or call 617-376-1990 to supply your name, address, rank, branch of service and years of service. Your service will be acknowledged in the event program.

Thank you for your service!



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